DENTON COUNTY COMMUNITY RESOURCES DIRECTORY

UNITED S THE WAY

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Every effort has been made to identify all governmental and not-for-profit agencies and organizations in Denton County, providing programs and services on a regular basis. Agencies that want to be considered for inclusion, or want to share an update to the directory, can email us at reply@UnitedWayDenton.org.

If you are interested in becoming a sponsor to help underwrite the cost of this directory of programs and services for people in need across Denton County, please contact us at events@unitedWayDenton.org.

MORE RESOURCES:

To view and/or download this directory, our Quick Guide Resources and other helpful resources, go to: www.unitedwaydenton.org/FindHelp

To search online for resources go www.findhelp.dentoncounty.gov/

If you or a loved one need help finding mental health services, contact the Denton County Mental Health Navigators at (940) 349-3000 (call or text) or visit www.DentonCounty.gov/DCPHLinks

If you or a loved one are experiencing homelessness or a housing crisis, go to:

www.unitedwaydenton.org/homelessness-resources

Note: All listings provided in this directory are for information only and their inclusion does not constitute endorsement.

Public Assistance Quick Reference

Primary assistance programs for low-income families

FOOD

SNAP (Supplemental Nutrition Assistance Program)

www.yourtexasbenefits.com

Application Process: apply online

Program: Provides food benefits for low-income adults

and families

WIC (Special Supplemental Nutrition Program for Women, Infants, and Children)

800-942-3678

www.yourtexasbenefits.com

Application Process: apply online

Program: Nutrition program for pregnant, breastfeeding women and families with children younger than 5.

HEALTHCARE

Medicaid

www.yourtexasbenefits.com

Application Process: apply online

Program: Helps cover medical expenses for children, some adults, and people with disabilities who meet income requirements.

CHIP (Children's Health Insurance Program)

www.yourtexasbenefits.com

Application Process: apply online

Program: low-cost or free health coverage for children

without health insurance

FINANCIAL

TANF (Temporary Assistance for Needy Families)

www.yourtexasbenefits.com

Application Process: apply online

Program: Helps families with children age 18 and younger

pay for basic needs

SSDI (Social Security Disability Insurance)

www.ssa.gov/benefits/disability/

Application Process: apply online

Program: provide assistance to people who meet requirements for disability.

SSI (Supplemental Security Income)

800-325-0778

www.ssa.gov/ssi

Application Process: apply online

Program: Provides monthly payments to people with disabilities and older adults who have little to no income or resources.

HOUSING

Section 8 (The Housing Choice Voucher Program)

www.tdhca.state.tx.us/section-8/

Application Process: apply online

Program: Provides rental assistance payments on behalf of love income individuals and families, including the elderly and persons with disabilities.

CHILDCARE

Childcare Subsidy

(888) 548-9675

www.child-care/parents/guidelines-apply-child-careservices

Application Process: apply online

Program: provides scholarships for childcare for lowincome families, promoting long-term self-sufficiency by enabling parents to work or attend workforce training or education activities.

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AARP Texas

8140 Walnut Hill Ln., Ste 108 | Dallas, TX 75231 (866) 227-7443 | www.states.aarp.org/texas/

AARP Friendly Voice

Trained AARP Friendly Voice volunteers will provide a call to say hello. Call directly at 1-888-281-0145 and leave your information to receive a call back. Llámanos directamente al 1-888-497-4108. This service is currently available only for callers from the US.

Ability Connection Texas

8802 Harry Hines Blvd. I Dallas, TX 75235 (214) 351-2500 I (800) 999-1898 www.abilityconnectiontexas.org 8:30AM - 5:00PM - Monday - Friday

Eligibility: Adults over the age of 16 who have disabilities and are unable to participate in a work program

Fees: Services are available on a private pay basis for clients not enrolled in a Medicaid waiver program. Area of Service: Greater Metroplex

Program: Provides daily opportunities for adults with disabilities who are 16 and older to participate in individualized goal setting, life skills education, personal growth training, and recreation and leisure interests in their community.

Able-Disabled (Denton Community Health Clinic)

525 S. Locust St. Ste. 200 l Denton, TX 76201 (940) 600-7527 labledisableddenton.wordpress.com 2:00PM- 4:00PM Thursday

Eligibility: People with mental illness, disability and/or homelessness

Program: Weekly group that provides support or works on crafts projects that are sold in the community.

Alzheimer's Association, North Central, TX

2630 West Freeway, Ste 100 | Fort Worth, TX 76102 (817) 336-4949 | 24/7 Hotline (800)272-3900 www.alz.org/northcentraltexas 8:30AM - 5:00PM - Monday - Friday

Eligibility: Anyone who suspects or is dealing with a diagnosis of dementia for themselves or loved ones. Fees: All programs, services, and classes are free to

families. (Scholarships available for MedicAlert Safe Return.)

Application Process: Some programs require screening to assess appropriate stage for particular group.

Area of Service: Dallas, Denton, Collin, Rockwall, Ellis, Hunt, Kaufman, Bowie, Anderson, Camp, Cherokee, Gregg, Harrison, Marion, Morris, Panola, Rains, Rusk, Smith, Upshur, Wood, Fannin, Cooke, Camp, Delta, Franklin, Hopkins, Lamar, Morris, Red River, Titus, Hernderson, Nacarro and Vanzandt counties.

Program: Provides support and assistance to persons affected by Alzheimer's disease and related dementia disorders as well as to their families and other caregivers. The chapter provides a wide variety of education opportunities, support groups, one-on-one care consultations, 24/7 Helpline as well as a resource library.

American Cancer Society

3301 West Freeway I Fort Worth, TX 76107 (800) 227-2345 I (817) 737-9990 www.cancer.org 8:00AM - 4:30PM - Monday - Friday

Area of Service: North Texas

Program: Provides referrals and access to community programs, visits by cancer survivors, rides to cancer treatment, supplies as available, smoking cessation and support groups.

American Diabetes Association

4100 Alpha Rd., Ste. 100 | Dallas, TX 75244 (972) 392-1181 | (800) 342-2383 www.diabetes.org 9:00AM-5:00PM Monday-Friday

Area of Service: All DFW counties

Program: The American Diabetes Association offers literature and educational material on the detection and prevention of diabetes. Provides information on financial assistance, advocacy programs and how to live with diabetes.

American Heart Association

105 Decker Court, Ste 200 | Irving, TX 75062 (214) 441-4200 | www.heart.org 8:30 AM - 5:30 PM - Monday-Friday

American Legion Senior Center

629 Lakey St. I Denton, TX 76205 (940) 349-8298

10:00AM - 3:00PM - Monday - Friday

6:00-9:00PM -Thursday

Closed - Saturday and Sunday

Eligibility: 50 years or older

Fees: No fees

Application Process: Sign in every morning and for

lunch

Area of Service: Denton County

Program: Provides recreational, physical, and educational programs for persons over 50 years of age. Some of the programs offered include help with filling out Medicare papers, dance classes, exercise classes, and health checks twice a month. Hot meals every day, \$2.00 for members and \$3.00 for non members.

American Pregnancy Association

3007 Skyway Circle N. Ste 800 I Irving, TX 75038 (800) 672-2296 I www.americanpregnancy.org 24/7

Application Process: Call in with questions Area of Service: Nationwide

Program: Provides referrals regarding pregnancy resources via the helpline only (doesn't see clients in the office). Referrals include phone numbers and information to pregnancy centers, medical testing, assistance with material goods, breast feeding resources, Medicaid assistance, birthing centers and midwives.

Ann Windle School for Young Children

901 Audra Ln. I Denton, TX 76209 (940) 369-3900 | www.dentonisd.org 7:15 AM - 3:30PM - Monday - Friday

Eligibility: Head-Start,Pre-K programs qualifies by income and age. ESCE/Ed is open to children with disabilites.

Fees: None

Application Process: Head-Start intake begins in April with enrollment in August, ESCE Pre-K & Deaf Ed intake all year.

Area of Service: Denton County

Program: Provides educational services to high risk students. Works on pre-academic, developmental and self concept skills.

Arc of Denton County

PO Box 2471 | Denton, TX 76202-1279 (972) 436-8471 | info@arcofdentoncounty.org www.arcofdentoncounty.org 9:00AM - 5:00PM - Monday - Friday

Eligibility: No restrictions, but we usually serve people with disabilities, their family, and support personnel.

Fees: None

Application Process: Varies Area of Service: Denton County

Program: The Arc offers a variety of program services in areas of education, advocacy, family support and recreation. Information and referral phone line answers questions pertaining to persons with Intellectual and/or Developmental Disabilities. Programs for adults with IDD include socials, craft workshops, book club, and sponsorship of our local Self Advocate Chapter.

Argyle Food Bank

414 N Hwy 377 l Argyle, TX 76226 (940) 464-7224 l www.fbcargyle.org 9:00AM -12:00PM - Monday

Eligibility: Bring ID to show that you are living in Argyle, TX.

Area of Service: Argyle, TX

Program: Provides food to the residents in the City of Argyle.

Argyle ISD Disabilities & Services

6701 Canyon Fall Dr. I Flower Mound, TX, 76226 940-464-7241 | www.argyleisd.com/ 8 AM - 4:30 PM, Monday - Friday

Eligibility: Any students enrolled in Argyle ISD with a disability.

Fees: None

Area of Service: Argyle ISD

Program: Services for Argyle ISD students include accommodations (intended to reduce or even eliminate the effects of student's disability but do not reduce learning expectations), modifications (practices and procedures that change the nature of the task or target skill), speech therapy, behavior intervention, occupational therapy, physical therapy, psychological services/counseling, orientation &

mobility training, audiology, parent training, inhome training, adapted physical education, assistive technology, special transportation, and transition services (focused on improving the academic and functional achievement of the child with a disability to facilitate the child's movement from school to postschool activities).

Asbury Relief Ministry Food Pantry

117 Hercules Ln. I Denton, TX 76207 (940) 387-6487 I www.asburydenton.org 10:00AM - 12:00PM 2nd & 4th Mondays and 6:00PM -8:00PM - 1st & 4th Mondays Multilingual Services: Spanish

Eligibility: Those in emergency need of food

Fees: No Fees

Application Process: First 30 at 10:00AM and first 30 at

6:00PM, Picture ID Required

Area of Service: Denton County

Program: Provides food (2 days worth) 5 times a year.

Aubrey ISD Student Support

415 Tisdell Lane I Aubrey, TX, 76227 940-668-0060 I <u>www.aubreyisd.net</u> 7:30 AM - 4:30 PM, Monday - Friday Eligibility: Any Aubrey ISD student who needs counseling services or community resources.

Fees: None

Area of Service: Aubrey ISD

Program: Services for Aubrey ISD students include bullying prevention, child abuse resources, community resources, school counseling support by campus, dating violence resources, general education homebound services, family violence resources, foster care and student success resources, human trafficking resources, McKinney Vento homeless education/ unaccompanied youth resources, parenting resources, student health advisory committee (SHAC), suicide prevention resources, and trauma-informed care.

Baylor Rehab Home Health (Pinnacle Home Health)

1241 Cross Timbers Rd. I Flower Mound, TX 75028 (972) 691-3131 | www.selectmedical.net 8:00 AM -5:00 Monday - Friday on-call nurses 24/7

Eligibility: Anyone in need 18+

Fees: Call for information

Application Process: Need a referral from physician

Area of Service: DFW Metroplex

Program: Provides full-service home health serving DFW and surrounding counties. Specializing in senior wellness and fall prevention. Part of the Baylor family that provides customized home strength and conditioning programs as well as physical, occupational and speech therapy.

Big Brothers Big Sisters

306 N. Loop 288, #107 I Denton, TX 76209 (888) 887-BIGS I <u>www.bbbstx.org</u> 8:00AM - 5:00PM - Monday - Friday and by appointment

Eligibility: Children 6 to 14 years old, Volunteers at least 18 years old

Fees: No Fees

Application Process: Volunteer mentors submit an application and references. Background checks, enrollment interview, and training are required. Children and parents submit an application and an enrollment interview.

Area of Service: All of Denton County
Program: The Big Brothers Big Sisters mission is to
provide children facing adversity with strong and
enduring, professionally supported 1-to-1 mentoring
relationships that change their lives for the better,
forever. We partner with parents/guardians,
volunteers and others in the community and hold
ourselves accountable for each child in our program
achieving higher aspirations, greater confidence
and better relationships while also avoiding risky
behaviors and achieving educational success.

Bluebonnet Hospice Care

4144 N Central Expy, Ste. 950 I Dallas, TX 75204 (800) 994-1924 I www.bluebonnethc.com 8:30AM - 5:30PM - Monday - Friday Multilingual Services: Some Spanish speakers in field service; some literature in Spanish Eligibility: Individuals who meet eligibility per doctor Fees: No fee, Medicare, Medicaid, private insurance Application Process: Call the office, or fax doctor's orders.

Area of Service: North and East Texas
Program: Bluebonnet Hospice Care is a palliative care

program for patients that have been diagnosed with a limiting illness. We provide the patient and their family with physical, emotional, social, and spiritual care which is supervised by a medical interdisciplinary team of professionals and volunteers.

Boy Scouts of America-Longhorn Council

850 Cannnon Dr. I Hurst, TX 76054 (817) 231-8500 www.longhorncouncil.org I www.BeAscout.org 8:30AM-5:00PM Monday-Friday

Eligibility: Youth Ages 6-20
Fees: \$24 Registration
Application Process: Application at any time
Area of Service: All Areas-DISD
Program: Provides character development and
citizenship training for youth ages 6-10 with an
emphasis on outdoor adventure and camping
programs.

Camp Fire First Texas

2700 Meacham Blvd. I Fort Worth, TX 76137 (817) 831-2111 I www.campfirefw.org 8:30-5:00 Monday - Friday Varies by program

Eligibility: 6 weeks - adults
Fees: Varies by program
Application Process: Program applications are
available online at campfirefw.org
Area of Service: Camp Fire First Texas Tarrant, Parker,
Wise, Hood, Johnson (Burleson) and Denton counties.
Child Care Training is provided in Tarrant, Collin,
Dallas, Denton, and other Texas counties. Resource &
Referral service is provided throughout north central
Texas.

Program: Offers youth development programs for boys and girls ages 6 months -18 years old. The programs include early child care, camping, outdoor education, truancy prevention, and child care provider professional development and certification programs, school readiness programs and after school care. Many programs are adaptable to children with special needs and all help youth lift their voice, find their spark and discover who they are. Adult volunteer opportunities are available.

Camp Summit

17210 Campbell Blvd., Ste. 180W I Dallas, TX 75252 (972) 484-8900 I www.campsummittx.org 9:00AM-5:00PM - Monday - Friday

Camping

270 Private Road 3475 | Paradise, TX 76073 | Varies with seasons

Eligibility: Children 6 years - adults with no upper age limit with developmental delay, physical challenges or multiple disabilities

Fees: Sliding scale, some scholarships
Application Process: Registration for camping sessions is available through http://www.campsummittx.org/
Area of Service: All counties in Texas
Program: Year round residential camping program for children and adults with disabilities. Campers may have developmental delays, physical challenges or multiple disabilities. Traditional camp environment with swimming, arts & crafts, nature study, horseback riding, challenge course, etc. We adapt all activities to the needs of our camper. No upper age limit for

CCD Counseling, PA

adults.

1614 Scripture St, Ste 200 | Denton, TX 76201; 1300 Fulton St, Ste 402 | Denton, TX 76201; 326 Edmonds Ln, Ste103 | Lewisville, TX 75067 (940) 382-5328 | (972) 353-9404 | (800) 897-7068 Family Tree Program: 940-387-7517 or ext. 62 www.ccdcounseling.com 8:00AM - 8:00PM - Monday - Friday, Saturday as scheduled Multilingual Services: Spanish, American Sign Language

Counseling Center of Denton
Eligibility: Anyone
Fees: Fees or insurance
Application Process: Contact the therapist they wish
to see: http://ccdcounseling.com/therapistsall/
Area of Service: Denton County
Program: Offers affordable counseling for individuals,
couples & families. Also offers play therapy for
children and educational and therapeutic groups.

see also Family Tree Program (pg 24)

Recovery Resource Council- Veteran's Services

2700 Airport Fwy I Fort Worth, TX 76111

(817) 332-6329 www.recoveryresourcecouncil.org 8:00AM - 5:00PM Monday-Friday

Eligibility: Members of Veteran's family/veteran, Discharge other than dishonorable, very low-income (does not exceed 50% AMI - Denton County), residing in permanent housing or homeless, exited permanent housing w/in 90 days

Fees: None

Application Process: Screening (15 minutes on phone/ face to face), Veteran provides documentation, staffing (process of less than 1 week), Telephone hours 8AM-12PM Monday-Friday Area of Service: Denton County Program: Rental assistance, Application Assistance, Security Deposit, Storage, Moving Costs, Transportation, Child Care, Case Management, Budget Class, Referrals

Cenikor Foundation

2209 S. Main St. I Fort Worth, TX 76110 (817) 921-2771 (888)236-4567 www.cenikor.org 24 hours/7 days a week

Eligibility: Adult men and women with a chronic history of addiction who are physically able to work. Fees: In state residents: \$450 and out-of-state residents \$1,500

Application Process: Screening by telephone or in person - contact Access Center at 888-236-4567 or Admissions Department at 817-921-2771

Area of Service: Nationwide

Program: Adult long-term residential substance abuse treatment. Prevocational employment training, GED classes, college scholarships. Individual and group counseling. Please visit our website or contact the Admission office.

Child Care Services of North Central Texas (CCS)

1300 Teasley Ln. I Denton, TX 76205 (940) 382-5619 (800) 234-9306 www.dfwjobs.com 8:00AM - 5:00PM - Monday - Friday

Eligibility: Children under 13 years and children up to 19 years with disabilities

Fees: Payment based on family's monthly income Area of Service: Denton, Wise, Collin, Palo Pinto, Parker, Hood, Somervell, Erath, Ellis, Navarro, Kaufman, Johnson, Rockwall and Hunt Counties Program: Provides state-funded childcare primarily to low-income families to work, train, or attend education programs. For most clients, CCS requires a co-pay based on the Family's monthly income.

Child Study Center

1300 W. Lancaster Ave. Ste. 108 | Fort Worth, TX 76102 (682) 303-9200 | www.cscfw.org 8:00AM - 5:00PM - Monday - Friday

Robert W. Decker Pediatric Department 8AM-5PM - Monday -Friday Eligibility: Children ages 0-21 with developmental disabilities

Fees: Applicable medical insurance will be billed, uninsured will be seen on sliding scale basis Application Process: Family must fill out application available on the website and submit for processing Area of Service: All counties in Texas Program: The Child Study Center provides children

Program: The Child Study Center provides children from birth through 21 years of age with complex developmental and behavioral disabilities the highest quality diagnosis, treatment and education to help them achieve their full potential. The Center sees children with the full range of developmental difficulties and associated disorders. The Center is a multi-disciplinary facility offering individual treatment and is part of the Cook Children's Hospital System. The Center's services also include the Psychology Department, Autism Services Department, Behavior Disorders Clinic, and the Jane Justin School.

<u>Children's Advocacy Center for North Texas</u>

1854 Cain Dr. I Lewisville, TX 75077 (972) 317-2818 306 N Loop 288 I Denton, TX 76209 2302 Woodrow Wilson Ray Cir I Bridgeport, TX 76426 (866) 875-1015 www.cacnorthtexas.org

8:00AM - 8:00PM - Monday - Friday, In addition to scheduled appointments

Eligibility: Any family dealing with child sexual or severe physical abuse that has already been reported. Fees: None

Application Process: Report abuse to law enforcement or Child Protective Services

Area of Service: Denton and Wise County

Program: Provides forensic interviews of child abuse victims for law enforcement or CPS, assistance with

filing Crime Victim Compensation Claims, forensic medical exams, and collaboration with other agencies. Counseling program offers individual, group, play therapy, court preparation, and court accompaniment.

(972) 221-1224; (972) 219-4305 www.ccahelps.org 9:00AM - 5:00PM - Monday - Friday

Children's Connections

2514 82nd St., Suite G Lubbock, TX 79423 (940) 613-7303 (806) 745-7995 (800) 456-4862 www.childrensconnections.org 8:00-5:00pm for adoption, Pregnancy Support calls are answered 24/7

Eligibility: Anyone interested in adoption, pregnant women in crisis.

Fees: Fees vary depending on service Application Process: Email adopt@ childrensconnections.org or call (800) 456-4862 to get started.

Area of Service: All Texas counties

Program: Agency works with pregnant women who: are crime victims (whether they have filed a police report or not); have medical needs; or feel unready to parent their baby. Agency provides help for expectant mothers in Texas experiencing a crisis pregnancy by providing case management, referrals, government program application assistance, crisis intervention, advocacy, financial support, adoption information and counseling. Assessments are conducted to identify needs and develop service plans. All services for pregnant women are free of charge.

Agency provides the following services: free adoption consultation services; infant adoption, embryo adoption; parenting education; and home study services throughout Texas for domestic or international infant adoptions, waiting (older) children, out-of-state foster care youth, step-parents, grandparents and relatives, and parties involved in embryo adoption.

Pregnancy Solutions (800) 456-4862 (24/7)

Eligibility: Pregnant women who are not ready to parent their baby, have medical needs, or are a victim of a crime

Fees: None

Application Process: Call (800) 456-4862 Area of Service: All Texas counties

Christian Community Action (CCA)

200 South Mill St. I Lewisville, TX 75057

Eligibility: 200 percent or less of Federal Poverty Guidelines. 90-days residency in the service area of CCA. See the CCA website for more eligibility quidelines.

Fees: none

Application Process: Prospective clients may go to www.ccahelps.org to print out applications for assistance or pick up an application at 200 S. Mill St, Lewisville, TX 75057. The completed form can be mailed or dropped off.

Area of Service: CCA serves individuals and families who live within the following 8 school districts: Argyle ISD, Coppell ISD, Frisco ISD, Lewisville ISD, Little Elm ISD, Lake Dallas ISD, Northwest ISD, and the Denton County portion of Carrollton/Farmers Branch ISD. Program: For qualified persons, CCA provides a wide range of services which include financial, housing, food, pet food, medicine, vocational classes and more.

Chrysalis Educational Foundation

722 W. Oak St. Denton, TX 76201 (940) 382-5688

www.northtexaseatingdisordrs.com/development 8:00AM-9:00PM Monday-Thursday, 8:00AM-5:00PM Friday

Multilingual Services: Spanish

Chrysalis Group Treatment Program for Eating Disorders

8:00AM-9:00PM Monday-Thursday, 8:00AM-5:00PM Friday

Eligibility: Ages 14 and up pending evaluation for group

Fees: cost of treatment, if needed

Application Process: Initial Evaluation is a 2 hour structured interview

Area of Service: North Texas, Denton & Wise County Program: Develops educational tools related to eating disorders and preventing eating disorders. Funds individuals who would not otherwise be able to receive care when the funds are availible. Because eating disorders are varied, not everyone is a candidate for group care. We work to individualize care plans. Some clients need group and others do best with individual sessions and sessions with dietitions.

City of Denton - Community Development Division

601 E. Hickory St., Ste B I Denton, TX 76205 (940) 349-7726; (940) 349-7235 www.cityofdenton.com/communitydevelopment 8:00AM - 5:00PM - Monday - Friday

Home Improvement Program, Homebuyers Assistance Program and Minor Repair Program Eligibility: Low to moderate income homeowners Fees: No fee to apply - Loan is part payable, part deferred

Application Process: Please call for an appointment and general information or go to website to apply Area of Service: Within the City Limits of Denton Program: The Home Improvement Program provides assistance to homeowners with major repairs, through repair or reconstruction. The program is intended to assist low to moderate-income owners who cannot afford to complete the repairs themselves. Assistance is available in two types of loans: a combination low interest payable loan/deferred (forgivable) loan and a deferred loan. Deferred (forgivable) loan will be provided to seniors, age 62 and above, who are at the income level below 50% of HUD median income. Loans are available over 5 to 20 years. (HAP) Homebuyers Assistance Program helps low to moderate income homebuyers with down payment and closing costs to buy their first home.(MRP) The Minor Repair Program assists with urgent home repairs costing \$10,000 or less.

Homebuyers Assistance Program: Homebuyers Assistance Program helps low to moderate income homebuyers with down payment and closing costs to buy their first home.

Minor Repair Program: The Minor Repair Program assists with urgent home repairs costing \$10,000 or less.

City of Denton - Parks and Recreation Department

321 E. McKinney St. I Denton, TX 76201 (940) 349-7275 I www.dentonparks.com 8:00AM - 5:00PM - Monday - Friday

Area of Service: City of Denton
Program: Manages City of Denton's public parks and
open space. The department administers the North
Lakes Recreation Center, MLK Recreation Center,
Denia Recreation Center, Denton Senior Center,

American Legion Senior Center, Denton Civic Center, Goldfield Tennis Center, McMath Gym, Water Works Park, Civic Center Pool, Skate Works Skate Park, and the Denton Natatorium.

The Colony Community Center

5151 N. Colony Blvd. I The Colony, TX 75056 (972) 624-2246 I www.tcpard.com 8:00AM - 3:00PM - Monday - Friday; 10:00AM - 2:00PM Saturday; 6:00PM - 10:00PM Tuesday evenings as well

The Colony Senior Center
Eligibility: Anyone over the age of 50
Fees: Resident - \$10/yr; Non-Resident - \$18/yr
Area of Service: City of The Colony
Program: Provides recreational, physical and
educational programs to anyone over the age of 50
and their spouses regardless of age.

Communities In Schools of North Texas

217 S. Stemmons Fwy, Ste 101 | Lewisville, TX 75067 (972) 538-9930 | www.cisnt.org 8:00AM-5:00PM Monday-Friday

Eligibility: Provides in-school case management services to Denton, Cooke and Wise County students who are considered to be at-risk of dropping out of school.

Fees: none

Application Process: Children are referred to the program by teachers, school administrators, parents or themselves. Students must attend a school where a CISNT program exists and qualify based on need in order to be enrolled in the program.

Area of Service: Bridgeport ISD, Denton ISD, Gainesville ISD, Lake Dallas ISD, Lewisville ISD, Little Elm ISD, Northwest ISD.

Program: The primary provider of research-based, holistic dropout prevention services. These services include academic tutoring, counseling, one-on-one mentoring, parental and family engagment, and individualized case management services for studnets at-risk in grades K-12 living in North Texas. Currently CISNT operates two program service models: daytime, case management, and ACE programs(Afterschool Centers on Education).

Droput Prevention Case Management Campus Programs

Program: serve students each year in grades K-12 who

are refered by their teacher, counselor, or principal as at-risk of dropping out of school. CISNT Site

CISNT Afterschool Centers on Education (ACE) programs

Program: provide an additional 15-19 hours of academic enrichment each week after school and in the summer. These programs work to improve academics, attendance, and behavior as well as increase promotion to the next grade level and improve graduation rates.

Community Services, Inc. (Community Action Partnership)

306 N Loop 288 I Denton, TX 76209 (940) 735-3234; (903) 872-2401

M-Th: 9am-5pm Friday: By Appt. Only

S-S: Closed

Eligibility: Provide verification and documentation of income to determine household eligibility

Fees: None

Application Process: Individuals must call the main number 1-800-831-9929 to schedule an appointment Area of Service: Anderson, Collin, Denton, Ellis, Henderson, Hunt, Kaufman, Navarro, Rockwall and Van Zandt counties

Program: Provides assistance for Vulnerable, Non Vulnerable households, Household Crisis and Weatherization services which reduces infiltration of air, other services provided are the following from the Community Services Block Grant (CSBG) which include rental assistance, educational services, food and gas cards (when funds are available).

Cook Children's Psychology Clinic

3201 Teasley, Ste 202 | Denton, TX 401 N. Valley Parkway, Ste 400 | Lewisville, TX (682) 885-3917

www.cookchildrens.org/specialtyservice/psychiatry 9:00AM-5:00PM - Monday - Friday, Closed 12:00PM-12:30PM for lunch

Eligibility: Children ages 3-17 (limited services for children under 2)

Fees: Fees vary

Application Process: Call (682) 885-3917 to make an appointment. Have any insurance information ready when calling.

Area of Service: Denton County

Program: Purpose is to improve the health of every

child in the region for the prevention and treatment of illness, disease and injury. We provide individual therapy, family therapy, psychological testing, and neuropsychological testing.

CASA (Court Appointed Special Advocates) of Denton County

614 N. Bell Ave. I Denton, TX 76209 (940) 243-2272 I www.casadenton.org 8:30AM-5:00PM Monday-Friday

Eligibility: Children from birth to 18 from Denton County who have been removed from their homes by CPS. Referred through the districts courts of Denton County.

Area of Service: Denton County

Program: Provides court advocacy to children who have been removed from their homes due to abuse or neglect. CASA uses trained volunteers as advocates for the children.

Cross Timbers YMCA

2021 Cross Timbers Rd. I Flower Mound, TX 75028 (972) 539-9622 I www.ymcadallas.org 5:00AM - 9:30PM - Monday - Friday; 9:00AM - 6:00PM - Saturday; 1:00PM - 6:00PM - Sunday

Eligibility: Individuals, children and families of all ages Fees: Fees vary

Program: Fitness, sports, swimming lessons, summer camp, parent-child programs, informal education for youth and adults. Scholarships available.

Cumberland Youth and Family Services

909 Greenlee St. I Denton, TX 76201 (940) 382-5112 I www.cumberlandservices.org 8:30 AM - 7:30 PM - Monday - Wednesday; 8:30 AM -5:30 PM - Thursday - Friday

Children's Residential Program

(940) 382-5112 Ext. 278

Eligibility: Placements to this program are through TDFPS/CPS. Contact CYFS's GRO Administrator at (940) 382-5112 Ext. 278. Program takes placements within Texas

Application Process: Must go through CPU to submit Common Application

Area of Service: Program takes placements from

within Texas

Program: The Children's Residential Program at CYFS is a general residential operation accepting basic and moderate level placements from TDFPS/CPS. It is a structured program providing all the basics, plus a strength-focused philosophy of care, on-site counseling, individualized case management, life skills training and a mentoring program. This program is not open to private placements; placements can only be made through TDFPS/CPS.

Single Parent Family Program (SPF) (940) 382-5112

Eligibility: 18 years and older, single parents, must have a job, reliable transportation, childcare, and legal custody of at least 1child. Must pass background check and drug test

Fees: Rent starts at \$100 with a \$100 deposit and is incrementally increased over time to a maximum of \$600 per month.

Application Process: Call intake at (940) 382-5112 to be put on the interest list. When there is an opening you will be contacted to complete application/interview. Program: SPF provides housing for single parents and their children at a low rental rate. The SPF program provides case management, counseling services and money management education.

Cumberland Family Services (940) 382-5112 Ext. 252

9 AM-8 PM Mon-Weds, 9 AM-5:30 PM Thurs-Friday Eligibility: Counseling services available to the community. All ages.

Fees: Sliding Fee scale for community counseling services (individual, family, marriage, play); Superior Star Health Medicaid also accepted; parenting classes are \$50 for individuals and \$75 for couples. accepts Superior Star Health and Ambetter for foster care children

Application Process: Call intake department to complete assessment by phone (940) 382-5112 Ext. 252

Area of Service: Those willing to come to Denton are possible candidates

Program: CYFS has full time licensed therapists and clinical interns available to assist individuals, couples, families and children with life struggles and concerns. Openings will vary call for more information.

Dallas Lighthouse for the Blind

4306 Capitol Ave. I Dallas, TX 75204 (214) 821-2375 I www.dallaslighthouse.org 7:00AM - 4:00PM Mon-Thu -Friday7:am-1:00 pm Eligibility: 18 years or older

Area of Service: Collin, Cooke, Dallas, Denton, Ellis, Fannin, Grayson, Hunt, Kaufman, Navarro, Rockwall counties

Program: Provides training (computer lab), employment (manufacturing plant), and rehabilitation services that encourage personal responsibility, economic independence and social development for North Texans who are blind or who are visually impaired.

Denton Affordable Housing Corporation (DAHC)

306 N Loop 288, Ste 100 l Denton, TX 76209 (940) 484-7048 www.dentonaffordablehousing.com 9:00AM - 5:00PM - Monday - Friday

Eligibility: Call for eligibility
Application Process: Submit application
Area of Service: City of Denton
Program: Develop, manage, and advocate for
affordable housing throughout Denton that houses
low-income people, including seniors, people with
disabilities, and victims of domestic violence

Denton County Bar Association

1504 E McKinney St., Ste 400 I Denton, TX 76209 (940) 320-1500

The Denton County Bar Association works collectively to preserve high standards of integrity, honor and courtesy within the legal profession; promote positive relations among the judiciary, legal profession and community; advance the professional interests and education of its members; and facilitate the effective administration of justice, while maintaining the historic collegiality of the association and its members.

Denton Animal Support Foundation

3717 N. Elm St I Denton, TX 76207 (940) 349-7594 www.dentonasf.com/pet-food-assistance Wed and Sat 12:00 p.m.- 3:00 p.m.

Denton Bible Church

626 Wainwright St. I Denton, TX 76201 (940) 297-6860 | www.dentonbible.org

SWEAT Team

Eligibility: Under-resourced members of the Denton County community

Application Process: A pre-site visit by the director to determine eligibility.

Area of Service: Denton County

Program: Provides physical labor for home repairs, garden cleanup, moving services, and construction to

those in need.

Multilingual Services: Spanish

Denton Christian Preschool

1114 W. University Dr. I Denton, TX 76201 (940) 383-3332 | www.dentoncps.org Office Hours: 8:00 AM - 4:00PM - Monday - Friday

School Hours: 9:00am-3:00pm Monday-Friday

Eligibility: Children age 3 by September 1st and children age 4.

Fees: Sliding Scale

Application Process: Application must be reviewed by

admissions committee for selection

Area of Service: Services all of Denton County, however, transportation is only available to the area between I-35 and Loop 288.

Program: Children are provided with developmentally appropriate learning activities to prepare them for successful entry into public school. Two bilingual classes are provided. Transportation to and from school each day is provided on safe school buses within a limited radius of the school. Nutritious breakfast, lunch and snack is provided each school day. Medical and diagnostic screening as well as parenting education are also provided. We are not able to accept all children who apply, even though we would like to serve more, our capacity is 75.

Denton City County Day School

1603 Paisley St. I Denton, TX 76209 (940) 382-6485 | www.dccds.org 6:30AM - 6:00PM - Monday - Friday

Eligibility: Children ages 2 - 5

Fees: Sliding scale

Application Process: Enrollment process and packet

required

Area of Service: Denton County

Program: Denton City County Day School (DCCDS) provides quality pre-kindergarten education to children ages two through five in Denton County.

Denton Community Food Center

306 N Loop 288, Ste 400 I Denton, TX 76209 (940) 382-0807 | www.dentoncfc.org See website for current hours of operation.

Eligibility: Serving residents of the City of Denton and Northern Denton County (north of Lake Lewisville) and qualify under TEFAP (TX Emergency Food Assistance Program) Income Guidelines. Identification needed (Driver's License, School ID or other photo ID) for all family members for which you are requesting food.

Fees: None

Application Process: Walk-In, no appointment required. Complete USDA form H1555 eligibility plus some additional information for database management. Need Photo ID for applicant only on first visit. Need Photo ID for all family members requesting assistance for subsequent visits. Area of Service: City of Denton and Northern Denton County (north of Lake Lewisville).

Program: Provides food from a central community storehouse to families/individuals struggling with hunger insecurity. Clients are limited to six visits per year (no more than once a calendar month). The Center accepts donations of food and contributions of money, which is used to buy needed commodities. Volunteers are needed, see the website for details.

Pet Food Bank distributor.

Denton County Friends of the Family

4845 S. I-35E, Ste 200 I Corinth, TX 76210 (940) 387-5131; Crisis Line (940) 382-7273; Crisis Line (800) 572-4031 www.dcfof.org 8:30AM-8:00PM - Monday - Friday and 9:00AM-1:00PM

- Saturday Residential Shelter/24 hour Crisis Line

Undisclosed location (940) 382-7273

24 hours a day

Eligibility: Any victim of relationship violence or sexual assault who is seeking safety from abuse

Fees: No fees for victims

Application Process:

Area of Service: Service area includes anyone in need of shelter due to abuse

Program: Services include safety planning, case management, legal advocacy and transitional housing for those who qualify. Residents are able to access counseling, both for themselves and their children, help in securing available financial services and support in achieving personal growth and

Denton County Indigent Health Care

535 S. Loop 288, Ste 1052 I Denton, TX 76205 (940) 349-2940; (972) 434-8864 www.dentoncounty.com/ihc 8:00AM - 12:00PM and 1:00PM - 5:00 PM - Monday - Friday

Eligibility: Eligibility based on income (21% poverty level), resource, residency, and household composition. Persons who are not eligible for assistance through any other source.

Fees: None

Application Process: Applications can be picked up in person or call and request one to be mailed Area of Service: Denton County only Program: The program pays for medically necessary medical services. Payments made to doctors (MD./ DO.) hospitals, and pharmacies. Programs cover the cost of medical payment only. Does not provide medical services. No emergency assistance. Covered medical services are: Physician services - routine exams and sick visits, immunizations; Hospital services - emergency and non-emergency (pre-scheduled); Radiology Services; Laboratory Services; Prescription services- three prescriptions per month; Limited diabetic supplies; Skilled nursing facility. Services NOT covered (not a complete list): Dental; Vision exam or eyewear; Chiropractor; Non-medically necessary; Fees for completing any paperwork; Cosmetic; Durable

Denton County MHMR Center

medical equipment.

2519 Scripture St. I Denton, TX 76201 (940) 381-5000 I www.dentonmhmr.org Crisis Line - (940) 387-5555; (800) 762-0157 (24/7) 8:00 AM - 5:00 PM - Monday - Friday Denton County MHMR Center (Lewisville) 101 E Corporate Dr., Ste 150 I Lewisville, TX, 75067 (214) 488-0102

Eligibility: Individuals, children and families
Fees: Based on income
Application Process: Clients call ihe crisis line and
then have 30 days to present themselves between
8:00 am to 1:00 pm to MHMR. Client to provide proof
of residence and proof of income to present to the
Benefits Coordinator. Depending on the services offer

Area of Service: Denton County Program: Mental Health Services/Programs: Assertive Community Treatment (ACT Team), Community & Hospital Liaison, Community Support, Psychiatric Triage, Integrated Health Clinic, Intake and Referral, Psychiatric, Residential Supported Housing, Connections, Case Management and Supported Employment. Individuals with developmental disabilities and crisis services provided 24/7. Services/Programs: Continuity of Care, Eligibility Determination/Admission, Home and Community Based Services (HCS), In-Home and Family Support, Respite, Community Support Services, Psychological and Behavioral Support, Residential, Case Management, Vocational, and Employment. Volunteer opportunities available. Fees are assessed according to income and size of the family. Individuals who are eligible for services are not denied services because of an inability to pay.

Denton County Public Health

535 S. Loop 288, Ste 1003 I Denton, TX 76205 (940) 349-2900 (940) 349-2900 www.dentoncounty.gov/health 7:00AM- 12:00PM and 1:00PM- 5:00PM M-F

Mental Health Navigators M-F 9 AM-Noon/1-5 PM Call or text (940) 349-3000 or visit www.dentoncounty.gov/DCPH-Links

Denton County Health Department Clinic Eligibility: Most programs are available to low-income families, and are provided at a low cost. Call for more information on specific programs.

Fees: Most programs are available to low-income families, and are provided at a low cost. Call for more information on specific programs.

Application Process: For maternity, primary care, child health, and dental, clients must bring: proof of household income for past 30 days, current tax return, proof of physical address (utility bill), picture ID for adults, birth certificates for children under 18. Call for more details on specific programs.

Area of Service: Denton County Residents
Program: Women's health clinic, primary care clinic, child health clinic, dental services, immunizations for children and adults, pregnancy testing, STD/STI screening and treatment, TB elimination services, health education presentations and outreach, mammograms for low-income women over 40, and car seat education and provision of free car seats. Most programs and services are available to low-income Denton County residents and are offered by appointment only with various or no fees. No client will be

turned away for inability to pay.

Denton County Transportation Authority (DCTA)

604 E. Hickory I Denton, TX 76205 (940) 243-0077 (972) 221-4600 www.RideDCTA.net Monday through Friday 5 a.m. to 7 p.m. Saturday 8 a.m. to 4 p.m. Sunday CLOSED

Denton County Veteran's Center

1505 E McKinney St., Ste 151 I Denton, TX 76209 (940) 566-5851 ext. 113 www.unitedwaydenton.org/Veterans

Hosted Service Providers: Recovery Resource Council, Denton County Veterans Coalition, HUD-VASH Case Management, Military Veteran Peer Network, Counseling, Texas Veterans Commission, Veteran Community Navigators

Denton County Veteran's Services Office

(940) 349-2950

www.dentoncounty.gov/859/Veterans-Service Monday-Friday Scheduled Appointments Only. No exceptions.

Locations- By appointment only
Denton I 1505 E. McKinney St., Ste151
Lewisville I 400 N. Valley Pwky., Ste 1134
Eligibility: Veterans
Fees: none
Application Process: By appointment
Area of Service: Denton County

Denton County WIC (Women, Infants and Children)

535 S. Loop 288 I Denton, TX 76205 (940) 349-2930 I www.dentoncounty.com Monday- Thursday 9:00-12:00 and 1:00-6:00; Friday 7:30-12:00 and 1:00-4:30

Fees: None

Area of Service: Denton County
Program: Provides nutrition education programs
(classes and counseling), breastfeeding support and
education, supplemental food, referrals (Medicaid,
Texas Health Steps, Head Start, TANF, SNAP and

CHIPs.)

Lewisville Clinic 190 North Valley Pkwy. I Lewisville, TX 75067 (972) 221-1603

Hours: Monday - Thursday 9:00 - 12:00 and 1:00 - 6:00;

Friday 7:30 - 12:00 and 1:00 - 4:30

Website https://dentoncounty.com/health

Carrollton Clinic

3044 Old Denton Rd. I Carrollton, TX 75007

(972) 446-1507

Hours: Monday - Thursday 9:00 - 12:00 and 1:00 - 6:00;

Friday 7:30 - 12:00 and 1:00 - 4:30

Website https://dentoncounty.com/health

Denton Freedom House

3083 Trails End I Aubrey, TX 76227 (940) 565-5990 I www.dentonfreedomhouse.org 8am-5pm Monday – Saturday Eligibility: Men 17 years and older Fees: none

Application Process: Call and set an appointment

Area of Service: The World

Program: Denton Freedom House supplies their residents with basic needs such as: toiletres, clothing, bed, and food. Everyone is expected to follow strict guidelines/policies and are subject to discipline for failure to submit. All of their curriculum is Christ centered.

Denton Housing Authority

1225 Wilson St. I Denton, TX 76205 (940) 383-1504; (940) 383-3039 www.dentonhousingauthority.com 8:30AM - 5:00PM Monday- Friday, Closed 12:00PM-1:00PM

Eligibility: Low-income families

Fees: none

Area of Service: Denton County

Program: Provides low-income housing and administers housing vouchers to families in Denton

County.

Denton ISD Adult Education and Literacy Program

815 Cross Timber St. I Denton, TX 76205 (940) 369-0400 I ael@dentonisd.org

www.dentonisd.org 8:00AM - 5:00PM Monday - Friday

Eligibility: Call for eligibility

Fees: None

Application Process: Bring one official form of

identification during registation.

Area of Service: Denton County, Colon County, Johnson County, Hood County, Somvervell County,

Erath County.

Program: Provides quality educational experiences to enable students to become lifelong learners in their roles as citizens, workers, and parents through the following programs: The Adult Basic Education (ABE), English Second Language (ESL), Adult Secondary Education (ASE or GED), Vocational Literacy (workplace), Temporary Assistance to Needy Families (TANF), and Civics and Citizenship Preparation Education (El Civics).

Denton ISD Extended School Day Program

1215 N. Elm St. I Denton, TX 76201 (940) 369-0080 I www.dentonisd.org 10:00AM - 7:00PM Monday - Thursday; 9:30AM -6:30PM Friday

Eligibility: Children in Kindergarten through 5th grade Fees: \$55 Enrollment Fee, \$175 monthly tuition fee (due on the last day of the month for the next month); \$235 May-June and August-September; Early registration in April for the full semester.

Application Process: Open to all DISD elementary students. However, there are a limited number of spots available and it is first come first served.

Registration card filled out upon enrollment Area of Service: Denton ISD

Program: Provides structured academic, enrichment and recreational activities for grades K-5 at all 21 elementary campuses and PreK students at Gonzalez School for Young Children now at Fred Moore. The Extended School Program is closed on all school holidays and summer.

Denton ISD Regional Day School Program for the Deaf - Special Education

1205 W. University Dr. I Denton, TX, 75201 (940) 369-4084 I www.dentonisd.org 8:00AM - 5:00PM - Monday - Friday

Eligibility: Students, ages birth to 21, who are eligible

for special education services based on an auditory impairment and educational need.

Fees: None

Application Process: Part of the public-school programs in the tri-county area

Area of Service: Denton, Cooke and Wise counties

Program: Provides educational services including

Program: Provides educational services including instructional, related and support based on assessment that indicates educational need. Preschool Educational programming is available in the Special Education Early Childhood Program for students with a hearing impairment who are 3-4 years of age and developmentally ready. Attendance and level of service is determined by an IEP committee and is based upon educational assessment and need.

Denton ISD Social Services and Assistance

1307 N. Locust St. I Denton, TX 76201 (940) 369-0599; (940) 369-0598 www.dentonisd.org 8:00AM - 5:00PM - Monday - Friday

Eligibility: Services for Denton ISD families and students

Fees: None

Area of Service: Denton ISD

Program: Information and referral during personal, financial, or medical crisis, Identification of medical resources, Assistance with school supplies, Parent Education Programs, Comprehensive program for DISD families and students who are homeless or in foster care, and Homebound Services for students unable to attend school due to health related issues.

Denton ISD Student and Staff Assistance

1307 N. Locust St. I Denton, TX 76201 (940) 369-0595 I www.dentonisd.org 8:00AM - 5:00PM - Monday - Friday

Eligibility: Programs and Services for Denton ISD students, families and staff.

Fees: None

Application Process:

Area of Service: Denton ISD

Program: Programs and Services for Denton ISD students, families and staff includes drug and violence prevention and intervention, Identification and intervention for students dealing with substance abuse, emotional, familial and life stage problems, individual and group support and counseling, Parent Education, Crisis Management, Mental Health

Programming and Training, and Employee Staff Assistance Program for Denton ISD employees.

Denton ISD Teen Parent Program

1307 N. Locust St. I Denton, TX 76201 (940) 369-0599 (940) 369-0598 www.dentonisd.org/page/1192 8:00AM - 5:00PM - Monday - Friday Eligibility: Any students enrolled in DISD that are pregnant or parenting.

Fees: None

Area of Service: Denton ISD

Program: designed to improve school attendance, increase graduation rates and enhance the parenting skills of students, both male and female, who are pregnant or parenting and enrolled in Denton Independent School District.

Denton Kiwanis Club Children's Clinic

1001 N. Elm St. I Denton, TX 76201 (940) 387-6323 I www.dentonkiwanisclub.org 10:00AM - 12:00PM and 2:00PM - 5:00PM Monday, Wednesday and Thursday; 2:00PM - 5:00PM Tuesday; closed Friday.

Eligibility: Children up to age 18. Must meet financial guidelines and not be covered by medicaid Fees: Free

Application Process: Require proof of income and proof of residency. Application only available on site. Approval is made on same day of application. Area of Service: Northern Denton County, north of Lake Lewisville

Program: Provides medical, dental, eye exams, glasses, counseling services, and prescriptions services for children up to age 18 who are not covered by Medicaid or other insurance. The clinic is a referral service to a number of local health care providers. Must meet financial guidelines.

Denton Senior Center

509 N. Bell Ave. I Denton, TX 76209 (940) 349-8720 I www.dentonseniorcenter.com 8:00AM-8:00PM - Monday-Friday

Eligibility: 50 and older. All classes are intergenerational and open for registration for adults 18 yrs+

Fees: \$10/yr City of Denton residents and \$15/yr for

non-residents -- also program fees for trips and classes Application Process: Facility ID card Area of Service: Denton County Program: Provides recreational, physical, and educational programs for persons over 50 years of age. Some of the programs offered include exercise classes, needlework, dance classes, ceramics, games, special events, trips and health checks.

Denton State Supported Living Center

3980 State School Rd. I Denton, TX 76210 (940) 891-0342; (940) 591-3628 www.dentonstateschool.org 24 hours

Eligibility: Individuals who have special needs Fees: N/A

Application Process: Clients are referred and go through the admissions department upon arrival. Area of Service: 18 counties/north Texas Program: Provides residential services for individuals with special needs. Services include 24 hour supervised residential services, comprehensive health care services including an acute care infirmary, vocation skills training and works program (including sheltered workshops) life skills training and recreational/leisure activities, respite services and volunteer opportunities available.

Denton Treatment Services

621 Londonderry Ln. I Denton, TX 76205 (940) 483-0644 I www.texastreatment.com 5:30AM - 12:30AM - Monday - Friday; 5:30 - 7:00AM -Saturday; Closed Sunday

Eligibility: Adults 18 years and older with at least a 1 year history of Opiate use

Fees: \$62.00 cash or money order only; \$11.00 daily Liquid; \$12.00 daily Diskettes

Application Process: Monday, Tuesday, Wednesday, & Friday 3:30am - 8:00am; Thursday 3:30am only. Area of Service: Denton, Wise, Collin, and Cooke counties

Program: Methadone maintenance for treatment of Opiate addiction

Easterseals North Texas

4443 North Josey Ln., Ste 100 | Carrollton, TX 75010 (972) 394-8900 | (888) 617-7171

www.easterseals.com/NorthTexas 8:00 AM - 6:00 PM - Monday - Friday

Eligibility: Children, adolescents and adults Fees: Fees vary by program; accept most Medicaid plans and private insurance plans; also CCMS provider for childcare

Application Process: Call main number and speak with Service Coordinator

Area of Service: Denton County

Programs: <u>Autism Treatment Program</u>: provided to children, ages 2- 15 years, diagnosed with an Autism Spectrum Disorder (ASD). Children learn skills through one-on-one instruction along with multiple opportunities to participate in group activities.

<u>Child Development Program</u>: children with ASD and related disabilities, ages 6 weeks to 6 years old, are provided an opportunity to learn alongside typically developing peers. Enrollment is available for both children with ASD as well as neurotypical peers.

<u>Outpatient Rehabilitation Program</u>: provides speechlanguage therapy, occupational therapy, and physical therapy to children, adolescents, and adults with disabilities and special needs.

CLASS (Community Living Assistance and Support Services): provides case management services for individuals enrolled in the CLASS Medicaid-waiver program

EduCare Community Living

3600 East McKinney St., Ste 100 | Denton, TX 76209 (940) 380-0113 | ww.rescarecommunityliving.com 8:00AM - 5:00PM Monday-Friday

Alternative Business Services Services (Day Program) Eligibility: Medicaid recipients with intellectual & developmental disabilities

Application Process: Referral through local authority, walk-ins, waiver contract Areas 3 & 4(HCS)
Area of Service: Denton County

Program: Day Program for IDD individuals

Excel Center of Lewisville

401 N. Valley Pkwy., Stes 100 & 200 I Lewisville, TX 75067

(972) 906-5522 l www.excelcenterlewisville.com 9:00AM - 5:00PM

Emergency After Hours: (861) 261-3121

Eligibility: 5-18 years old

Fees: Fees are involved though typically covered by everything other than medicaid traditional.

Application Process: A free 1 1/2 hour assessment is required

Program: Mental Health, Behavioral Health, Dual Diagnosis through intensive outpatient and partial hospitalization. This program is a specialized day treatment. Additionally, we provide a Texas accredited Charter School. Doctor referrals are not needed and initial assessment is free.

Family Care Services, Inc.

(972) 668-8242 I www.familycaresrv.com
Private pay, Medicaid CBS, CCAD, and Star Plus CBA
Fees: \$30 to install, \$30-\$40 per month
Application Process: Call order service-Medicaid must
come through DADS/Star Plus
Area of Service: Denton, Collin, Dallas, Grayson and
Tarrant counties

Program: Provides GPS mobile Emergency Response Systems (help in 60 seconds) and Medication Dispensers. Offer same day or 24 hours services on installs. Prices start as low as \$30 per month. Call from more information.

Family Tree Program

1614 Scripture Ste. 200 | Denton, TX 76201 326 S. Edmond Ln. Ste 103 | Lewisville, TX 75067 (940) 387-7517 ext. 2 (888) 837-0666 ext. 2 www.familytreeprogram.org

Program: Free Counseling services to address family conflict and everyday struggles while promoting strong families and youth resilience.

Eligibility: Youth ages 6-17 and their families. No income requirements.

Application Process: Call to access services and schedule intake

Area of Service: Denton and Dallas counties

First Refuge Ministries

1701 Broadway St. I Denton, TX 76201 (940) 484-4384 I www.dentonrefuge.org

(See website for current application/eligibility requirements)

Area of Service: Denton County-- North of Lake Lewisville for Food Pantry Services Food Pantry: Assists people who are hungry and in need of food during a financial crisis. Clients may come to the Food Pantry once every 30 days during operation hours. Please bring a current proof of identification for yourself and all members of your household. (Birth certificates, current Medicaid cards or government issued picture ID). First Refuge Food Pantry is a "Choice Pantry"

Denton Hours (See website for any updates): Monday: 9:00AM - 12:00PM, Wednesday: 1:00PM - 4:00PM, Thursday: 6:00PM - 8:00PM

Sanger Hours 713 S. Fifth St—Monday 1PM-4PM, Thursday 9AM-12PM

Must arrive fifteen minutes prior to closing to select your food. Otherwise you will receive a prepackaged selection. Closed on all major holidays.

Medical Clinic: First Refuge provides medical services by appointment. Call 940-213-3571 to schedule. To qualify for this service, you must live in Denton County, have no personal insurance or have a high deductible of \$5,000 or more, have Medicaid or Chips and unable to find health care provider who accepts those insurances. You must also provide the proper documentation.

Dental Clinic: Provides quality dental care in the community to those who are unable to afford services. First Refuge provides services for a fee of \$10 per visit and donations are welcomed. To qualify for this program, you must live in Denton County or North of Lake Lewisville, fit within the income guidelines, need immediate dental services, and be eighteen years or older. You must also provide proof of residency, driver's license or picture ID, and proof of income. You must also complete prescreening interview and proper documentation. Clients are never refused emergency services due to an inability to pay.

Counseling Ministry: Provides Christian counseling to the community. The counseling services individuals, couples, families, and groups which is based off of appointments. First Refuge provides services for a fee of \$10 per visit and donations are welcomed. Services provided by appointment only.

Fred Moore Day Nursery School

821 Cross Timber St. I Denton TX 76205 (940) 369-2345 I www.dentonisd.org

Eligibility: Children beginning at age 6 weeks

to 3 years old in low to moderately low-income households

Fees: Fees are on a sliding scale, based on annual income

Application Process: Take a tour and fill out an application in office

Area of Service: Denton County

Program: Services are offered on a sliding scale to assist low-income families. Staff provides a whole child educational experience focusing on the child's individual needs. At nursey center the program provides three nutritious meals or formula and baby food. We focus on the need of each child by preparing them to exceed in social, emotional, cognitive, gross motor, fine motor and language development.

Friendship House

3733 N. Josey Ln., Ste 103 I Carrollton, TX (972) 512-3838 www.firstfields.org/friendship-house Tuesday 1PM - 4PM Wednesday &Thursday 9AM - 12:30PM & 1:30PM - 4PM

Eligibility: Families may receive food weekly.

Application Process: Call for appointment.

Area of Service: Denton County

Program: Food assistance and assistance with financial needs as able.

Frisco Family Services

9111 Dogwood St., Ste 100 | Frisco, TX 75033 (972) 335-9495 | www.friscofamilyservices.org

Eligibility: Live in the City of Frisco or Frisco ISD, Lease or mortgage in your name and documentable crisis. Fees: None

Application Process: Come into the main office to fill out an application

Area of Service: City of Frisco or Frisco ISD Program: Food Pantry, Emergency Financial Assistance, Adult Life Skills Classes, Case Management

Geri-Options Geriatric Care Management

Home Visits (940) 391-0923 | (940) 206-7829 www.geri-options.com 9:00AM - 5:00PM - Monday - Friday and per

arrangement

Eligibility: Services to older persons and their families and adults with chronic illness

Fees: \$60 hour

Application Process: Call Geri Sams, LCSW, CMC

Area of Service: Denton County

Program: Autism Treatment Program, Outpatient services include Speech-Language, Occupational and Physical Therapy, Accept most Medicaid plans and private pay insurance plans.

Girl Scouts of Northeast Texas

6001 Summerside Dr. I Dallas, TX 75252 (972) 349-2400 | (800) 442-2260 www.gsnetx.org 10:00 AM to 5:00 PM - Monday - Wednesday 10:00 AM to 7:00 PM Thursday 10:00 AM to 5:00 PM Friday 10:00 AM to 3:00 PM Saturday

Denton

2317 W University Dr., Ste 167 | Denton, TX 76201 (940) 243-1314

Eligibility: Girls, 5-17 years old Fees: \$25 annual fee to GSUSA

Application Process: Registration online or call

(972)394-2400

Area of Service: 32 counties across Northeast Texas,

including Denton & Grayson

Program: The mission of Girl Scouts is to build girls of courage, confidence, and character, who make the world a better place. Girl Scouts is the world's premiere leadership development organization dedicated solely to girls--all girls--where, in an accepting and nurturing environment, they build character and skills for success in the real world.

Giving Grace

306 N Loop 288, Ste 100 I Denton, TX 76209 (940) 382-0609 I www.givinggrace.org Monday-Friday 9:00am-5:00pm **Multilingual Services: Spanish**

Eligibility: Financial assistance eligibility is determined by the funding source requirements and availability. Assistance is primarily for those experiencing homelessness and individuals with low and very low income who are legal residents of Denton County in

need of homeless prevention assistance.

Fees: None

Application Process: Request for Services Form on

website

Area of Service: Denton County

Program: Giving Grace provides housing assistance, mentoring, and community connections for individuals and families facing homelessness to help them achieve self-sufficiency.

Good Samaritan Society

www.good-sam.com

Multilingual Services: Spanish (Fort Worth, Abilene, and Lubbock)

Good Samaritan Society - Denton Village

2500 Hinkle Dr. I Denton, TX 76201 (940) 383-2651

Program: offers senior living apartments, twinhome/ triplex units, a modern healthcare center and an assisted living center.

ARC Home Healthcare

2277 N. Masch Branch Rd. I Denton, TX 76207 (940) 565-6338

Application Process: To schedule a free in-home consultation, call us at (940) 565-6338.

Program: offers the assistance people need to keep living at home, whether it's helping them stay well, recover from sickness or injury, keeping them company or having someone provide for their daily needs of living.

Good Samaritan Society - Lake Forest Village 3901 Montecito Rd. I Denton, TX 76210 (940) 891-0856

Program: the only retirement community in the Dallas-Fort Worth area that offers a country-like atmosphere just minutes away from shopping and medical facilities.

Goodwill Industries of North Central Texas

2030 W. University Dr. I Denton, TX 76201 (940) 566-0398

9:00AM - 9:00PM - Monday - Saturday and 11:00AM -7:00PM - Sunday

Goodwill Career Center (940) 383-3051

8:00AM-4:00PM - Monday - Friday

Eligibility: All persons

Fees: None

Application Process: Small intake form

Area of Service: North Texas

Program: Provides individuals with vocational evaluations, job readiness services, and job placement.

Greater Dallas Council on Alcohol and Drug Abuse

1349 Empire Central Dr., Ste 800 I Dallas, TX 75247 (214) 522-8600 I www.dallascouncil.org 7:45AM - 4:45PM - Monday - Friday

Eligibility: Varies by program

Fees: None

Application Process: Varies by program

Area of Service: North Texas

Program: Prevention Resource Center, Information Helpline, School-Based Prevention Programs, Dallas Area Drug Prevention Partnership, Tobacco-Free North Texas, Alliance for Drug Endangered Children, Conferences & Workshops, (HIV Early Intervention, and HIV Outreach & Prevention, Community Service)

Habitat for Humanity of Denton County

1721 N. Carroll Blvd. I Denton, TX 76201 (940) 484-5006, ext. 9001; (940) 382-8487 www.habitatdentoncounty.org 8:00AM - 4:00PM Tuesday - Saturday

Eligibility: Qualified Low-to moderate income families and disabled veterans residing in Denton County Fees: \$1,000 closing cost and 350-400 sweat equity hours

Application Process: Complete a pre-qualification checklist on website or on our KIOSK station at the Habitat Office or the ReStore. All applicants will be contacted.

Area of Service: Denton County

Program: Offers a program for qualified, low-to-moderate income famlies or qualified disabled veterans to purchase new homes with a no-interest loan. Homeowners will work side-by-side with volunteers in the construction of their home and other Habitat homes throughout the community preapproved by Habitat.

Habitat for Humanity of Denton County ReStore 1805 Cornell Ln. I Denton, TX 76201 Donation Hotline: (940) 382-8487 www.habitatdentonrestore.org

Summer Hours: 8:00AM - 4:00PM Tuesday - Saturday

Health Services of North Texas

Headquarters Office (Patient Care is not provided at this location)

4401 N I-35, Suite 312 I Denton, TX 76207 (940) 381-1501 I www.healthntx.org 8:00AM – 5:00PM - Monday – Friday

Denton Medical Centers

4304 & 4308 Mesa Dr. I Denton, TX 76207 306 N Loop 288, Ste 200 I Denton, TX 76209 (940) 381-1501

8:00AM - 5:00PM - Monday - Friday and Closed for lunch from 12:00PM - 1:00PM

Eligibility: Anyone is welcome! Fees: Medicare, Medicaid, CHIP, sliding fee scale and

private insurance accepted

Application Process: Please complete new patent paperwork either online through our website at www. healthntx.org or in person at the office. Patients are invited to apply for sliding fee scale pricing. Area of Service: Medical Care is not limited by geographical location, HSNT is able to be a Medical Home for people regardless of the city they reside in. Program: Providing Primary Medical Care for the entire family from newborns to grandparents including prenatal care, behavioral health, prescription assistance program, pediatrics, and enrollment services for Medicaid, CHIP and Health Insurance Marketplace. Services include preventive care, wellchild and well-adult exams, education, immunizations, and prescription assistance program. Treatment is available for a wide range of acute and chronic physical, mental, and social health conditions such as infectious diseases, diabetes, and high blood pressure. The clinical team includes physicians, mid-level providers, nurses, certified medical assistants, and other professionals who provide quality, affordable healthcare.

Denton South Center, Prenatal and Women's Health Care 3537 South I-35 Ste 210 I Denton, TX 76210

(940) 381-1501

8:00AM - 5:00PM Monday-Tuesday

8:00AM - 7:00PM Wednesday

8:00AM - 5:00PM Thursday-Friday

Closed for lunch from 12:00PM - 1:00PM

Eligibility: Anyone

Fees: Medicaid, sliding fee scale and private insurance accepted

Application Process: Patients are invited to apply for sliding fee scale pricing. Application is available online or at intake appointment.

Area of Service: Medical Care is not limited by geographical location.

Program: Health Services of North Texas, Denton South Center provides prenatal care, family planning and birth control, diagnosis and treatment for irregular menstrual cycles, menopause treatment, annual physical exams and pap smears, onsite sonograms and laboratory. HSNT's Denton South Center features Board Certified Advanced Nurse Practitioners who are committed to providing quality healthcare.

Heart of the City Lewisville

2021 N. Mill St. I Lewisville, TX 75057 (972) 824-6171 www.heartofthecitylewisville.com

Food Pantry Hours:

Mondays, 2PM to 4PM BY APPT. Tuesdays, 2PM to 6PM BY APPT. Wednesdays, 3PM to 5PM BY APPT. Thursdays, 10AM to 1PM BY APPT. Saturdays, 9AM to 11AM NO APPT. Eligibility: contact for details

Fees: None

Application Process: See web site for appointment.

Area of Service: Denton County

Program: Free groceries - 3 days work of groceries

each week.

Grahams Total Free Clothes Hours:

Tuesdays, 2PM to 6PM BY APPT. Thursdays, 10AM to 1PM BY APPT. Saturdays, 9AM to 11AM BY APPT. **Eligibility: ALL**

Fees: None

Application Process: complete interest form on web

site

Area of Service: Denton County

Program: Clothing

Hearts For Homes

826 East McKinney St. I Denton, TX 76209 (940) 891-0947 | Info@heartsforhomes.org www.heartsforhomes.org 9:00AM - 4:00PM Monday-Friday

Housing Repairs for Very-low Income Elderly Homeowners

Eligibility: Elderly homeowners with very low incomes Fees: None

Application Process: Based on Income; then prioritized by need

Area of Service: Denton County

Program: Aids the aging population in the areas of housing repair, housing rehabilitation, as well as meeting the needs of their everyday existence. We only serve elderly - just being disabled does not qualify for assistance - must be elderly.

Home Instead

829 N. Locust St. I Denton, TX 76201 (972) 318-2858 206 E. Walnut St., Ste 640 | Decatur, TX 76234 (940) 213-1983 www.homeinstead.com

Office 9:00AM - 5:00PM - Monday - Friday, Phones for emergency 24/7

Eligibility: People who are seniors or disabled and need extra help to function

Fees: Varies

Application Process: Free assessment in the home Area of Service: Denton and Wise counties Program: Professional caregivers provide non-medical companionship care in the client's home. Services range from simple companionship and stimulation to light housekeeping, meal preparation, errands, incidental transportation, dementia care, assistance with bathing, grooming, dressing, incontinence care, feeding, and medication reminders, licensed as a personal assistance service by the state of Texas.

Innovative Counseling Services

3740 N. Josey Ln., Ste 204 I Carrollton, TX 75007 (469) 774-1305

www.innovativecounselingservices.com Call for appointment; Open 9:00 AM - 5:00 PM -Monday - Thursday, 9:00- 2:00 Friday

Eligibility: Adolescents and adults. No restrictions on residency or income level

Fees: Sliding scale, private insurance Application Process: By appointment Area of Service: Denton, Dallas & Collin counties

Program: Substance abuse and psychological evaluations. Supportive outpatient and aftercare counseling for substance abuse issues. Individual substance abuse and mental health counseling.

Specialty group program, Smart Girls Speak, for adolescent females ages 12-17. Anger management counseling, domestic violence counseling, and brief therapy.

Interfaith Ministries of Denton, Inc.

1109 N. Elm St. I Denton, TX 76201 (940) 565-5479 I www.ifmdenton.org 9:00am-4:00pm Monday-Friday Eligibility: Low-income Denton families. Eligible DMU, TXU, and Atmos customers accepted for utility assistance. Inquire with the exact address for coverage.

Fees: none

Area of Service: City of Denton and some outlying areas.

Application Process: Clients may call for an appointment, walk into the office and complete a "Request for Assistance" form, or go to the website and submit a "Request for Assistance" form online.

Program: Helps with utilities, prescriptions and some medical supplies, adult eye exams & eyeglasses, diapers for adults and babies, and transportation (DCTA). Assistance is coordinated with other agencies and targeted toward prevention of homelessness through support services, and toward assisting customers with maintaining/regaining financial stability.

Job Corps

2100 N. Main St., Ste 220 | Fort Worth, TX 76164 (817) 625-3993 | (800) 733-5627

or (1-800-Job-Corps) www.northtexas.jobcorps.gov 8:00 AM- 5:00 PM Monday-Friday

Eligibility: Ages 16-24, low income; meet Job Corps suitability requirements

Fees: none

Application Process: Attend an orientation, interview, and application process 2-8 wks

Area of Service: Denton County, Frisco, Plano, Dallas, Lewisville, Little Elm, Gainesville, Wichita Fallas, The Colony

Program: Career and academic training, life-skills training, residential assistance, driver's license, on the job training, medical (dental and vision)

Journey to Dream

579 N. Valley Pkwy., Ste 120 I Lewisville, TX 75067 (469) 470-2382 www.journeytodream.com 8:00 AM-5:00 PM Monday – Friday,

Area of Service: Denton County

Program: Homeless shelter for teens. School programs

and Advocacy.

KidsCare Home Health

14651 Dallas Pkwy., Ste 200 I Dallas, TX 75254 (866) 919-3240 I www.kidscaretherapy.com 8:00 AM-5:00 PM Monday - Friday

KidsCare Therapy- Pediatric Home Health Agency 15820 Addison Rd. I Addison, TX 75001 (866) 919-3240

8:00am-5:00pm Monday-Friday

Eligibility: Accepts Medicaid & most commercial

insurance; Treat ages 0-18

Fees: None

Application Process: Referral can be accepted online, faxed or by phone.

Area of Service: Serving counties across TX including Denton, DFW area, Tyler, Longview, Waco, Temple, Austin, San Antonio and Houston

Program: KidsCare Therapy is committed to building on our foundation of changing lives through C.A.R.E. (Commitment, Accountability, Results and Ethics). We provide Speech, Occupational and Physical Therapy in the home for our patients. From its inception, KidsCare has focused on providing the best quality healthcare services for the children and families we serve.

Krum ISD Family Resources

1200 Bobcat Blvd. I Krum, TX, 76249 940-482-6000 I 940-482-3929

https://www.krumisd.net/

8 AM - 4:30 PM, Monday - Thursday

8 AM - 4 PM on Fridays

Eligibility: Any Krum ISD students or parents seeking support or resources when the need arises.

Fees: Varies (depending on the resource)

Area of Service: Krum ISD

Program: Resources for Krum ISD students and parents are provided in a list created for families looking for services in nearby areas. It is suggested

to ask plenty of questions of any entity you may wish to call about any potential costs associated with their services, as this is the sole responsibility of the parent and not the school district.

Lake Cities Community Food Pantry

Lake Cities United Methodist Church 300 E. Hundley Dr. I Lake Dallas, TX 75065 (940) 321-6100 www.lakecitiesumc.org/community-food-pantry Visit website to confirm hours of operation

Eligibility: Low income living in Lake Dallas, Hickory Creek, Shady Shores or Corinth Fees: None

Application Process: Bring current utility bill as proof of residency and a current photo I.D. Area of Service: Lake Dallas, Hickory Creek, Shady Shores, Corinth, Lake Cities Area Program: Provides food and hygiene items. Provides some assistance with utility bills and prescriptions.

Lake Dallas ISD Counseling Services and Resources

104 Swisher Road I Lake Dallas, TX, 75065 940-497-4039 I Fax: 940-497-3737 https://www.ldisd.net/lakedallas

8 AM - 4:30 PM, Monday - Friday

Eligibility: Any Lake Dallas ISD parents or students who need support and guidance to foster academic success, social and emotional development, and college and career readiness.

Fees: None

Area of Service: Lake Dallas ISD

Program: Counseling services for Lake Dallas ISD students and parents include essential community resources (Health - Mental Health, Substance Use, and Healthcare Expenses, Food - Programs and Benefits, Housing - Housing Expenses and Utility Expenses, and Crisis & Emergency - COVID-19 and Disaster Recovery), Coronavirus parenting resources, a student welfare and crisis intervention guide, bullying resources, child abuse resources, dating violence resources, driving safety for teens resources, drug prevention resources, internet safety resources, an SOS signs of suicide prevention program, sexting resources, eating disorders resources, additional parent resources, and vaping resources.

Lake Dallas ISD Special Education Services

104 Swisher Road I Lake Dallas, TX, 75065 940-497-4039 I www.ldisd.net/lakedallas 8 AM - 4:30 PM, Monday - Friday

Eligibility: Any Lake Dallas ISD students who meet the criteria for an educational disability condition.

Fees: None

Area of Service: Lake Dallas ISD

Program: Services for Lake Dallas ISD students include Child Find (describes the process by which students who need special education, including children with disabilities attending private schools, are identified, located, and evaluated), disabilities and services (lists the disability conditions defined in federal and state rules and regulations; and lists services that eligible students might receive), instructional settings (descriptions of the settings in which eligible special education students receive special education services based on decisions of students' Admission, Review, and Dismissal Committees), and transition services (transition services is coordinated set of activities for a child with a disability that is focused on improving the academic and functional achievement and facilitates a child's movement from school to post-school activities).

Legal Aid of Northwest Texas

2220 San Jacinto Blvd., Ste 205 I Denton, TX 76205 (800) 955-1407 I (940) 383-1406 www.lanwt.org 8:00AM - 5:00PM - Monday - Friday

Eligibility: Income eligible applicants who are either US citizens, resident aliens, or meet eligibility exceptions as victims of domestic abuse.

Fees: Court Fees

Application Process: Telephone intake for financial screening

Area of Service: Denton, Wise, Cooke, Jack, & Montague counties

Program: Civil legal services for eligible persons and families. Client may have to pay for court costs. Call for screening and make appointment.

Legal Hotline for Texans

(800) 622-2520 | www.tlsc.org 8:00AM - 5:00PM - Monday - Friday (Office hours); Can call any time 24/7 and leave a message.

Eligibility: 60 years old and older, or Medicare SSDI eligible

Fees: Free

Application Process: Go to www.tlsc.org and submit an online intake form, or call the office at 1-800-622-2520--option 4 and leave a voicemail. For Spanish, select option 1. (Para español, marque el número 1.)

Area of Service: State of Texas

Program: Free legal advice by telephone to Texans age 60 or older: nursing home residents, veterans and their families, victims of violent crime; and individuals who are eligible for Medicare SSDI.

Lewisville ISD Counseling Services

1565 W. Main St. I Lewisville TX, 75067 972-350-4768 I <u>www.lisd.net/</u> 8 AM – 3:45 PM, Monday – Friday

Eligibility: Any Lewisville ISD students or parents seeking academic guidance or counseling resources/ services.

Fees: None

Area of Service: Lewisville ISD

Program: Services for Lewisville ISD students and parents include academic planning, college, career, and military readiness, bullying and cyberbullying resources, child abuse resources, coping skills resources, digital parenting resources, goal setting resources, grief and loss resources, healthy relationships and teen dating violence resources, McKinney Vento resources, overcoming adversity resources, sexting resources, social and emotional development resources, substance abuse resources, suicide prevention resources, and trauma resources.

Lewisville ISD Extended School Day Program

1565 C W. Main St. I Lewisville, TX 75067 (469) 713-5997 I www.lisd.net/esd

Eligibility: Children in Kindergarten through 5th grade Fees: Monthly and semester payment plans are currently available. A \$50 non-refundable registration fee per child and the first tuition payment/installment will be due at the time your contract is accepted. Program: ESD is an enrichment-based program designed to capitalize on the interests and developmental needs of the child while providing opportunities for successful experiences in a less structured atmosphere than the regular school day. Extended School Day operates between the hours of 3:00 pm - 6:30 pm.

Little Elm ISD Parent & Community Resources

400 Lobo Lane | Little Elm, TX, 75068 972-947-9340 | 972-294-1107

www.littleelmisd.net/

7:30 AM – 4:30 PM, Monday – Friday Eligibility: Any Little Elm ISD students or parents seeking mental health or community resources.

Fees: None

Area of Service: Little Elm ISD

Program: Services for Little Elm ISD students and parents include child and adolescent mental health resources, anti-bullying/harassment resources, community resources, and individual/small group counseling.

The Leukemia and Lymphoma Society-North Texas Chapter

8111 LBJ FWY Ste 425 | Dallas, TX 75251 (972) 996-5900; (800) 800-6702; (800) 955-4572 9:00AM - 5:00PM - Monday - Friday

First Connection

Eligibility: Family of, caregivers of those diagnosed with a blood cancer

Fees: None

Application Process: Online form at http://www.lls.org/support/peer-to-peer-support or call patient

access manager (972) 996- 5905 Area of Service: North Texas area

Program: Provides patients and their families the opportunity to share experiences with someone who has been successfully treated for the same diagnosis.

Lewisville Counseling Services

751 Hebron Pkwy., Ste 305-B I Lewisville, TX 75057 (469) 645-1375

www.lewisvillecounselingservices.com

Fees: Income-based sliding scale
Area of Service: Denton and surrounding counties
Program: Provides individual and couples counseling,
marriage counseling, LGBT counseling, youth
counseling, grief counseling, and assistance with life's
transitions.

Lewisville Senior Activities Center

1950-A S. Valley Pkwy. I Lewisville, TX 75067

(972) 219-5050 l (972) 219-5051 www.cityoflewisville.com 8:00AM - 5:00PM - Monday, Wednesday and Friday; 8:00AM - 9:00PM - Tuesday and Thursday

Eligibility: Adults, 50 years of age and older Fees: Fees for classes, some activities, trips and events Application Process: Complete one page information form

Area of Service: Lewisville, Flower Mound, Highland Village, Coppell, and Denton

Program: The operative word in our name is 'activity' and there is a lot of them here for everyone to enjoy. The center has special events to classes to Sing-A-Long. We strive to present a wide spectrum of activities. There is no charge to be a member of our center, you just have to complete a membership form. Classes, activities and trips are reasonably priced or free. Meals on Wheels lunches are served daily at 11:30AM; you must sign-up 24 hours in advance. Meals are \$2 donation for 60 and over and \$5 donation for those under 60 years of age. Denton County Transportation Authority is available by calling (940)243-0077 or transportation is available via Trolley route service.

Linda McNatt Animal Care & Adoption Center

(Denton Animal Support Foundation Emergency Food Pantry)
3717 N. Elm St. I Denton, TX 76207
(940) 349-7594
www.dentonasf.com/pet-food-assistance
Check website for current hours of operation.

Program: Supports Denton County residents in caring for their pets by providing free pet food for those in need. Emergency Food Pantry is only able to provide what is available from donated supplies as resources are limited. This program is not set up to supply food permanently, and is for temporary assistance only.

Little Elm Area Food Bank

501 Bill St. I Little Elm, TX 75068 (972) 294-4061; (972) 754-0699 (Emergency Number Only)

www.leafb.org

Check website for current hours of operation.

Eligibility: Residents of Little Elm, including Hackberry, Lakewood Village, Oak Point, Cross Roads, Paloma Creek, Providence Village, 380 Area, and Denton County

Fees: None

Application Process: Submit to an interview and

completion of application

Area of Service: Little Elm, including Hackberry, Lakewood Village, Oak Point, Cross Roads, Paloma Creek, Providence Village, 380 Area and Denton County.

Program: Emergency food supply of about 2 weeks worth. Eligible to return 2 more times in 30 day intervals with a reduced amount of food given, after which referrals are made for long term assistance.

Little Elm Medical Clinic

730 E. Eldorado Pkwy. I Little Elm, TX 75068 (972) 292-3330 l www.littleelmmed.com Monday thru Friday: 8:30 am- 12:00 pm l 1:00 pm- 4:00 pm.

Eligibility: Services for acute and chronic illness for ages 13 and up

Fees: Call for fee information.

Application Process: Please call the office or visit the website for our new patient paperwork.

Area of Service: Residents of Little Elm and

surrounding areas

Program: Offers several medical services for patients older than 13 years of age. Most major insurances accepted. Please visit the website or call for more information.

Lovepacs

(469) 421-0292 | info@lovepacs.org www.lovepacs.org

Fees: None.

Application Process: Please contact us or visit the website for Denton County schools we serve.

Area of Service: Frisco, LISD East, Carrollton-Farmers Branch

Program: Lovepacs partners with schools to provide meals to food insecure economically disadvantaged students during school holidays.

Metro Relief

5201 S. Colony Blvd., Ste 545 I The Colony, TX 75056 (214) 705-3555 I www.metrorelief.org 8:00AM - 4:00PM - Monday through Friday

Outreach Services to People Experiencing Homelessness Eligibility: All persons experiencing homelessness.

Fees: None.

Application Process: Metro Relied staff and volunteers take mobile resources to provide food, clothing, hygiene

supplies to persons living unsheltered and provide mobile case management.

Area of Service: Southern Denton County and Dallas County

Metrocrest Social Services

1145 N. Josey Ln. I Carrollton, TX 75006 (972) 446-2100 I www.metrocrestservices.org 8:30AM - 5:00PM - Monday through Friday; 9:00AM - 1:00PM - Saturday

Emergency Assistance/Income Support, Financial Stability, Workforce/Employment Program, and Senior Programs Eligibility: Client must provide identification, proof of residency, proof of crisis and live in our Area of Service.

Fees: Sliding fee scale based on income for Senior Programs.

Application Process: Call to determine eligibility and for an appointment to be assigned a case manager/coach to complete assessment of needs.

Area of Service: Carrollton, Farmers Branch, Addison, Coppell and zip 75287 in Denton County Program: Emergency assistance available to qualifying clients: rent, water, electric, and food. Our Workforce/ Employment program provides job search assistance: resume, interview skills, soft skills, online job search. A computer lab is available and additional workshops and education/certification assistance if eligible. Financial Stability services include coaching and tools for budgeting, savings, credit building, debt management, asset management, and financial education.

Senior Home Repair

Eligibility: Adults 65 and over and live in our Area of Service Fees: Sliding fee scale based on income Application Process: Call to determine eligibility, case assigned to case manager/coach, case manager sets up home visit, case manager meets with client and completes assessment of needs.

Area of Service: Cities of Carrollton, Coppell, Addison and Farmers Branch and 75287 in Denton County. Families attending Carrollton Farmers Branch ISD or Coppell ISD that live outside our Area of Service.

Program: Home repair provides small adaptations and minor home repairs to increase home safety for seniors. Ramps, rails, grab bars and smoke detectors are some examples of home repair.

Senior Home - Delivered Meals

Eligibility: Adults 65 and over and live in our Area of Service. Fees: Sliding fee scale based on income

Application Process: Call to determine eligibility, case assigned to case manager/coach, case manager sets up home visit, case manager meets with client and completes assessment of needs.

Area of Service: Cities of Carrollton, Coppell, Addison, Farmers Branch, and 75287 in Denton County. Families attending Carrollton Farmers Branch ISD or Coppell ISD that live outside our Area of Service.

Program: Home Delivered Meals available Monday-Friday with wellness checks by volunteers.

Senior Transportation

Eligibility: Adults 65 and over and live in our Area of Service. Fees: Sliding fee scale based on income Application Process: Call to determine eligibility, case assigned to case manager, case manager/coach sets up home visit, case manager meets with client and completes

assessment of needs.

Area of Service: Cities of Carrollton, Coppell, Addison,
Farmers Branch, and 75287 in Denton County. Families
attending Carrollton Farmers Branch ISD or Coppell ISD

Program: Transportation provided for Medical and Food within our Area of Service as well as visits to Metrocrest Services.

MHMR Tarrant County

3840 Hulen St. I Fort Worth, 76107 (817) 569-4300

that live outside our Area of Service.

9:00AM-5:00PM

Eligibility: Parents with children 0-17.

Area of Service: Tarrant, Cooke, Denton, Ellis, Erath, Hood, Johnson, Navarro, Palo Pinto, Parker, Somervell, and Wise Counties

Program: Early Childhood Services: Child and Family Services (CFS) supports families with children from birth to age 6. Child and Family Services offers the following programs to support families of young children to build resiliency, access community resources, and enhance their child's growth and development. Early Childhood Intervention: Early Childhood Intervention: Early Childhood Intervention (ECI) provides services to families with children (birth to 36 months) who have developmental delays and disabilities. Help Me Grow: Help Me Grow promotes child development by working to successfully link families to community resources that meet their needs. Help Me Thrive: A new system of care to provide the best possible resources for all families with youth ages 6 up to 17 at no cost.

Metroport Meals on Wheels

428 US-377 | Roanoke, TX 76262 (817) 491-1141 | marketing@metroportmow.org www. metroportmow.org 9:00AM - 5:00PM - Monday through Friday

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Eligibility: Seniors experiencing food insecurity.

Fees: None.

Application Process: Contact us for information about services.

Area of Service: Southern Denton County including Argyle,

Bartonville, Flower Mound, Highland Village, Justn, Lantana, Copper Canyon, Double Oak, Northlake, Roanoke and Trophy Club.

Program: Home delivered meals to Seniors, Senior Center meals, Stockings for Seniors, Winter Meals, Staples for Seniors, Nutritional Supplements, Comfort Calls.

National Multiple Sclerosis Society - North Texas Office

1750 Valley View Ln., Ste 125 | Farmers Branch, TX 75234 (469) 619-4700; (214) 373-1400; (800) 344-4867 www.nationalmssociety.org

MS Navigator

Eligibility: Anyone living with MS

Fees: None

Application Process: Call (800) 344-4867 & select option 1 or visit www.nationalmssociety.org

Area of Service:

Program: Work together with a professional MS Navigator to meet the challenges of multiple sclerosis. Assistance with workplace issues, financial stress, treatment & therapy options, medical care needs, employment issues & more.

Financial Education Partners

Fees: None

Program: Take control of your finances. Professional financial advisors provide free help with budgeting, health and disability benefits, estate planning and more.

Crisis Assistance

Program: Take advantage of direct financial assistance to help you maintain mobility, independence, and safety as well as assistance with summer utilities, medical equipment and supplies, help in the home and more.

Library & Literature

Program: Provides access to accurate, current, and comprehensive information to people with MS and those who care about them.

North Central Texas College Career Services

1200 Parker Square I Flower Mound, TX 75028

Denton Campus location by appointment (940) 498-6259 I www.nctc.edu/career-services

Eligibility: Open to all NCTC students, alumni, and community members. Must be 14 years or older and a U.S. Citizen. Non-U.S. Citizens must be authorized to work in the U.S. Males must be registered in the U.S. selective service system.

Fees: none

Application Process: none Area of Service: Denton County Program: NCTC Career Services funds workforce training and job placement services with the outcome to increase wages and job retention through job search, job referral, job fairs, and job placement, special needs populations has activities targeted to assist groups of worker who are traditionally underrepresented in a given occupation, and training activities tied to work experience, internships, entrepreneurship, or job placement.

NextGen Counseling, PLLC

4325 Windsor Centre Trl. I Flower Mound, TX 75028 (940) 228-2171 I www.nextgencounseling.org 9:00 AM -9:00 PM Monday-Saturday

Eligibility: Children 8+, Teens, Young Adults, Adults Fees: NextGen Counseling is a private-pay clinic. We also provide sliding-scale services based on annual household income. Our session fees range from \$85.00 to \$125.00 per session

Application Process: Contact NextGen Counseling today at (940) 228-2171 to speak with one of our experienced therapists for a free consult

Area of Service: We are located in Flower Mound and provide services in Denton County and surrounding DFW areas.

Program: Our child therapists, teen therapists, and adult therapists specialize in therapy and counseling that deals with self-injury, depression, low self-esteem, anxiety, stress management, decision making skills, sexual abuse and more.

Next Steps The Colony

5204 S. Colony Blvd., Ste 200 l The Colony, TX 75056 (972) 445-7770 www.nextstepstc.org 10:AM -2PM Tuesday-Thursday

Eligibility: Children, youth and adults Fees: None

Application Process: Contact Next Steps The Colony for an appointment.

Area of Service: We are located in The Colony and provide crisis services to The Colony residents.

Program: Next Steps case management services are by appointment only and address needs related to housing, substance abuse, family issues, employment coaching, mental health, transportation and documentation.

Nexus Recovery Center, Inc.

8733 La Prada Dr. I Dallas, TX 75228 (214) 321-0156; (800)865-2224 www.nexusrecovery.org 8:00AM - 6:00PM - Monday - Friday

Residential and Outpatient Substance Abuse Treatment 8:00 AM - 6:00 PM - Monday - Friday

Eligibility: Female clients over the age of 13 and as many as three of their accompanying children

Fees: Case by case basis Application Process: Varies Area of Service: All areas

Program: Nexus offers three residential programs: Adult Women (women ages 18 and up admitted into residential treatment without children), Pregnant and Parenting Women with Children (women ages 18 and up admitted into residential treatment with up to three children under the age of 12), and Adolescents (teenage girls between the ages of 13 and 17 seeking substance abuse treatment for themselvess. We can accommodate pregnant adolescents as well as adolescents with children). We have licensed childcare center on campus where children receive care while their mom is in treatment during the day. Within all treatment programs we offer counseling and case management, life skills training, STD/HIV testing and education, psychiatric services, family therapy and education, and parenting classes.

North Central Texas Area Agency on Aging

616 Six Flags Dr. I Arlington, TX 76011 (800) 272-3921

www.nctcog.org/aging-services 8:00 AM-5:00 PM Monday-Friday

Long TermCare Ombudsman

Eligibility: Residents of nursing homes/assisted living Fees: none

Application Process: call (800) 272-3921

Area of Service: Collin, Denton, Ellis, Erath, Hunt, Hood, Johnson, Kaufman, Navarroo, Palo Pinto, Parker, Rockwall, Somervell, or Wise Counties

Program: Help resolving complaints and addressing concerns regarding residents' rights, provides information and referral, help understanding and access public and private benefits, temporary assistance with in-home services following a hospitalization, caregiver education, support for grandparents raising grandchildren, advocate for nursing home residents, help for nursing home residents who wish to return rn to the community, fall prevention, and chronic disease self-management classes.

Aging and Disability Resource Center

(877) 229-9084

Eligibility: Older adults, persons with disabilities, and family caregivers

Fees: none

Application Process: call (877) 229-9084

Area of Service: Collin, Denton, Ellis, Erath, Hunt, Hood, Johnson, Kaufman, Navarroo, Palo Pinto, Parker, Rockwall, Somervell, or Wise Counties

Somervell, or Wise Counties

Program: Help identifying and access long-term services and supports

Benefits Counseling

(800) 272-3921

Eligibility: Persons age 60 and over, Medicare beneficiaries of any age

Fees: none

Application Process: call (800) 272-3921

Area of Service: Collin, Denton, Ellis, Erath, Hunt, Hood, Johnson, Kaufman, Navarroo, Palo Pinto, Parker, Rockwall, Somervell, or Wise Counties

Program: Help understanding and accessing public benefits (e.g. medicare and medicaid) and private benefits (e.g. long-term care insurance); help and advocacy with consumer protection issues.

Caregiver Support

(800) 272-3921

Eligibility: Caregivers of persons age 60 and over and grandparents at least age 55 with primary custody of grandchildren under the age of 18. We give priority to caregivers who live in the same household as the care e receiver, are the only source, care for their grandchildren. Fees: none

Application Process: call (800) 272-3921

Area of Service: Collin, Denton, Ellis, Erath, Hunt, Hood, Johnson, Kaufman, Navarroo, Palo Pinto, Parker, Rockwall, Somervell, or Wise Counties

Program: Temporary assistance with respite care, counseling, minor home repair, durable medical equipment etc.

North Texas Youth Connection

1602 E. Lamar St. I Sherman, TX 75090 (903) 893-4717 I (800) 568-7776 www.ntxyouthconnection.org 8:00 AM-5:00 PM Monday-Friday

Emergency Youth Shelter

24/7

Eligibility: Youth ages 10-17 who are homeless, abused, runaway

Fees: none

Application Process: call for information
Area of Service: North Texas/Grayson County
Program: The 14-bed temporary shelter for males and
females ages 10-17 provides runaway, homeless and abused
youth with a safe place to stay until they can be reunited
with their family or alternative living arrangements can be
secured.

Northwest Christian Community Services

108 Pecan St. I Roanoke, TX 76262 (817) 491-4451 9:00AM - 2:00PM - Monday - Wednesday

Northwest Christian Community Services Area of Service: Northwest Independent School District Program: Provides food, commodities, clothing, household items and some utility assistance. Donations are accepted.

Roanoke Food Pantry

Eligibility: Low-income families in need of food.

Program: Provides staple food supplies to families/
individuals who are in an emergency situation. The center
accepts donations of food and contributions of money,
which is used to buy needed commodities.

Northwest ISD Student Support Services

2001 Texan Drive I Justin, TX, 76247 817-215-0000 I www.nisdtx.org/ 8 AM – 5 PM, Monday – Friday Eligibility: Any Northwest ISD students, parents, or teachers who are also parents that need support and well-being services.

Fees: None

Area of Service: Northwest ISD

Program: Services for Northwest ISD students, parents, and teachers include school counseling and mental health resources (counseling services provide a comprehensive school-counseling program that promotes the academic, college/career, social/emotional growth of all students), and student services (student services provide services and support for At Risk, 504, RTI, McKinney-Vento (homeless), foster, pregnancy-related services, Family Involvement, Parents as Teachers, Homebound Services, Summer School, Student Handbook and Code of Conduct, AVID, Title IX and any additional identified federal or compensatory programs or support needs).

NTX Community Food Pantry

5201 S. Colony Blvd., Ste 650 l The Colony, TX 75056 (469) 514-9065 l www.ntxcfp.org Monday & Wednesday 9AM – 12PM Thursday 4:30PM – 6:30PM Eligibility: Food-Insecure

Fees: None

Area of Service: The Colony, Southeast Denton County and

Surrounding Areas

Program: The NTX Community Food Pantry serves over 450 families each month who experience food insecurity in their homes due to a variety of reasons: including low-income families, single parents, senior citizens, unemployed individuals, disabled veterans, and anyone else who comes to the pantry seeking food assistance. Guests may visit the pantry once a week to receive supplemental help with groceries. We have always been a client choice pantry by giving guests the opportunity to choose their own groceries according to their needs. Pet food is distributed when available.

OpenDoor Counseling and Assessment Services

109 S. Woodrow Ln., Ste #5 | Denton, TX 76205 (940) 565-0939 | Intake/New Client - Ext 102 www.opendoortexas.com

Fees: Vary

Area of Service: Denton and Outlaying Counties Program: Treatment of and assessments for juveniles and adults with sexual behavior problems including sexual offenses. Family services related to those issues. Safety plans, parenting training, drug and alcohol evaluations, and treatment.

Opening Doors International Services

2200 N. Bell Ave. I Denton, TX 76209 (940) 382-0096 I Info@odisinc.org

www.odisinc.org

By appointment Tuesday - Saturday, 9:00AM - 5:00PM; Walk-ins Saturday 9:00AM-12:00PM

Eligibility: Immigrant families who by immigration law have a legal immigrant benefit available to them Fees: Contact agency

Application Process: Call to set appointment for consultation, or stop by Saturday mornings without an appointment

Area of Service: International

Program: Providing humanitarian and expert legal immigration and naturalization services in a safe and supporting environment and is dedicated to serving clients regardless of financial limitations and without regard to race, religion, gender, national origin, age or disability. Services include: Family Petitions/Residency, Naturalization/Citizenship, Deferred Action for Childhood Arrivals, Consular Processing, Advanced Parole, Asylum Consultations, Fiancé Visas, Travel Visas, Student Visas, Employment Visas, T-Visas for survivors of trafficking, U-Visas for Survivors of violent crime, Violence Against Women self-petitions, Renewal of Green Cards, Special Juvenile Immigrant Visas (Unaccompanied Minors,) Humanitarian Outreach & Missions to Central America, Human Trafficking education and outreach.

Operation Kindness Pet Food Pantry

3201 Earhart Dr. I Carrollton, TX 75006 (972) 418-7297

www.operationkindness.org/pet-food-pantry

Program: Provides temporary food assistance to help families in need feed their pets. Offers free dog and cat food, litter and other supplies based on availability.

Guidelines: review all the program guidelines and complete the application online. Once your application is approved, food provided for up to three months. After this three-month period, you'll be required to submit a new application.

Our Daily Bread

909 N. Loop 288 | Denton, TX 76209 (940) 566-1308 | www.ourdailybreaddenton.org

Day Shelter: Daily, 8AM - 7:30PM

Emergency (overnight) Shelter: Daily, 4PM - 8AM (Check website to verify hours of operation.)

Mealtimes:

Breakfast daily, 8AM – 9 AM Lunch daily, 11:30 AM – 1PM Dinner daily, 5:30 PM - 7PM

Fees: None

Area of Service: City of Denton

Program: (May be subject to change & availability)

Prescription medication assistance; Hygiene items

Weekend Snack Pack Program; Food for pets; Bus passes for transportation to medical appointments, job interviews, and appointments with other social services; On-site access to showers; Financial assistance to help guests receive Texas DPS Identification Cards or other identifying documents; Free computer use for job searches and to keep in touch with family; Long distance and local telephone service; Referrals to other social service agencies for medical care, prescriptions, clothing, housing assistance, and utility assistance

Mail service, including receiving, sorting, and distribution of mail; Application assistance for SNAP (food stamps), CHIPS, and MHMR; On-site representatives from various social services agencies, such as VA Assistance, Tarrant Area Food Bank, SNAP, Health Services of North Texas, and Prevent Blindness Texas.

On-site access to laundry machines

PediPlace

502 S. Old Orchard Ln., Ste 126 I Lewisville, TX 75067 7989 Beltline Rd., Ste 120 I Dallas, TX 75248 (972) 436-7962 www.pediplace.org 8:00 AM - 5:00 PM - Monday- Friday

Open until 8:00 PM - Tuesdays

Closed for lunch: 12:30 and 1:30 PM

Pediatric Primary Health Care 502 S.Old Orchard Ln., Ste 126 | Lewisville, TX 75067 (972) 436-7962

Eligibility: Birth through 18 years old, Medicaid, CHIP, and uninsured

Fees: Low cost pediatric medical services for children who are uninsured or who receive Medicaid or CHIP benefits Application Process: New patient medical history, permission, and other intake forms available on our website www.pediplace.org; call for appointment Area of Service: Denton and North Texas counties Program: Preventative Care, Chronic illnesses & complex medical conditions, Mental Health needs, Family Care Fund

Phoenix House of Dallas

2345 Reagan St. I Dallas, TX 75219 (844) 748- 3927 I www.phoenixhouse.org/texas 9:00 AM-5 PM Monday-Friday Clients can call 24/7

Eligibility: Boys and Girls ages 13-17, no income level exclusions. Accept private insurance, self-pay, North STAR, and CHIP, and try to assist those without funding. Fees: Call for more information

Application Process: An appointment for an assessment is made; a one to two hour assessment is performed and a level of care recommendation is made; if appropriate they are admitted; if not appropriate for our services community referrals are given...

Area of Service: North and Central Texas, Out Patient for Adults in Houston

Program: Phoenix House of Dallas - Feinberg Academy is a residential treatment facility that serves adolescent males and females ages 13-17 who struggle with substance abuse as well as co-occuring mental health issues.

Pilot Point ISD Guidance and Counseling

829 S. Harrison St. I Pilot Point, TX, 76258
940-686-8700 I www.pilotpointisd.com/
7:45 AM - 4:30 PM, Monday - Friday
Eligibility: Any Pilot Point ISD students or parents who
wish to promote educational success and seek emotional
support.

Fees: None

Area of Service: Pilot Point ISD

Program: Services for Pilot Point ISD students and parents include a character education program, a bullying/safety tip line, a parent education series, academic advisement, counseling resources, parent resources, social emotional learning, a community resource list, and McKinney Vento (homeless) resources.

Pilot Point Senior Center

310 S. Washington St. I Pilot Point, TX 76258 (940) 686-2639 8 AM – 5 PM Monday - Friday

Area of Service: Northeast Denton County Program: Provides physical fitness program, educational and recreational activities, health and social services and noon meals through the cooperative efforts of SPAN and various community organizations. Contributions requested but not required. Advance reservations necessary for meal services.

Planned Parenthood- Denton Health Center

2436 S. I-35, Ste 340 I Denton, TX 76205 (940) 891-0737 I (800) 891-PLAN(7526) Appointments: www.docasap.com www. plannedparenthood.org

Fees: Please call for prices. Accept self-pay and some insurances.

insurances.

Area of Service: All counties

Program: Provides confidential, high quality, low cost health

care services to all, both male and females.

Ponder ISD Student Services

400 West Bailey St. I Ponder, TX, 76259
940-479-8200 I www.ponderisd.net/Page/1
8 AM – 4 PM, Monday – Friday
Eligibility: Any Ponder ISD students or parents seeking
resources and services to support their child's performance
and well-being.

Fees: None

Area of Service: Ponder ISD

Program: Services for Ponder ISD students and parents include student assessment resources, gifted and talented resources, resources for students with dyslexia, special education services, an English as a second language resource, health/nursing services, child nutrition resources, and a bullying and safety concerns resource.

Primary Care Clinic of North Texas

560 W. Main St., Ste 201 l Lewisville, TX 75057 (972) 221-6005 l www.primarycareclinic.org 8:30 AM-5:00 PM Monday-Friday, 8:30 AM-12:30 PM Saturday

Eligibility: 13 and above years of age. With no insurance or underinsured.

Fees: General Office Visit: \$50, Blood Work basic Panel: \$58, Routine Blood Tests: \$10-\$20 each, Pap Smear(includes office visit):\$105, EKG; Initial Visit for Rheumatology:\$75, follow ups \$50

What to expect on your first visit: www.primarycareclinic. org/patient-information

Ranch Hands Rescue Counseling Center

8827 US-377 I Argyle, TX 76226 (940) 240-0500 I www.ranchhandsrescue.org 9:30 AM-5:00 PM Monday- Sunday

Fees: \$0-\$160

Application Process: Call (940) 240-0500 or email therapy@

ranchhandsrescue.org
Area of Service: 5 and above

Program: Provides mental health counseling using a variety of effective treatment modalities, the main on being equine/animal assisted counseling. The other treatment modalities we use include: eye Movement Desensitization Reprocessing(EMDR), Cognitive Behavioral Therapy, Additions RHR counseling helps people address the following issues including but are not limited to: trauma from physical and sexual abuse, sex trafficking, anger management, substance abuse, eating disorders, depression, anxiety, grief, loss, bullying, relationship problems, veterans and their families dealing with PTSD, and other mental health issues. We provide counseling services 7 days a week and take most insurances. We do have a scholarship program for indigent or low-income families. The information is on our website.

REACH of Denton

405 S. Elm St., Ste 202 I Denton, TX 75201 (940) 383-1062 I www.reachcils.org 8:00AM-5:00PM Monday-Friday

Eligibility: Individuals with disabilities

Fees: none

Application Process: call for an application

Area of Service: Denton

Program: Resource Center on Independent Living, REACH, which stands for Rehabilitation, Education, Advocacy for Citizens with disabilities (formerly handicaps) is a non profit corporation with the mission of providing services to people with disabilities and education to the general public on disability related topics. Information and referral, peer counseling, skills training, advocacy assistance and training, technical assistance and training in complying with the

American Disabilities Act(ADA), Loaner Equipment(wheel chairs, walkers, visual aids), social/recreational activites, Support Group, Community education on disability related topics and workshops.

Riding Unlimited

9168 T.N. Skiles Rd. I Ponder, TX 76259 (940) 479-2016 I www.ridingunlimited.org 9:00 AM - 5:00 PM - Monday - Friday

Eligibility: Therapeutic horsemanship participants must be at least 4 years of age with emerging head and trunk control. Requires a physician release. Hippotherapy (physical therapy on horseback) participants must be 2 years of age, requires a physician's prescription and physical therapy assessment.

Fees: Therapeutic horsemanship 10-week session: \$375; sliding scale scholarship available. Hippotherapy sessions are \$160 for initial evaluation, \$100 for each one-hour session; sliding scale scholarships available.

Area of Service: North Texas area

Program: Riding Unlimited is a PATH Int'l Premier Accredited Center and is licensed by the State of Texas as a Physical Therapy provider. Riding Unlimited's therapeutic horsemanship riding program is dedicated to enabling the North Texas disabled community by enhancing their physical, social, educational, and emotional abilities.

RSVP Denton County (Retired Senior Volunteer Program)

4208 N I35, Ste D-5 I Denton, TX 76207 (940) 383-1508 | www.rsvpserves.org Monday - Friday 9:00 AM-4:00 PM

Eligibility: Adults 55 and older

Fees: None

Application Process: Apply for membership

Area of Service: Denton County

Program: RSVP mobilizes adults 55 and over to address community needs by volunteering at non-profit agencies, governmental entities and health care facilities.

Sage Care Therapy Services

100 Decker Ct., Ste 191 | Irving, TX 75062 (214) 295-5374 l www.sagecaretherapy.com 9:00 AM - 5:00 PM - Monday - Friday

Infant/Toddler Program Eligibility: Eligibility: Children ages 0-21 Area of Service: Dallas/Fort Worth Metroplex Program: Sage Care therapists work with children in their home environments, where children feel the most comfortable. They use specialized play a and family education to help the children become independent,

contributing members of families and communities.

(The) Salvation Army, Denton Corps

1508 E. McKinney St. I Denton, TX 76209 (940) 566-3800 l www.salvationarmydenton.org 1:00 PM - 4:00 PM - Monday - Friday

Social Services

Eligibility: Meets government poverty guidelines

Fees: None

Area of Service: Denton County

Program: Provides services for individuals and families in need of food, clothing, inter-city transportation, and referral services. To qualify you must provide a current photo ID.

Multilingual Services: Spanish

Emergency Night Shelter Daily 5:00 PM- 7:00 AM

Eligibility: 18+ years of age with photo identification Application Process: Intake packet includes an application, drug and alcohol screen, and sex offender registry check.

Area of Service: Denton

Program: The emergency night shelter is designed for individuals seeking temporary housing. Clients utilizing the shelter have access to showers, dinner and breakfast, hygiene products, and case management services.

Food Pantry

Wednesdays and Fridays 1:00 PM-3:45 PM Eligibility: Northern Denton County resident Application Process: Application packet, photo ID, proof of lease, and proof of all persons in household size Area of Service: Northern Denton County Program: Monthly groceries are provided based on household size. Clients meet with a case manager to discuss needs, goals, and other local resources. Groceries may include dry/canned goods, fresh produce, dairy, and hygiene items (all based on availability). Clients are able to access services every 30 days.

(The) Salvation Army, Lewisville

880 Fox Ave. I Lewisville, TX 75057 (972) 353-9400 I www.TheSalvationArmydfw.org 9:00 AM-12:00 PM and 1:00 PM-4:00 PM Monday-Thursday, 9:00 AM-12:00 PM Friday. Free Lunch: Served to the community 12:00 PM-1:00 PM Monday-Friday

Eligibility: Proof of residence - ID/Social Security for each family member - Income/Expenses Area of Service: Lewisville, Flower Mound, The Colony, Carrollton, Highland Village

Program: Food Pantry Mon - Thurs 9 am-4 pm Fri 9 am-Noon; Clothing Assistance Tues + Thurs 9 am-4 pm by Appointment; Snack Bags for homeless individuals Mon -Fri Noon to 1 pm; School Supplies; Lunch Program Mon - Fri Noon – 1 pm (for those families and individuals within the community that struggle from month to month to feed their family.)

Sanger Bargain Depot & Crisis Center

400 Locust St. I Sanger, TX, 76266 940-453-5166

12:30 PM - 3:45 PM, Mondays, Tuesdays, Fridays

Eligibility: Any Sanger citizen in need of assistance that will help them meet their basic needs or other necessities.

Fees: Varies

Area of Service: Sanger, TX

Program: Services for Sanger individuals include assistance with clothing, food, and monetary help for medication, utilities, gasoline, and any other necessities.

Sanger ISD Student Services

601 Elm St. I Sanger, TX, 76266 940-458-7438 I www.sangerisd.net/ 8 AM – 4 PM, Monday – Friday

Eligibility: Any Sanger ISD student who needs additional support with meeting all their social, emotional, and basic needs

Fees: None

Area of Service: Sanger ISD

Program: Services for Sanger ISD students include health services, nutrition services, safety and security services, and homelessness (McKinney Vento) services.

Sante Center for Healing

914 County Club Rd. I Argyle, TX 76226 (866) 238-3154 I www.santecenter.com

Eligibility: Individuals and families who seek recovery from addictive behaviors

Fees: Vary

Application Process:

Area of Service: Nationwide

Program: The mission of the Sante Center for Healing is to address addictive behaviors and associated conditions with an integrated addiction treatment model, drawing from traditional and innovative approaches. Provide treatment with integrity, promoting wellness for the patient, family, and piblic and a sage and pleasant setting.

Senior Adult Services (Division of Metrocrest)

13801 Hutton Dr., Ste 150 I Farmers Branch, TX 75234 (972) 446-2100 I www.senioradultservices.org 8:00 AM-5:00 PM Monday-Friday; 9:00 AM-1:00 PM – Saturday

Home Repair

Eligibility: Adults over 60 and caregivers ad living in service

Fees: Sliding Scale fees based on income

Application Process: Call information, case assigned to case manager, case manager sets up home visit, case manager meets with the client and completes assessment of needs. Area of Service: Cities of Carrollton, Coppell, Addison and Farmers Branch

Program: Home repair provides small adaptations and minor home repairs to increase home safety for seniors. Ramps, rails, grab bars and smoke detectors are some examples of home repair. Exterior home maintenance for low-income seniors.

Home - Delivered Meals

Program: Home Delivered Meals delivered Monday-Friday with welfare checks by volunteers.

Transportation

Program: Transportation provided by 4 lift-equipped vans as well as volunteer drivers, Monday-Friday throughout the cities and extends to 5 miles outside city limits.

Program: Case Management with home visit to determine needs and appropriate resource referrals. On-going contact and assistance available.

(The) Shepherd's Hand

1123 Fort Worth Dr., Ste 101A | Denton, TX 76205 (940) 435-8860 | www.theshepherdshand.org 1:00 PM-4:00 PM - Monday-Friday

Eligibility: Any person needing food

Fees: None

Application Process: Name, address, number of people in household, do you have a stove, refrigerator, microwave Area of Service: Denton County

Program: We give out food to take home daily - each guest may come everyday Monday through Friday 12:00 PM to 5:00 PM. We offer prayer and any help we can to our guests. We have coffee for them to come in and visit and get to know us and feel safe here.

(The) Shepherd's Storehouse

1189 S. Hwy 377 I Pilot Point, TX 76258 (940) 686-2620 | (940) 765-8055 8:30 AM - 12:00 PM - Monday, Wednesday, ad Friday; phone answered 24 hours

Eligibility: Anyone in legitimate need

Fees: None

Application Process: Simple form, driver's license, and last four digits of the social security number.

Area of Service: Pilot Point, Tioga, Aubrey, Krugerville, Green Valley, Lincoln Parks, Providence, and Savannah Program: We consider all needs, only medical, food, utilities, clothing and gasoline. Please contact for more information.

Singing Oaks Church of Christ

101 Cardinal Dr. I Denton, TX 76209 (940) 387-4355 I www.singingoaks.org Food Pantry 3:00 PM - 5:00 PM - Tuesday and Thursday; Clothing Room 8:30 AM - 11:00 AM - Tuesday

Eligibility: Amount of assistance varies by family size Fees: No fees

Application Process: Prospective clients may apply in office Area of Service: Denton County - North of Lake Lewisville Program: Provides nonperishable and some frozen meats and vegetables. Clothing is free but limited to 4 pieces per family member. Provides prescription drug assistance for routine medical treatment. Bicycles for the homeless upon availability. Reference materials for GED and ESL studies through DISD. Provides 12-step recovery program.

Social Security Administration

2201 Colorado Blvd. I Denton, TX 76205 (888) 717-1530; (800) 772-1213; (888) 717-1530 www.ssa.gov 9:00 AM - 4:00 PM - Monday - Friday

Social Security Administration

Eligibility: Anyone needing Social Security services or assistance

Area of Service: Denton and Wise counties Program: Assists residents of Denton and Wise counties in filing for retirement, survivor, disability and Medicare benefits. Assists in establishing eligibility for Supplemental Security Income benefits for the aged, blind, and disabled. Helps anyone secure a Social Security number or to make changes on an existing number.

Someone Cares Advocacy and Pregnancy Center of Lewisville

609 S. Charles St. I Lewisville, TX 75057 (972) 436-1981 | www.somecaresoftexas.org Pregnancy Center Hours: Tues.- Fri.10a.m - 3p.m.

After School Hours: Mon. - Fri. 3p.m.- 6p.m.

Eligibility: Serve females of all ages

Fees: None

Application Process: Walk-ins Tuesday-Friday, Saturday requires an appointment. Clients will fill out forms upon arrival.

Program: Pregnancy Test, Verification of Pregnancy with urine test (sonogram isn't required) for Medicaid. Earn as you Learn: If you attend classes you have access to baby resources such as baby clothes, baby food, diapers, car seats, beds etc... Teen sexual education classes. Prenatal care, referrals to obtain free sonograms. They help provide assistance in obtaining SNAPS, CHIPS, and Medicaid.

Southwestern Diabetic Foundation, Inc. I Camp Sweeney

Camp Address: 10687 FM 678 I Whitesboro, TX 76273

Mailing Address: P.O. Box 918 | Gainesville, TX 76241 Phone: (940) 665-2011 info@campsweeney.org www.campsweeney.org

8:00 AM-5:00 PM- Monday-Friday

Eligibility: Children who have diabetes or are at risk of developing diabetes, Summer 3-week sessions ages 5-18, Tot Camp Weekend ages 3-5

Fees: Camp fees (see online www.campsweeney.org), financial aid available

Application Process: Online application required at www. campsweeney.org

Area of Service: Open

Program: Camp Sweeney is the premiere diabetes treatment and training facility for children who have diabetes or who are at risk of developing diabetes. This residential summer camp provides medical treatment and diabetes and nutritional education in a fun outdoor camping experience.

SPAN (Special Programs for Aging Needs) & Meals on Wheels of Denton County

1800 Malone St. I Denton, TX 76201 Main Office: (940) 382-2224 | 9AM - 5PM M-F

span@span-transit.org

Transportation: (940) 382-1900

www.span-transit.org

Meals on Wheels of Denton County 10:30 AM - 12:00 PM - Monday - Friday Eligibility: Age 60+ & people, homebound

Fees: Optional donation of \$2.00

Application Process: Phone screening and in-home

assessment

Area of Service: Denton County

Program: A hot nutritious noon meal is delivered to homebound clients M-F. Volunteers are utilized to deliver meals throughout Denton County.

Senior Paws Program supports the needs of pet-owning Meals on Wheels clients by providing monthly pet food supplements. www.span-transit.org/senior-paws SPAN Transit

7:00 AM - 6:00 PM - Monday-Friday

Eligibility: Seniors age 60+, individuals with disabilities, veterans & general public

Fees: \$2.50 each way for seniors & people with disabilities; \$5 general public

Application Process: Call for application

Area of Service: Denton County (Argyle, Aubrey, Carrollton, Hebron, Justin, Little Elm, Ponder, Pilot Point, Roanoke,

Sanger, The Colony, & Trophy Club)

Program: SPAN provides demand/response transportation in wheelchair life equipped buses. Advance reservations (24 hours minimum; 2 days preferred) required. Service is also provided for Denton County veterans to the VA hospitals in Dallas & Fort Worth.

Congregate Meals at Senior Centers

Eligibility: Anyone aged 60 or older and spouse Fees: No fee for those over 60; \$6 for those under 60 years of age.

Application Process: Short application at meal site Area of Service: Denton, Lewisville, Little Elm, Pilot Point, Sanger, The Colony.

Program: Group lunches are provided Monday-Friday at seven area senior centers in Denton County. Meals provide 1/3 of the recommended daily nutrition intake and the opportunity for socialization. Nurition education is included.

Special Abilities of North Texas

1511 Justin Rd., Ste B | Lewisville, TX 75077 (972) 317-1515 | (214) 984-0326 www.specialabilities.net 7:30 AM - 5:30 PM - Monday - Friday

Eligibility: People with Developmental Disabilities, 18 years or older.

Fees: Daily rate. We accept Medicaid waiver programs and HCS and TxHML providers.

Application Process: Contact the agency to arrange a tour of our facilities, then complete a client intake packet Area of Service: Denton County and surrounding areas Program: Our mission is to provide the highest quality care, training, and support to adults with special needs, giving them opportunities to succeed in life, family, and the community, while offering respite to their caregivers. We provide programs in five key areas: Home and Independent Living Skills, Pre-vocational and Vocational Training, Creative Arts, Health and Fitness, and Community Inclusion

and Social Development.

Stepping Stones

2200 N. Bell Ave. I Denton, TX 76209 Wednesday 1:30PM - 3:00PM (during the academic year)

Eligibility: Services to the elderly and their families; some people with disabilities

Fees: No cost

Application Process: Call Geri Sams, LCSW, CMC Program: Stepping Stones is an active socialization and activity program for persons at early stage. It is conducted by Occupational Therapy professors and graduate level occupational therapy students from Texas Woman's University along with community volunteers. Stepping Stones meets once a week at Trinity Presbyterian Church in Denton.

Suicide and Crisis Center

2808 Swiss Ave. I Dallas, TX 75204 (214) 824-7020 I www.sccenter.org Crisis Line: (214) 828-1000 I (800)273-8255 9:00 AM - 5:00 PM Monday-Friday

Survivors of Suicide

Varied

Eligibility: No restrictions

Fees: None

Application Process: Call (214) 824-7020 or email SOS@

sccenter.org

Area of Service: serving all North Texas Counties Program: Eight-week grief support groups for those who have lost a loved one to suicide. Followup groups and support. Available for postventions for groups and businesses. Publications are available

Texas A&M Agrilife Extension Service

Joseph A. Carroll Building 401 W. Hickory, Ste 125 | Denton, TX 76201 (940) 349-2882; (940) 349-2884 - Agriculture www.denton.agrilife.org 8:00 AM - 5:00 PM - Monday - Friday

Texas Department of Family and Protective Services

535 S. Loop 288, Ste 2001 | Denton, TX 76205 (940) 381-3400 | (940) 387-8544 Hotline (800) 252-5400 www.dfps.state.tx.us 8:00 AM- 5:00 PM Monday-Friday Multilingual Services: American Sign Language

Eligibility: Families

Area of Service: Denton County

Program: Investigates allegations of child abuse or neglect involving Denton County. Provides ongoing services to families and children of abuse or neglect in their own home. Provides social and rehabilitative services to children that have been placed in substitute care as a result of abuse or neglect. For emergency after hours and on weekends, call local law enforcement.

Fees: Patients receive treatment regardless of the family's ability to pay.

Application Process: Patients must be referred by a physician

Area of Service: Texas

Program: Texas Scottish Rite Hospital for Children is one of the nation's leading pediatric centers for the treatment of orthopaedic conditions, certain related neurological disorders and learning disorders, such as dyslexia. Admission is open to Texas children from birth to 18 years of age. Patients receive treatment regardless of the family's ability to pay.

Texas Department of Health Services

1301 S. Bowen Rd., Ste 200 I Arlington, TX 76013 (817) 264-4624 Regional Office

Children with Special Health Care Needs
Eligibility: Children with special health care needs
Area of Service: Denton County
Program: A state agency that provides and oversees
coverage for medical care, prescriptions, and equipment
for children with special health care needs up to 21 years of
age, or with Cystic Fibrosis at any age. Case management
services are available to any family with a child with special
health care needs.

Texas Health and Human Service Commission

3612 E. McKinney I Denton, TX 76209 (940) 320-5700 I www.hhsc.state.tx.us 8:00 AM - 5:00 PM Monday - Friday

Eligibility: According to State/Fed guidelines

Fees: None

Area of Service: Denton County

Program: Provides support services for low-income families including food stamps, TANF, Medicaid (child and pregnant women Medicaid) and nursing home care through Medicaid assistance in locating food, clothing and dental care for children. They make referrals to appropriate agencies when additional services are needed. Additional services include protective services provided for aged and adults with disabilities and Childcare licensing.

Texas Scottish Rite Hospital for Children

2222 Welborn St. I Dallas, TX 75219 (214) 559-5000 I (800) 421-1121 www.tsrhc.org Clinic Hours: 8:00 AM - 4:30 PM Monday- Friday

Eligibility: Texas residents from birth up to 18 years of age; Luke Waites Center for Dyslexia and Learning Disorders patients must be between the ages of 5 and 14 years.

North Central Texas Workforce Solutions

5800 I-35 N, Ste 100 I Denton, TX 76207 (940) 382-6712 I www.dfwjobs.com

Eligibility: Individuals needing job referral/placement Area of Service: Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell, and Wise Counties

Program: Provides job referral/placement services, labor market information and employment counseling for all Texas job seekers. Priority focuses on assisting veterans, workers with disabilities, parolees, probationers, older workers, and other special applicant groups. Utilizes a statewide computerized job-matching system (workintexas. com) which provides information on job listings and childcare referrals.

Theracare Home Health

16750 Westgrove Dr., Ste 300 I Addison, TX. 75001 (972) 434-9400 I www.cantexcc.com

Eligibility: Individuals needing home care

Area of Service: Metroplex

Program: Provides in-home care to those who are under physicians' orders or through private pay services. Serves the Denton County area for Carrollton in the southern section, to Sanger in the northwestern coverage begins east of Decatur and east to Crossroads.

Therapy 2000

2535 Lonestar Dr. I Dallas, TX 75212 (214) 467-9787 I (877) 688-2520 www.t2000.com 8:00 AM- 4:00 PM Monday-Friday

Eligibility: Children under age 21
Fees: Services are billed to medical insurance (including medicaid), copays, or private pay
Application Process: Call or email for services and the intake coordinator will assist

Area of Service: DFW, Tyler, Houston, San Antonio, Austin, Amarillo

Program: Offers a variety of pediatric therapy services to children in Texas. We offer in-home care occupational therapy, physical therapy, and speech-language pathology from infancy to adolescence (0-21 years) in Texas. We treat many diagnoses, including but not limited to, speech/language delay, feeding and swallowing disorders, developmental delay, cerebral palsy, autism spectrum disorder, prematurity, congenital disorders, neurological disorders, down syndrome, sensory processing disorders, ADD/ADHD, and more.

TWU Counseling and Family Therapy Clinic

TWU Campus, Woodcock Hall Room 114 Denton, TX 76201 (940) 898-2600 l www.twu.edu/famsci 12:00 PM-8:00 PM Monday, 9:00 AM-8:00 PM Tuesday-Friday, 9:00 AM-3:00 PM Saturday

Eligibility: All income levels, age 3-adult
Fees: assessed on a sliding scale
Application Process: Telephone the clinic at (940)898-2600
Area of Service: Denton and surrounding counties
Program: Provides counseling to individuals, couples,
families including play therapy for children and therapy
with adolescents and adults who are experiencing personal
or relationship difficulties. Groups are provided for children
and adults. Fees are on a sliding scale based on gross family
income and family size.

TWU Dental Hygiene Clinic

TWU Denton - MCL Building- First floor Room 102 Denton, TX 76204 (940) 898-2888 I www.twu.edu/hs/dh/clinic.asp Call for appointment

Eligibility: 4 years or older

Fees: Fees vary, call for information

Area of Service: Denton and the surrounding areas Program: Offers teeth cleaning, fluoride treatment, sealant, plaque control and full mouth X-rays to students and residents of Denton and the surrounding areas. Services are offered at a reduced cost because students provide them in a learning situation. Keep in mind these appointments are up to 4 hours in length. Anyone who schedules an appointment must be able to return if necessary to complete treatment.

TWU Integrated Clinic for Behavior and Learning Evaluation

TWU Campus, Woodcock Hall Room 114 Denton, TX 76201 (940) 898-2600 l www.twu.edu/famsci 12:00 PM-8:00 PM Monday,10:00 PM-8:00 PM- Tuesday-Friday, 9:00 AM-3:00 PM- Saturday

Eligibility: All ages Fees: Sliding scale

Area of Service: Denton and surrounding counties Program: To provide assessments to the Denton community and surrounding counties at a reasonable cost.

TWU Speech, Language and Hearing Clinic

1314 Bell Ave., MCL Building Room 106 Denton, TX 76201 (940) 898-2285

www.twu.edu/communication-sciences/clinics 8:00 AM - 5:00 PM - Monday - Friday (Office Hours); 9:00 AM - 11:00 AM and 1:00 PM - 4:00 PM - Monday - Friday (Therapy Appointments)

Eligibility: Individuals with communication disorders Fees: Therapy \$25.00/50 minute session. Evaluation \$75.00 Application Process: Complete and send in case history form available on our website

Area of Service: Denton

Program: Child and adult speech and language evaluation and therapy. Child and adult hearing evaluation, auditory therapy, and accent reduction. Please call for appointments.

TWU Veterans Center

Student Union Room 209 | Denton, TX 76201 (940) 898-2789

United Healthcare

3740 N. Josey Ln. I Carrollton, TX 75007 (855) 956-6219 I www.UHC.com 7:00 AM - 10:00 PM, Monday - Sunday

Eligibility: Patient must be 65 years old, younger than 65 and have a qualifying disability, or be any age with a diagnosis of End-Stage Renal Disease (ESRD) or Amyotrophic Lateral Sclerosis (ALS, also called Lou Gehrig's Disease).

Fees: Varies

Application Process: Contact agency to learn more about the application process or home visits

Area of Service: Denton, Dallas, Collin, Kaufman, Tarrant, Ellis, Johnson and Rockwall Counties Program: Provides free services to assist the aged and disabled to complete the paper work for medicaid and low

income subsidy, in order to get aid on their medicare part B & prescription cost - also assists those who may have higher income but would prefer saving on medicaid cost by applying for medicare advantage plans.

United Through HOPE

503 Bolivar St. I Denton, TX 76201 (866) 857-7751 (phone and fax) Email: info@unitedthroughhope.org www.unitedthroughhope.org

Fees: Vary

Area of Service: Dallas, Collin, Tarrant, and Denton Counties Program: Assists those with social challenges to gain the leadership skills needed to access the opportunities to become more adept socially, academically, and vocationally. It also offers counseling and social skills training.

United Way of Denton County

1314 Teasley Ln. I Denton, TX 76205 (940) 566-5851 I www.unitedwaydentoncounty.org Monday - Friday, 8:30am - 4:00pm

Programs: Collaborates with local nonprofits to find and provide resources for children, families, veterans, people experiencing homelessness, and people affected by mental health.

Volunteer Income Tax Assistance For specific dates/times please visit: www.unitedwaydenton. org/VITA Fees: None

Program: Free tax preparation service provided to Denton County residents that fall within the predetermined income bracket.

University Behavioral Health Denton

2026 W. University Dr. I Denton, TX 76201 (940) 320-8100 I www.ubhdenton.com 24 hours/7 days a week

Eligibility: Children starting at age 13 and adults Application Process: Free mental health evaluations 7 days a week, 24 hours a day

Area of Service: Denton County, Tarrant County, Collin County

Program: UBH is a full service behavioral health and chemical hospital offering inpatient treatment, partial hospitalization, and intensive outpatient services for children starting at the age of 5 to mature adults. University Behavioral Health Denton takes most all insurances plus Medicare and Medicaid. UBH Denton offers specialty programs including Exclusively Women's, Freedom Care Military program, Breaking Free- a dual diagnosis program, Faith based program, Crisis stabilization and a twelve step

chemical dependency program known as Living in Balance. The specialized services for children and adolescents consist of our Path's program, Anger coping skills, and dealing with depression.

UNT Child and Family Resource Clinic

Matthews Hall Annex 1180 Union Cir. I Denton, TX 76203 (940) 565-2066 www.coe.unt.edu/child-and-family-resource-clinic 8:00 AM - 9:00 PM - Monday - Thursday

Eligibility: Denton County and surrounding area Fees: Sliding scale fee Application Process: Call to make appointment Area of Service: Denton County and surrounding areas Program: Adult counseling, couples counseling, play therapy and assessments

UNT Counseling and Human Development Center

425 S. Welch St. I Denton, TX 76201 (940) 565-2970 I www.coe.unt.edu/chdc 10 AM – 8:30 PM Monday – Wednesday, 10 AM – 5:30 PM on Thursdays (by appointment only)

Eligibility: Individuals, children and families Fees: Fees based on sliding scale

Application Process:

Area of Service: North Texas

Program: Provides counseling for North Texas residents. Counseling includes individuals (adult and adolescent), couples, marriage, family and play therapy for children, and career counseling.

UNT Counseling and Testing Center

Counseling Services I UNT - Chestnut Hall #313 1155 Union Cir #310968 I Denton TX 76203-5017 Counseling Phone: (940) 565-2741 counselingandtestingservices@unt.edu www.studentaffairs.unt.edu/counseling-and-testingservices / Call for appointment

Testing Services I UNT – Gateway Center #140 801 N Texas Blvd. I Denton TX 76203-5017

Testing Phone: (940) 369-7617

GatewayTesting@unt.edu
www.studentaffairs.unt.edu/counseling-and-testingservices /
Call for appointment

Eligibility: UNT Students only

Fees: Paid for by student fees Program: Personal and vocational counseling for UNT students. Counseling on Monday through Friday by appointment only.

UNT Office of Disability Access

University of North Texas 1167 Union Cir. Sage Hall Ste 167 | Denton, TX 76201 (940) 565-4323 | apply.oda@unt.edu www.unt.edu/ODA 8:00 AM - 5:00 PM Monday - Friday

Eligibility: Students with a qualifying disability at the University of North Texas

Fees: None

Application Process: Disability documentation is submitted and reviewed for eligibility, and take interview is held with students.

Area of Service: All, the only requirement is that students be enrolled in classes through UNT

Program: Sign Language Interpreters, Accommodated Testing, Digital texts, basically all accommodation necessary for students to have equal access to the UNT campus.

UNT Psychology Clinic

Terry Hall I 1611 W. Mulberry St., Room 171 I Denton, TX 76201 I (940) 565-2631

www.psychology.unt.edu/clinics-and-centers/psychology-clinic

Hours: The Psychology Clinic is open Monday through Thursday from 8:00 a.m. to 8:00 p.m., and Fridays from 8:00 a.m. to 5:00 p.m (Fall and Spring Semesters). During the summer, the Psychology Clinic is open Monday through Thursday from 8:00 a.m. to 8:00 p.m

Client appointments are scheduled Monday through Thursday between 10:00 a.m. and 8:00 p.m. and Friday between 10:00 a.m. and 5:00 p.m. (Fall and Spring Semesters). During the summer, client appointments are scheduled Monday through Thursday from 10:00 a.m. to 8:00 p.m.

Eligibility: Anyone in the DFW/Denton area. Fees: Based on sliding scale by income Application Process: Call the clinic office at (940)565-2631 for an appointment. Please note, that some services may have a waitlist.

Area of Service: Dallas/Ft. Worth/Denton Metropolitan area Program: The Psychology Clinic at the University of North Texas provides professional and evidence-based services and referrals to clients who request them. Services are provided in a culturally sensitive treatment environment by graduate student clinicians in the applied programs of the Department of Psychology. The UNT Psychology Clinic provides therapy services in many formats, such as individual, group, couples and family, and play therapy. In

addition, the clinic offers comprehensive psychological evaluations across a wide range of domains, including intellectual, vocational, personality, neuropsychological, and psychodiagnostics evaluation.

UNT Speech and Hearing Center

907 W. Sycamore St. I Denton, TX 76201 Mail: 1155 Union Circle # 305010 Denton, TX 76201 (940) 565-2262 I SpeechHearingClinic@unt.edu www.aslp.hps.unt.edu/clinic 8:00 AM - 5:00 PM, Monday - Friday

Eligibility: Students/individuals who have communication disorders or hearing concerns.

Fees: Fees for services rendered, sliding fee scale, and some scholarships (speech service only) available to those who qualify.

Application Process: Call to make an appointment Area of Service: Denton and surrounding Counties Program: Serves individuals with communication disorders in Denton and surrounding areas. Provides audiology and speech-language pathology services, complete hearing evaluations (including newborn hearing evaluations), hearing aid and assistive listening device dispensing, assessment, and treatment of articulation and language disorders. Treatment programs for adults with communication disorders due to stroke, preschool programs for children with language delay, specialized assessment clinics, and parent/caregiver programs.

UNT Substance Use Resource and Education Center

Chestnut Hall, Ste 301 I Denton, TX 76203 Mail: 1155 Union Circle #376C Denton, TX 76203 (940) 565-3177 I RISEcenter@unt.edu

www.studentaffairs.unt.edu/rise/programs/sure-program

Eligibility: UNT students who are mandated from the Dean of Students; however, anyone can come for information Application Process: Call for information

Area of Service: Denton County

Program: Help students who are experiencing problems associated with the misuse of alcohol or other drugs. Student assistance includes support groups and individual counseling and education. SARC is responsible not only for helping students with existing issues regarding their drug and alcohol abuse, but also to create a safer campus atmosphere through student services. Drug and Alcohol Education Coalition, Extended Classroom Experience, internship and practicum opportunities.

UNT Trio Program/Talent Search

1155 Union Cir., GAB 337 | Denton, TX 76203 (940) 565-2992 | untupwardbound@unt.edu www.studentaffairs.unt.edu/trio/upward-bound 8:00 AM-5:00 PM Monday- Friday

Eligibility: Students in grades 6-12

Fees: None

Area of Service: Denton County: Denton ISD and in

Gainsville ISD

Program: Motivates and encourages students in gra des 6th-12th to continue their education through high school into college. Provides counseling and assistance with the completion of all forms required for admission into post-secondary educational programs and for obtaining financial aid.

UNT Student Veteran Services

UNT Campus

Sage Hall, Ste 236 | Denton, TX 76201 (940) 369-8021

Federal VA Benefits Contact: 940- 369-8021 or email SA-VetBenefits@ad.unt.edu

Hazelwood Exemption Contact: hazlewood@unt.edu

www.studentaffairs.unt.edu/student-veteran-services

VA North Texas Health Care System (Community Based Outpatient Center)

2223 Colorado Blvd. I Denton, TX 76205 (940) 891-6350 VA Health Connect: 833-284-7212 Mental health care: (214) 857-3575

www.northtexas.va.gov/locations/Denton.asp

Monday- Friday, 8:00 AM- 4:30 PM

Primary Care Services, Mental Health and Substance Abuse

Services

Eligibility: Registered vets only Fees: per eligibility guidelines

Application Process: preformed at Dallas or Denton

Area of Service: Denton County

Program: Inpatient and alcohol treatment. Includes acute rehabilitation services, occupational therapy, and vocational counselling.

Veterans Affairs

4500 S Lancaster Rd. I Dallas, TX 75216 (214) 742-8387 8:00 AM-4:30 PM

Victory Therapy Center

10600 Dunham Rd. I Roanoke, TX 76262 (682) 831-1323 I www.victorytherapy.org 9:00 AM-5:00 PM Monday-Friday; closed weekends

Program: Provides therapeutic riding, physical therapy, and counseling sevices by utilizing relationships that our clients form with horses. Our services provide the opportunmity for improved quality of life for individuals of all life stages and a variety of physical and emotional needs.

Veteran Community Navigator

1505 E. McKinney St. I Denton, TX 76209 (940) 349-3597

9:00 AM-4:30 PM Monday-Friday by appointment only

Eligibility: Must be a Veteran or a Family Member of a

Veteran Fees: None

Area of Service: Denton County

Program: Veteran or Veteran family member seeking

assistance contact (940) 349-3597.

Veterans of Foreign Wars

Post 2205 Phil Miller Post

909 Sunset St. I Denton, TX 76201

(940) 387-2205 | www.vfw2205.org

3:00 PM - 9:00 PM Monday - Wednesday

3:00 PM - 11:00 PM Thursday

3:00 PM - Midnight Friday

Noon - Midnight Saturday

Noon - 9:00 PM Sunday

Post 10460 Norman E Heitz Memorial Post 501 Thompson Dr. I Lake Dallas, TX 75065-3639

(940) 321-9333

VNA Ann's Haven Branch

1204 W University Dr., Ste 150 | Denton, TX 76201 (940) 349-5900 | www.vnatexas.org 8:00 AM - 5:00 PM - Monday - Friday

VNA Hospice Care & VNA Private Care 8:00 AM - 5:00 PM - Monday - Friday

Application Process: Must have physician orders for care to begin for VNA Hospice Care; VNA Private Care does NOT have eligibility requirements.

Area of Service: Denton County, Tarrant County, Cooke County

Program: Provides quality healthcare services in the home and is the oldest, most experienced Hospice Care provider in Texas.

Application Process: Telephone interview.

Area of Service: Denton County

Programs: Court Programs, Revitalization Retreat, Juvenile Probation Program, BetteRx Safe Than Sorry, Just Breathe.

We Care Facilities, LLC - Residential Care Homes

1243 Springwood Dr. I Lewisville, TX 75067 (469) 685-4663 I www.wecarefacilities.org 8:30 AM - 5:00 PM - Monday - Friday Making Life Better - Homes Denton County

Eligibility: Individuals must meet the Income requirements listed above and be an adult ages (18-up). We have a Net-Work of Homes in Denton County, Dallas County, Tarrant County and Collin County that specialize in Mental Health, Physical Disabilities and Learning Disabilities.

Fees: Sliding scale up to 90% of SSI/SSD which includes: rent and utilities Cable TV in each room, fully furnished. Food is not included in the Boarding Fee however if necessary, we can assist individuals with food stamp application applications.

Application Process: Telephone interview: We perform telephone interviews at: (469) 685-4663. Our Preference is Social Workers or Family members to call for the initial assessment, however we do welcome calls from the individual in need.

Area of Service: Denton County, Dallas County, Tarrant County and Collin County

Program: Housing Program for those on fixed Income such as: Pension, Unemployment Compensation, Social Security Benefits, Veteran Benefits or Working Income. This is a Shared housing arrangement for Independent or Semi-Independent with all Utilities Included, Fully Furnished, Cable T.V., and Telephone Service. Services: We assist with Social Skills such as: Application Process with Public Assistance, registration for School Programs, Social Outings, Community Help, life skills in meal preparations, medication reminders, errand assistance, medical appointment reminders and other minor assistance.

Winning The Fight

PO Box 271661 | Flower Mound, TX 75027-1661

(972) 467-7704 | www.wtf-winningthefight.org 8:30AM - 5:00PM - Monday - Friday

Eligibility: Our goal is to provide education to individuals, families and communities to ensure everyone has support and resources for those suffering from the disease of addiction.

Fees: None.

Woman to Woman Pregnancy Resource Center

521 N. Locust St. I Denton, TX 76201 (940) 383-4494 I www.dentonprc.org Tuesday 10:00AM - 4:00PM; Wednesday 10:00AM - 12 PM; 2:00 PM - 4:00PM

Eligibility: All Women of child bearing age
Fees: None
Application Process: By appointment
Area of Service: Denton and surrounding counties
Program: Provides pregnancy testing and verification,
information and education on abortion, adoption and
pregnancy, abortion recovery, prenatal/parenting

education.

POLICE DEPARTMENTS

Argyle PD 506 N. Highway 377 Argyle, TX 76226 Mailing Address: P.O. Box 609 Argyle, TX 76226 (940) 464-7254

Aubrey PD 108 E. Elm St. Aubrey, TX 76227 (940) 365-2601

Carrollton PD 2025 E. Jackson Rd. Carrollton, TX 75006 (972) 466-3290

Corinth PD 3501 FM 2181, Suite A Corinth, TX 76210 (940) 279-1500

Cross Roads PD 100 Kruger Rd. Krugerville, TX 76227 (940) 365-2029

Denton PD 601 E. Hickory St. Denton, TX 76205 (940) 349-8181

Double Oak PD 320 Waketon Rd. Double Oak, TX 75077 (972) 355-5995

Flower Mound PD 4150 Kirkpatrick Ln. Flower Mound, TX 75028 (972) 539-0525

Frisco PD 7200 Stonebrook Pkwy. Frisco, TX 75034 (972) 292-6000 Highland Village PD 1000 Highland Village Rd. Highland Village, TX 75077 (972) 317-6551

Justin PD 415 N. College Ave. Justin, TX 76247 Mailing Address: P.O. Box 129 Justin, TX 76249 (940) 648-2541

Krugerville PD 100 Kruger Rd. Krugerville, TX 76227 (940) 365-2029

Krum PD 146 West McCart St. Krum, TX 76249 (940) 482-3171

Lake Dallas PD 212 Main St. Lake Dallas, TX 75065 (940) 497-2228

Lewisville PD 1187 W. Main St. Lewisville, TX 75067 Mailing Address: P.O. Box 299002 Lewisville, TX 75029 (972) 219-3600

Little Elm PD 88 W. Eldorado Pkwy. Little Elm, TX 75068 (214) 975-0460

Northlake PD 1500 Commons Cir. Argyle, TX 76226 (940) 648-4804 Oak Point PD 100 Naylor Rd. Oak Point, TX 75068 (972) 294-000

Pilot Point PD 100 E. Main St. Pilot Point, TX 76258 (940) 686-2969

Ponder PD 102 W. Bailey St. Ponder, TX 76259 (940) 479-2396

Sanger PD 209 N. 5th St. Sanger, TX 76266 (940) 458-7444

The Colony PD 5151 N. Colony Blvd. The Colony, TX 75056 (972) 625-1887

Shady Shores PD 3501 FM 2181, Suite A Corinth, TX 76210 (940) 279-1500

Trophy Club PD 1 Trophy Wood Dr. Trophy Club, TX 76262 (682) 237-2960

TWU Campus PD
Oakland Complex
1201 Oakland St.
Denton, TX 76204
Mailing Address:
P.O. Box 425767
Denton, TX 76204
(940) 898-2911

UNT Campus PD 1700 Wilshire St. Denton, TX 76201 (940) 565-3000

HOTLINES AND TOLL-FREE NUMBERS

CHILDREN

Abuse Hotline (Child Protective Services)	(800) 252-5400
Child Care Information Hotline	(800) 862-5252
Immunization Hotline	(800) 252-9152
Safe Riders (Infant Car Seats) Hotline	(800) 252-8255
National Center for Missing & Exploited Children	(800) 843-5678
Attorney General Child Support Services	(800) 252-8014
SIDS Alliance	(800) 221-7437
YOUTH	
National Center for Missing & Exploited Children	(800) 843-5678
Texas Youth Hotline (Call or Text)	(800) 989-6884
Trafficking Hotline	(800) 373-7888
SENIORS	
Department of Aging & Disability Services (60+ Hotline)	(800) 252-9240
Office of Attorney General Consumer Protection	800) 621-0508
Texas Department of Aging & Disability Services & Consumer Rights	(800) 458-9858
Legal Hotline for Texans	(800) 622-2520
HEALTH & DISABLED	
ALS (Lou Gehrig's)	(800) 782-4747
American Diabetes Association	(800) 342-2383
American Parkinson Disease Association	(800) 223-2732
Cancer Information Hotline	(800) 227-2345
Deaf Services	(800) 332-3873
Division of Blind Services (DARS)	(800) 628-5115
HIV/STD Hotline	(737) 255-4300
Infectious Disease Hotline	(800) 252-8239
National Alzheimer's Association	(800) 272-3900

HOTLINES AND TOLL-FREE NUMBERS

ADDITIONAL RESOURCES

Abuse/Neglect Report Hotline	(800) 252-5400
Attorney General Crime Victims Compensation	(800) 983-9933
Injured Workers Hotline	(800) 252-7031
Lawyer Referral Service	
Family Law Hotline	(800) 777-3247
Literacy Hotline	
Mental Health & Drug Abuse Referral Hotline	(800) 662-4357
National Alcohol/Drug Referral	(800) 454-8966
National Domestic Violence Hotline	(800) 799-7233
National Sexual Assault Hotline	(800) 656-4673
Adapt Community Solutions (Mental Health/Chemical Dependency)	(866) 260-8000
Texas Workforce Commission Employer Hotline	(866) 274-1722
Texas Workforce Commission Unemployment Insurance Hotline	800) 558-8321
National Suicide Prevention Lifeline	988
Veterans Crisis Line	(800) 273-8255
Denton County Friends of the Family (Domestic Violence 24-hour Hotline) Call	or Text(940) 382-7273
Denton County MHMR Crisis Line 24 Hour (For Mental Health Crisis)	(800) 762-0157

SUPPORT GROUPS

Alcoholics Anonymous	(214) 887-6699
ALS (Lou Gehrig's)	(877) 714-0088
Alzheimer's Caregivers	(940) 566-0902
Alzheimer Association	(800) 272-3900
American Cancer Society	(800) 227-2345
Ann's Haven Hospice/VNA	(940) 349-5900
Counseling Center of Denton	(940) 382-5328
Denton County MHMR	(940) 381-5000
Denton County Public Health	(940) 349-2900
Diabetes	(940) 349-2900
Down Syndrome Partnership of North Texas	(682) 316-3121
Down Syndrome Guild of Dallas	(214) 267-1374
Friends of the Family	(940) 382-7273
Grief and Loss Center of North Texas	(214) 452-3105
Health Services of North Texas	(940) 381-1501
La Leche League of Denton	(806) 680-6455
Medical City Denton	(972) 566-5411
National Alliance on Mental Illness (NAMI)	(214) 341-7133
Overeaters Anonymous	(817) 303-2888
Planned Parenthood of Greater Texas	(800) 230-7526
Texas Health Presbyterian Hospital Denton	(940) 898-7000
Women to Women Pregnancy Resource Center	(940) 383-4494

INFORMATION AND REFERRAL SERVICES

Statewide Information and Referral Services - Dial 211

(877) 541-7905 | www.211texas.org

COLLIN COUNTY	
The Assistance Center of Collin County	(972) 422-1850
Community Lifeline Center (McKinney)	(972) 542-0020
COOKE COUNTY	
United Way of Cooke County	(940) 665-1793
DALLAS COUNTY	
United Way of Metropolitan Dallas	(214) 978-0000
211-Texas	(877) 541-7905
DENTON COUNTY	
United Way of Denton County	(940) 566-5851
GRAYSON COUNTY	
United Way of Grayson County	(903) 893-1920
TARRANT COUNTY	
United Way of Greater Tarrant County	(817) 258-8000
Diocese of Fort Worth (Catholic Charities)	(817) 534-0814
WISE COUNTY	
United Way of Wise County	(940) 627-2111
WARM (Wise Area Relief Mission)	(940) 626-4676

EMERGENCY SHELTERS

Emergency Shelters in Denton County:

Denton County Friends of the Family

4845 S I-35 E. Corinth, TX 76210

(940) 382-7273

The Salvation Army of Denton

1508 E. McKinney St. Denton, TX 76209

Denton's Community Shelter operated by

Our Daily Bread

909 N Loop 288, Denton, TX 76209

(940) 566-1308

(940) 566-3800

Emergency Shelters outside of Denton County:

Arlington Life Shelter

325 W Division St, Arlington, TX 76011

(817) 548-9885

Presbyterian Night Shelter

2400 Cypress St. Fort Worth, TX 76102

(817) 632-7400

Austin Street Shelter

1717 Jeffries St, Dallas, TX 75226

(214) 428-4242

The Salvation Army of Arlington

712 W Abram St.

(817) 860-1836

The Bridge

1818 Corsicana St, Dallas, TX 75201

(214) 670-1507

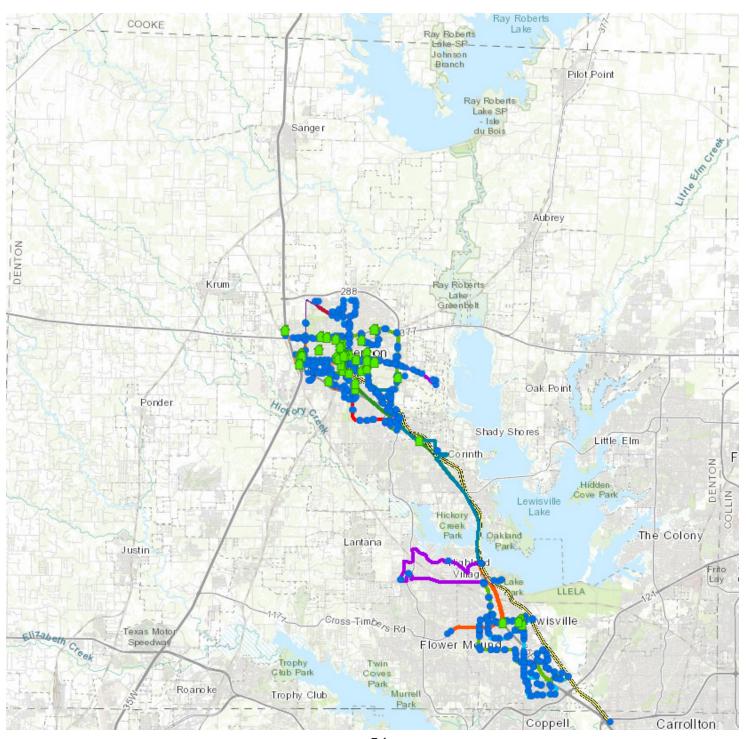
The Samaritan Inn

1514 N McDonald St, McKinney, TX 75071

(972) 542-5302

TRANSPORTATION TO HUMAN SERVICE AGENCIES

The Denton County Transportation Authority (DCTA) provides an online map of social services across Denton County and where access via public transportation is available. Visit https://www.dcta.net/rider-info/passenger-info/access-human-services to view the live map and a table of how to access each service agency via public transportation.



WORKING TOGETHER, WE IDENTIFY NEEDS IMPLEMENT IDEAS, AND IMPROVE LIVES.

We improve lives by mobilizing Denton County communities to action so all can thrive.

UNITED IS THE WAY TO:









Give To One Impact Many



1314 Teasley Lane, Denton TX 76025 UnitedWayDentonCounty.org (940) 566-5851

NEED HELP NOW?

CALL 2-1-1 OR 1-877-541-7905 Answered 24 Hours A Day, 7 Days A Week Scan to Find Help

