Comprehensive behavioral health services for every person in Denton County.
"In short, the problems will not simply go away on their own. In fact, they will only increase as Texas continues to grow and so will the costs – loss in human potential; detrimental social impact on families, communities and businesses; and financially. Because mental health affects so many segments of our daily lives, it is absolutely one of the most critical areas of concern facing Texas today."

- House Select Committee on Mental Health
Vision
Comprehensive behavioral health services for every person in Denton County.

Mission
The Denton County Behavioral Health Leadership Team will advocate and facilitate a collaborative person-centered behavioral health system to repair and restore lives:

• Ensure behavioral health services are available to meet the needs of all
• Assess data for continuous outcome measurements
• Prioritize data driven recommendations
• Provide a continuum of care
Behavioral Health in Denton County

Team Structure

Denton County Commissioners Court
   (3 - 5)
Denton City Council
   (1-2)
Lewisville City Council
   (1-2)
Small Cities/Towns Coalition
   (1)
Health Systems Hospitals, MHMR, Health Department
   (3-7)
Health Funders Insurance Providers
   (1-2)
Human Systems ISDs, Higher Ed., Law Enforcement, Housing, WATCH
   (4-8)
United Way of Denton County
   (1)

DENTON COUNTY BEHAVIORAL HEALTH LEADERSHIP TEAM
serves as the County oversight committee (1)
31 Total Members

COLLABORATIVE STRUCTURE
Denton County Citizen’s Council on Mental Health
Co-Chairs/Executive Director (2)

WORK GROUPS

Veterans Crisis Intervention Mental Health Reintegration
Housing Emergency Permanent Supported
Mental Health Court Develop Program
Jail Diversion Crisis System / Sequential Intercept
Crisis / Detention / Commitment Inpt / Crisis Stab / Crisis Teams
Community Case Management
Child & Family Systems ISDs, Multiagency, JJ Diversion
Integrated Care Medical Behavioral Across Complexity
End User (Consumer)
Workforce Development Focused Initiatives

1 – Chartered by political entities, formal reporting, accountability
2 – Transition from voluntary Co-Chairs to professional staff position developed between Denton County Health Department and United Way of Denton County

Work groups will involve broader range of Change Agents
Individuals may serve on multiple work groups
Behavioral Health in Denton County

This is a priority because…

An estimated **131,000** people in Denton County met the criteria for a diagnosable mental health concern in 2015.

*(2015 national prevalence rates and 2015 U.S. Census population estimates for Denton County)*
Behavioral Health in Denton County

This is a priority because...

In Texas, there are approximately 990 individuals with mental health needs to every one provider.

(Mental Health America, State of Mental Health, 2016)
Estimated Veteran population in Denton County
48,000

Approximately 3,139 Veterans in Denton County that meet the diagnostic criteria for both Post Traumatic Stress and a Traumatic Brain Injury

An estimated 3,184 Veterans in Denton County exhibit Substance Use Disorder

50% of Veterans with mental health needs access services annually
An outcome measure of the TV+FA Pilot Program includes the benchmark to see 200 unique veterans or their family members over the course of the grant term. Since the Veteran Community Navigator (VCN) program launch in Denton County, the navigators have enrolled 98 clients. This equates to 50% of the benchmark being met in 4 months.
Behavioral Health in Denton County

VCN Metrics

Adult Strengths and Needs Assessment: Residential Stability

*Increase in Residential Stability since for previous quarter to date*

The ANSA is a rating scale in which 3.0 indicates the highest level of need and 0.0 indicates no need in this domain. The graph depicts the reduction of ANSA scores for residential stability, indicating increase stability for VCN clients.
Behavioral Health in Denton County
Team in Action

“Thanks again for your get it done approach, you are a great ambassador of Veterans and we are thankful.”

“It’s my sincere intent to use the resources provided by you and the other VA/social services to become highly functional and give back to those that are doing for me what I could [not] do for myself.”

“I don't know what my family would have done if it wasn't for people like you! You have brought light to a never-ending dark tunnel.”
Behavioral Health in Denton County

VCN Sustainability

<table>
<thead>
<tr>
<th>Total Project Cost</th>
<th>State Award</th>
<th>Matching Funds</th>
</tr>
</thead>
<tbody>
<tr>
<td>$400,999</td>
<td>$175,199</td>
<td>$225,800</td>
</tr>
</tbody>
</table>

Estimated annual budget for sustainability: $170,000

- For the past quarter, approximately 30% of VSO clients are new clients.

- The Denton County Veteran Coalition provided approximately $26,000 in 2015 and $42,300 in 2016 in Emergency Financial Assistance to Veterans.

- The Veteran Community Navigator program is averaging 24 referrals per month.

- The demand for services, networking of resources and financial assistance continues to grow. The VCN team has been in collaboration with foundations to discuss sustainability.
Behavioral Health in Denton County
VCN Sustainability

<table>
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</table>

Estimated annual budget for sustainability: $170,000

“Expected outcomes include local communities will increase access for veterans to mental health care; reduction of barriers to accessing care, including community stigma; community partnerships supported as they develop projects and integrate services to strengthen their collaborative planning capacity.”

-Pertaining to Senate Bill 55 programs from the Interim Report to the 85th Texas Legislature
Psychiatric Triage
Denton County MHMR
“22,000 persons in poverty who suffer from mental illness are repeatedly cycling through jails, emergency rooms, and hospitals and are referred to as super utilizers”.

-Meadows Mental Health Policy Institute
These persons incur Texas taxpayers costs of…

- $1.4 billion in emergency room costs
- $450 million in local jail costs
- $230 million in local juvenile justice system
- Billions of dollars in potential Medicaid physical health spending

“Services that work exist, but Texas currently only has the capacity to serve one in seven or 3,400 super-utilizers.

-House Select Committee on Mental Health, 2016
Psychiatric Triage provided:

- Fiscal Year 2014 – 260 assessments
  – With opening day on March 31st
- Fiscal Year 2015 – 759 assessments
- Fiscal Year 2016 – 1,106 assessments
## DCMHMR Psychiatric Triage Budget

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<thead>
<tr>
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<tbody>
<tr>
<td>Local Revenues</td>
<td>$10,495</td>
<td>$37,627</td>
<td>$41,228</td>
<td>$89,350</td>
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<td>1115 Waiver</td>
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<td>$1,032,415</td>
<td>$1,315,496</td>
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<tr>
<td>Total Operating Expenditures</td>
<td>$428,104</td>
<td>$896,029</td>
<td>$806,814</td>
<td>$2,130,947</td>
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</tbody>
</table>

Approximated Sustainability Budget: $812,000
Okay to Say Movement
Statewide Partnership
The Child and Family Systems Workgroup, through collaboration with the WATCH Coalition, received a $5,000 donation from The Center for Children’s Health by Cook Children’s to increase print materials surrounding the Okay to Say Movement.
From Assessment to Action
The Path to Forming a Collective Impact Initiative

September 2013
United Way of Denton County publishes Mental Health Needs Assessment

February 2014
Citizen’s Council on Mental Health formed through private donation

March 2014
Citizen’s Council on Mental Health begins fact-finding

September 2014
Citizen’s Council on Mental Health produces mental health asset inventory

November 2014
Meadows Mental Health Policy Institute workshop: “What’s Next?”

January 2015
United Way of Denton County writes grant to Meadows Texas Veterans Initiative

March 2015
Meadows publishes initial engagement report

August 2015
Approved inaugural Bylaws, Charter, and Code of Ethics

November 2015
Funding in the amount of $2,000 was requested and approved by UWDC Board for NAMI expansion

April 2015
Citizen’s Council on Mental Health puts Meadows Report into action

June 2015
Behavioral Health Leadership Team convened for the first time

February 2016
NAMI trained 3 new facilitators to lead support groups as a component of the expansion

March 2016
Partnered with UNT, launched www.dentoncountybhlt.org website, and annual report produced
From Assessment to Action

The Path to Forming a Collective Impact Initiative

May 2016
Selection of the 2016 – 2017 Officer Slate

June 2016
Executed contract for the HHSC Texas Veterans + Family Alliance Pilot Program Grant obtained

August 2016
Veteran Community Navigator program launch with SB55 Author, Senator Jane Nelson

September 2016
Ten HUD VASH vouchers allocated for Denton Veterans experiencing homelessness or housing insecurity

September 2016
UBH and community partners sponsored MHFA facilitator training to provide community wide education

October 2016
Juvenile Probation awarded Discretionary State Aid Grant to begin Juvenile Mental Health Court

October 2016
Homeless Veterans Stand Down hosted, identifying 20 Veterans experiencing homelessness in Denton

November 2016
Mental Health Response Law Enforcement Training Video filmed

December 2016
DCBHLT Leadership attended the MMHPI Engage and Excel training

December 2016
First graduates of Mental Health Treatment Court

December 2016
Veteran Community Navigator program serves 100th client
Behavioral Health in Denton County

Workgroup Reports

DCBHLT 2016
Behavioral Health in Denton County
Child and Family Systems

Expansion of Mental Health First Aid
The goal of Denton County Juvenile Mental Health Court is to reduce delinquency, increase offender accountability and rehabilitate juvenile offenders through a comprehensive, coordinated community-based juvenile probation system that involves the entire family dynamic.
Accomplishments:
- Funding to NAMI for expansion of Family to Family Support Groups from one to four locations
- Partnering with Okay to Say to generate Denton County and child specific anti-stigma materials
- WATCH Coalition – 1st Annual My Feelings are a Work of Art: Children’s Art Contest
- Ranch Hand Rescue Veterans specific children’s programs
- Development of a Community Asset Mapping tool
• Next Steps:
  – Additional partnerships for Okay to Say Movement
  – 2nd Annual Children’s Art Contest in partnership with the WATCH Coalition
  – Obtain Texas System of Care certification
  – Train 200 community members in Mental Health First Aid in 2017
  – Begin to explore the mental health needs of children five and younger
Veterans

DCBHLT 2016
Accomplishments:
- Award of the HHSC Texas Veterans and Family Alliance Pilot Program Grant to serve Denton County Veterans and their families
- Veterans Summit hosted by Giving Hope, Inc.
- Capability to provide Veteran Mental Health First Aid
- Began development of Veteran Resource Guide
- Collaboration with the VA for expansion of behavioral health services in Denton County
Ending Veteran Homelessness
Jail Diversion

DCBHLT 2016
A charge of the Select Committee on Mental Health is to “study and recommend solutions for the challenges within the current system including...communities’ ability to plan and coordinate between healthcare providers and systems, law enforcement, the judiciary, and the criminal justice systems to deliver and coordinate care”.

-Interim Report to the 85th Texas Legislature
Scenario 3
The Correct Way
Mental Health Treatment Court

DCBHLT 2016
Coordination of care amongst MHTC treatment team, including:
  – Two judges
  – District Attorney
  – Defense Attorney
  – MHMR ACT team
  – Solutions of North Texas
  – Attorney with mental health nursing background
  – Psychiatrist
  – Probation officer
Behavioral Health in Denton County
Mental Health Treatment Court

- Court 2016 metrics:
  - DA has reviewed approximately 60 cases
  - 45 cases interviewed
  - 16 participants in the court
  - 3 removed from court
  - 1 awaiting placement in court
  - 6 pending interview
Behavioral Health in Denton County
Mental Health Treatment Court

An average of 17% of adults entering jails meet the criteria for serious mental illness.

An estimated recidivism rate of 68% exists for individuals with co-occurring substance use and mental health diagnoses.

Mental Health America reports “six out of 10 of the states with the least access to mental health care also have the highest rates of incarceration”, with Texas being one of those.
Behavioral Health in Denton County
Mental Health Treatment Court

Figure 5.8.
Pre/Post Cost Comparison - Average Annual Costs (Two Year Follow-Up)

NOTE: Comparison of average annual costs. Actual costs are those accrued in the four quarters following the MHC triggering event. Predicted costs are based on applying the growth rate in costs from an earlier arrest to the MHC arrest.

Rand Corporation, 2007
“Since I’ve been here, I’ve definitely improved in school,” a graduate said. “It’s very helpful because I feel as if I had been on straight probation, I definitely wouldn’t have completed that successfully. Because I’ve got obsessive compulsive disorder and anxiety, it makes it hard to do some of the other things other [probationers] do.”
Private donors and NAMI Denton have provided discretionary funds for psychiatric evaluations and bus passes.

Psychiatrist currently donates her time.

Anticipating application for the Governor’s Criminal Justice Division Grant.

Sustainability through funding necessary for participant and metric tracking system, provider reimbursement, client needs and court functions.
Consumer

DCBHLT 2016
“The Texas public mental health system has been moving to a recovery-based system for a number of years and has helped many escape the sometimes endless cycle in and out of mental health hospitals or jails. Recovery is not a cure; it is a journey in which individuals with mental health or substance use conditions are able to manage their illness in a way that allows them to lead a meaningful life. Recovery is more than simply surviving, it is based on the belief that while symptoms of mental illness are not always under the individual’s control, managing those symptoms and living their life can be. Recovery can break the cycle…”

-The Hogg Foundation
Behavioral Health in Denton County

Contact the DCBHLT
www.dentoncountybhlt.org

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