

Denton County Behavioral Health Leadership Team Meeting

Thursday, March 19th, 2026, 8 am – 10 am

UWDC 1314 Teasley Lane, Denton & Zoom



Our Vision:

Comprehensive behavioral health for every person in Denton County

Our Mission:

The Denton County Behavioral Health Leadership Team will advocate and facilitate a collaborative person-centered behavioral health system to repair and restore lives:

- Ensure behavioral health services are available to meet the needs of all

Agenda

1. Call to order Hope Galloway
2. Vote to Approve Minutes Hope Galloway
3. Report from Local Mental Health Authority MHMR Staff
4. Report from Denton County Public Health DCPH Staff
5. Workgroup Committee Reports
 - a. CrossCare Collaborative Alessia Dal Monte & Carlos Henderson
 - b. Substance Use Lauren Titsworth & Becky Devine
 - c. Suicide Prevention Emily Daniel
 - d. Child and Family Systems Laura Prillwitz & Lisa Elliott
 - e. Data Workgroup Julie Wright & Juan Rodriguez
6. New Business Hope Galloway
7. Backbone Support Updates
 - a. Denton County Housing & Homelessness Leadership Team Olivia Mata-Williams
 - b. Denton County Workforce Success Leadership Team Shelby Redondo-Macon
8. Public Comment Hope Galloway
9. Adjourn Hope Galloway

BHLT Meeting and Minutes

Thursday January 15, 2026

8 am – 10 am

Call to Order: Hope Galloway called the meeting to order at 8:05 am with a quorum present.

Approval of minutes: Motion to approve the minutes of November 20, 2025 and September 18, 2025 was made by Lisa Elliott and seconded by Dianne Hickey. Approved.

Approval of Matt Weibe to BHLT: Matt had been nominated previously but a quorum was not present for approval. Motion to approve Matt Weibe as a member of BHLT was made by Bobbie Mitchell and seconded by Carlos Henderson. Approved.

Report from Mental Health Authority: Keelah Adelegon presented a report on intakes, services, and upcoming events from MHMR for November and December. Keelah presented information on MST (multi system therapy) and YES. Hope asked if we could have outcome data from these programs. She also asked for information about substance use services expansion. Keelah also presented an update on Opioid Abatement Grant. She also presented data on service targets for MHR programs that indicate that they are beyond capacity and are overserving. It is reported that some programs do have a waitlist. Crisis and high intensity services are not waitlisted nor are Medicaid patients waitlisted. Currently there are 45 adults and 2 children waitlisted. Morgan Quinnely gave an overview report on their Crisis Residential Unit. They have 9-12 beds; it is a short-term program with 24/7 support in a structured setting. A single stay can be as long as 14 days.

Report from Denton County Public Health: Alex Reed and Rachel Herrera gave an update on Credible Minds and Find help.

Credible Mind has been online for 2 years now. The contract was renewed in a joint effort between MHMR and the County Commissioners Court. They reported that the highest usage so far has been the week after Christmas with no specific needs identified, this indicates a higher usage when resources are unavailable. Alex announced there would be a new Landing Page for 2026 which will be tailored for our usage. Suggestions are encouraged and the contact is Alex. There will also be a new youth Landing page with resources specific for youth. BHLT Family Systems Workgroup will make recommendations on how to integrate this page by January 30th. Find help has launched weekly office hours on Tuesdays and has 2 new tools; UNO is an e-check verification system for funded programs and KIIP is a light touch case management service which is HIPPA compliant and has document storage capabilities. It was stressed that availability

is no cost to organizations within our FindHelp network and feedback on these tools is encouraged.

Alex briefly touched on the need for social isolation and loneliness questions for the BRFSS questionnaire following some data collection challenges.

Also, that there has been a 38% increase in usership for Mental Health Navigators for 2025. From that report there were 2 motions for approval:

Motion that the Child and Family Systems workgroup would provide recommendations for the Credible Minds Youth landing page. Motion by Scott Domingue, seconded by Bobbie Mitchell. Approved.

Motion that BHLT would advocate and make changes to the BRFSS questionnaire for 2027.

Motion by Bobbie and seconded by Scott. Approved.

Strategic Plan Update: Hope presented the information from the SWOT analysis for the Strategic plan which is in progress. There was a request for any feedback.

Workgroup reports:

Cross Care Collaborative: Alessia Dal Monte reported that they are focusing on a Diversion Center. In the data collection planning stage, they are looking at other counties that already have implemented a Diversion Center for county specific data. They are planning visits to these sights for January and February. Looking forward to bringing that data back to the BHLT.

Substance Use: Lauren Titsworth reported that they have finalized their recommendations for the opioid abatement funds. There are 3 recommendations. First to establish scholarships for sober living opportunities, medical detox and rehab. Second is supporting peer support initiatives and expanding access to people being able to share their lived experience with others within the county and our community. Third is education for adolescents, adults, and families within our communities, whether that be overdose prevention education, or alcohol and drug education.

Suicide Prevention: Emily Daniel reported that they are studying the death rate change from 2024 to 2025 which is down 16%. They want to understand why that change occurred and are creating a dashboard to investigate. They continue to do outreach and community engagement. They will have ideas to present for legislative advocacy.

Child and Family Systems: Lisa Elliott reported that they have received feedback from ISD's with regard to the legislative changes that were made with obtaining parent permission to see a school nurse/school counselor. They are also working on the help needed by the ISD's for parent and student education on screen issues, vaping and AI.

Data: Kelly Partin reported that they are answering the data ask from CCC regarding the Diversion Center and the preliminary data is showing the need.

Backbone support:

DCHHLT: Point in Time count is next Thursday so they have been all hands-on deck for that. More volunteers are needed. Olivia summarized the last 6 weeks of activity pertaining to HUD funding changes and adaptations needed to project for the next 12-24 months.

Workforce Success: Shelby reported that Vita 2026 will launch January 26th at 8 sites. Volunteers needed. Denton County Works has relaunched the website. They are building on economic mobility, working with food pantries. They are continuing to increase the number of MOUs with the food pantries.

Public Comments:

Lena Pope Center in Roanoke needs more referrals for their youth counselling services.

Casey from NAMI announced a peer group meets at NCTC in Corinth but is looking for a site in Denton to meet. They will also have an awareness walk in Denton this year.

Communities in Schools will have a Banquet at Circle R Ranch in March.

Julie Wright announced THR will have a new RFP in April. They will be hosting an innovation workshop in March regarding the application.

Meeting was adjourned at 9:50 am.

Next meeting is March 19th at 8:00 am at UWDC



DENTON COUNTY
BEHAVIORAL HEALTH
LEADERSHIP TEAM

Comprehensive behavioral health for
every person in Denton County

DCBHLT Workgroup Reports

January-February 2026

WORKGROUP NAME: CROSS CARE COLLABORATIVE

Meeting Summary:

- Toured McClennan County and Bell County Diversion Centers.
- Met with Lewisville PD for Diversion Center support.
- Drafted white paper for Diversion Center to utilize for advocacy and education.

Next Meeting Date: 4/2/2026

WORKGROUP NAME: DATA WORKGROUP

Meeting Summary:

- Provided feedback on data metrics for CCC's Diversion Center recommendation.

Next Meeting Date: 4/14/2026

WORKGROUP NAME: SUBSTANCE USE

Meeting Summary:

- Incorporated data from partners into the Opioid Abatement Funds recommendation.
- Added co-chair Becky Devine with Recovery Resource Council.

Next Meeting Date: 4/8/2026

WORKGROUP NAME: SUICIDE PREVENTION

Meeting Summary:

- Selected advocacy goal of reintroducing SB 193.
- Created list to expand membership and seek a co-chair.

Next Meeting Date: 4/8/2026

WORKGROUP NAME: CHILD & FAMILY SYSTEMS

Meeting Summary:

- Looking to collect parent education topics to address emerging trends.
- Assessing community and family understanding of awareness, prevention, and intervention supports.

Next Meeting Date: 3/27/2026