Denton County Community Services Directory

2011-12 Edition

Information & Referral Helpline

Call 211 or 1-800-548-1873
(answered 24 hours a day, 7 days a week)

Hours: 8:00 am - 5:00 pm
Monday-Friday
In 1973, Denton Benefit League was founded by a group of women dedicated to improving the quality of life in the local Denton, Texas and surrounding Denton County community north of Lake Lewisville. We have since grown to almost 300 members, all of whom are active volunteers in local organizations.

The purpose of this organization shall be to raise funds for local philanthropic purposes and to promote volunteerism in the community. This organization shall be nonpolitical, nonsectarian, and nonprofit in all its policies and activities.

Today, beginning their 39th year, Denton Benefit League's membership reflects the diversity of our community, as local people supporting local agencies. DBL is nonpolitical, nonsectarian, and nonprofit in all its policies and activities.
All listings provided in this directory are for information only and their inclusion does not constitute endorsement.

Every effort has been made to identify all governmental and not for profit agencies and organizations in Denton County, providing programs and services on a regular basis. Agencies wishing to be considered for inclusion should apply in writing to:

**Information & Referral Helpline**
625 Dallas Dr., Suite 525
Denton, TX 76205

*A special thank-you to our book sponsors:*
*AlphaGraphics and Denton Benefit League*

*If you are interested in becoming a sponsor please contact us at 940-566-5851 ext. 100*
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RECONTBRE NTS

Ability Connection Texas
2802 Harry Hines Blvd.
Dallas, TX 75235
(214)351-2500  Fax (214)351-2610
www.abilityconnectiontexas.org
8:30AM - 5:00PM - Monday - Friday
Greater Metroplex

IMPACT
Adults over the age of 18 who have disabilities and are unable to participate in a work program.
Services are available on a private pay basis for clients not enrolled in a Medicaid waiver program.
Provides opportunities for adults with disabilities who are 18 and older to participate in individualized goal setting, life skills education, personal growth training, and recreation and leisure interests in their community.

Children's Education Program
7:00AM - 6:00PM - Monday - Friday
Children 18 months to 6 years with any type disability
Sliding scale with assistance available
Provides preschool education and day care services to children with special therapies included.

Assistive Technology
All ages
Free or sliding scale
Provides computer and assistive technology training and support to people of all ages with all types of disabilities

Adult Day Stay
4845 S. I-35 E, Ste. 100
Denton, TX 76210
(940)383-8371  Fax (940)269-4243
www.daystay.org
7:30AM - 5:30PM - Monday - Friday
Disabled adults, 18 years or older
$44 per day, Medicaid pays 100% for those who qualify, HCS varies by provider
Northern Denton County
Activities overseen by our full-time activity director. Medical assessments, treatments and medication administration are addressed by our facility nurse. Lunches are catered daily. Volunteers from the community (schools, churches, etc.) come in and spend time with clients regularly.

Advocacy and Pregnancy Center
817 S. Mill Street, Ste. 112
Lewisville, TX 75057
(972)436-2273
Denton County
Pregnancy testing information and referral for prenatal care.

Alzheimer's Association, Greater Dallas Chapter
4144 North Central Expressway, Ste. 750
Dallas, TX 75204
(214)540-2400  Fax (214)827-2064  (800)272-3900
www.alz.org/greaterdallas
8:30AM - 5:00PM - Monday-Friday
Denton County
120 S. Central Expressway, Ste. 101
McKinney, TX 75070
Fee varies according to programs
Denton County
Provides support and assistance to persons affected by Alzheimer's disease and related disorders; and to their families and other caregivers. The chapter encourages and supports research into the cause, improved diagnosis, prevention, and care of Alzheimer's disease.

American Cancer Society
3301 West Freeway
Fort Worth, TX 76107
(800)227-2345
www.cancer.org
8:30AM - 5:00PM - Monday - Friday
North Texas
Provides referrals and access to community programs, visits by cancer survivors, rides to cancer treatment, supplies as available, smoking cessation and support groups.
American Diabetes Association

4100 Alpha Rd., Ste. 100
Dallas, TX 75244
(972)392-1181      (800)342-2383      Fax (972)392-1366
www.diabetes.org
Denton County

The American Diabetes Association offers literature and educational material on the detection and prevention of diabetes. Provides information on financial assistance, advocacy programs and how to live with diabetes.

American Heart Association—Dallas

8200 Brook River Drive, Ste. N-100
Dallas, TX 75247
(214)748-7212      Fax (214)748-1307
www.heart.org
Denton County

Provides education and treatment programs in order to reduce disability and death from cardiovascular diseases and stroke.

American Heart Association—Ft. Worth

2630 West Freeway, Ste. 250
Fort Worth, TX 76102
(817)698-5400      Fax (817)698-5401
Denton County

Provides education and treatment programs in order to reduce disability and death from cardiovascular diseases and stroke.

American Legion Senior Center

629 Lakey St
Denton, TX 76205
(940)349-8298
10:00AM - 3:00PM - Monday - Friday
50 years or older
Denton County

Provides recreational, physical, and educational programs for persons over 50 years of age. Some of the programs offered include help with filling out Medicare papers, dance classes, exercise classes, computer training and health checks twice a month. There are Thursday night Dominos Tournaments for $3.00 and monthly newsletters are also available by contacting the office. Hot meals every day, $1.50 for members and $3.00 for non members.

Ann Windle School for Young Children

901 Audra Lane
Denton, TX 76209
(940)369-3900      Fax (940)369-4930
www.dentonisd.org
7:30AM - 4:00PM - Monday - Friday
Denton County

Provides educational services to high risk students. Works on pre-academic, developmental and self concept skills.

The AARP Connections for Independent Living

601 E. Street NW
Washington, D.C. 20049
Denton County

The AARP Connections for Independent Living is a pilot program designed to ensure seniors' independence. The program consists of volunteers who provide services to older people living independently, including making visits; shopping for groceries; providing transportation; making home repairs and calling on the telephone to check up on them. Those that are interested can write to the address provided.

American Pregnancy Association

1425 Greenway Drive, Ste. 440
Irving, TX 75038
(800)672-2296      Fax (972)550-0800
www.americanpregnancy.org
24 hours - Monday - Thursday
Nationwide

Provides referrals regarding pregnancy resources via the helpline only (doesn't see clients in the office). Referrals include phone numbers and information to pregnancy centers, medical testing, assistance with material goods, breast feeding resources, Medicaid assistance, birthing centers and midwives.

American Red Cross—Denton Branch

1200 South Woodrow Lane, #200
Denton, TX 76205
(940)384-0880      Fax (940)384-0884
www.redcrossdallas.org
8:00AM - 5:00PM - Monday - Friday
Denton County

Denton County Red Cross issues client assistance cards for emergency food and clothing to clients as a result of a disaster. Vouchers are issued for emergency housing. Additional assistance such as eyeglasses and prescriptions is available. Referrals are made for long term assistance to other agencies.

Ann's Haven VNA

325 W McKinney, Ste. 101
Denton, TX 76201
(940)349-5900      Fax (940)383-4000
www.vnatexas.org
8:00AM - 5:00PM - Monday - Friday
Denton County

VNA Hospice
8:00AM - 5:00PM - Monday - Friday
Must have physician orders for care to begin
Denton County
Care for those diagnosed with a terminal illness - focused on symptom management and support to their families. Bereavement services are provided for one year following the death of a loved one.

VNA Home Care
8:00AM - 5:00PM - Monday - Friday
Must have physician orders for care to begin
Denton County
Traditional home health services, including physical, occupational and speech therapy, with specialized programs in cardiac disease, diabetes, Parkinson’s disease, and Vital Stim for dysphasia.

Arc of Denton County
557 Surf Lewisville, TX 75067
(800)375-4520    (972)436-8471    Fax (972)436-8471
www.arcofdentoncounty.org
9:00AM - 5:00PM - Monday - Friday
No restrictions, but we usually serve people with disabilities, their family, and support personnel.
Denton County
The Arc offers a variety of program services in areas of education, advocacy, family support and recreation. Programs for adults with disabilities include dance, socials, cook-outs, movie nights, craft workshops and sponsorship of the local self-advocate chapter. Children’s activities include holiday socials and parent workshops. Arc reaches into schools and communities with Teacher Appreciation coffees, an annual awards banquet, administration of 2 college scholarships, and Techno-Tote, a mobile technology library.

Area Agency on Aging of North Central Texas
616 Six Flags Dr.
Arlington, TX 76011
(800)272-3921    Fax (817)695-9274
www.nctcog.org/cs/aging
8:00AM - 5:00PM - Monday - Friday

Long-term Care Ombudsman
Residents of nursing homes/assisted living facilities
Call to receive services
Denton and surrounding counties
Benefits include counseling, long-term care ombudsman, homemaker, care coordination, caregiver respite, nursing home relocation.

Care Coordination
Age 60+
Denton and surrounding counties
Provides temporary services to at-risk older adults and family caregivers to support independent living.

Benefits Counseling
People age 60+, or Medicare/Medicaid beneficiaries of all ages
Denton and surrounding counties
Counseling and advocacy re: public benefits, private benefits, and consumer advocacy issues.

Nursing Home Relocation
Nursing home resident, approved for Medicaid
Denton and surrounding counties
Help nursing home residents who’ve been approved for Medicaid to return to the community.

Legal Assistance
Age 60+
Denton and surrounding counties
Provide counseling and limited legal consultation on issues such as wills, powers of attorney, guardianship, qualifying income trusts.

Argyle Food Bank
414 N Hwy 377
Argyle, TX 76226
(940)464-7224    Fax (940)461-7115
www.firstargyle.org
9:00AM - 11:45AM - Monday
Argyle, TX
Provides food to the residents in the City of Argyle.

Asbury Relief Ministry Food Pantry
117 Hercules Lane
Denton, TX 76207
(940)387-6487    Fax (940)566-3987
www.asburydenton.org
Mondays only 10:00AM first 30 served then again at 6:00PM first 30 served
Those in emergency need of food
Denton County
Provides food (2 days worth) 5 times a year. There is also a toy store during Christmas.

Big Brothers Big Sisters of North Texas
723 S. I-35E, Ste. 214
Denton, TX 76205
(940)383-4441    Fax (940)382-0815
www.bbbstx.org
8:00AM - 5:00PM - Monday - Friday
Children - minimum age - 7 years
North Texas
Big Brothers Big Sisters of North Texas is a volunteer organization that provides children support, guidance, friendship and fun by matching them to a role model throughout North Texas.
Bluebonnet Hospice Care

1517 Centre Place, Ste. 220
Denton, TX 76205
(940)323-2122  Fax (940)323-8095
www.bluebonnethc.com
8:30AM - 5:30PM - Monday - Friday
Individuals who meet eligibility per doctor
None, Medicare, Medicaid, private insurance
Denton and Collin Counties
Bluebonnet Hospice Care is a palliative care program for patients that have been diagnosed with a limiting illness. We provide the patient and their family with physical, emotional, social, and spiritual care which is supervised by a medical interdisciplinary team of professionals and volunteers.

Boy Scouts of America-Longhorn Council

850 Cannon Dr.
Hurst, TX 76054
(817)231-8500  Fax (817)231-8600  (940)230-0781
www.longhorncouncil.org
8:30AM - 5:00PM - Monday - Friday
Youth ages 6-20
$15.00 registration
Application at any time
All areas DISD
Provides character development and citizenship training for youth ages 6-10 with an emphasis on outdoor adventure and camping programs.

Boys & Girls Clubs of North Central Texas

303 Alamo Avenue
Lake Dallas, TX 75065
(940)239-9309  Fax (940)239-9313
www.bgcnct.org
2:30PM - 6:30PM - Monday - Friday

After School Program
Children ages 6-17
$155 per month for 1 child
Membership application
Denton and Wise County
Provides leadership, guidance, and inspiration needed to help boys and girls grow to be responsible and contributing adults.
Provides homework assistance and tutoring.

Summer Camp
7:00AM - 6:30PM - Monday - Friday
Children ages 6-17
$285 (1 Child), $225 (Additional) a month
Denton and Wise County
Summer Camp focused on 5 core areas with heavier emphasis on sports, fitness, recreation, health, resilience & prevention programs, and the arts.

Camp Fire USA-First Texas Council

2700 Meacham Blvd.
Fort Worth, TX 76137
(817)831-2111  Fax (817)831-5070
www.campfirefw.org
Children 4-18
Offers youth development programs for boys and girls ages 4-18.
The programs include camping, self-reliance and child care education and training programs. All programs are adaptable to special needs and are designed to raise self-esteem, develop positive peer relationships and learn community responsibility. Adult volunteer opportunities are available.

Camp Summit

17210 Campbell Blvd., Ste. 180W
Dallas, TX 75252
(972)484-8900  Fax (972)620-1945
www.campssummittx.org
9:00AM-5:00PM - Monday - Friday

Camping
921 Copper Canyon Rd
Argyle, TX 76226
Varies with seasons
Children 6 years - adults with no upper age limit with developmental delay, physical challenges or multiple disabilities
Sliding scale, some scholarships
All counties in Texas
Year round residential camping program for children and adults with disabilities. Campers may have developmental delays, physical challenges or multiple disabilities. Traditional camp environment with swimming, arts & crafts, nature study, horseback riding, challenge course, etc. We adapt all activities to the needs of our camper. No upper age limit for adults.

Career Center-Denton County High Schools

1007 Fulton Drive
Denton, TX 76201
(940)369-2020
www.dentonisd.org

Career Counseling
Any resident of the Denton Community seeking career assessment/interpretation or counseling
Denton ISD
Career assessment/interpretation or counseling available for Denton County residents
CASA - Court Appointed Special Advocates of Denton Co., Inc.
614 N. Bell Avenue
Denton, TX 76209
(940)243-2272   Fax (940)243-1605
www.casadenton.org
8:30AM - 5:00PM - Monday - Friday
Children from birth to 18 from Denton County who have been removed from their homes by CPS. Referred through the district courts of Denton County. Provides court advocacy to children who have been removed from their homes by CPS because of abuse or neglect. CASA uses trained volunteers as advocates for the children.

CCD Counseling, PA
1512 Scripture
Denton, TX 76201
(940)382-5328   (800)897-7068   Fax (940)898-8527
www.cccdounseling.com
8:00AM - 8:00PM - Monday - Friday, Saturday as scheduled
Counseling Center of Denton
Anyone
Fees or insurance, Family Tree Program is free
Denton County
Offers affordable counseling for individuals, couples & families. Also offers play therapy for children and educational and therapeutic groups. The Family Tree Program provides prevention and short term services for at-risk youth and their families.

CEMA Associates
1204 Bent Oaks, Ste. 200
Denton, TX 76210
(940)381-5010   Fax (940)380-4030
cema-nt.com
Counseling, Education and Mediation
8:30AM-6:00PM - Monday - Thursday,
9:00AM - 4:00PM - Friday
Denton County
Offers an Anger Management Program, Children’s Divorce Coping Groups, Chemical Abuse Resistance Education Class (both in English and Spanish), play therapy, substance abuse evaluation for the Department of Transportation (Federal, State and Local) and counseling for all ages regarding addictions, parenting, anxiety, depression, and blended families. Also offers mediation for services for all types of dispute. Se habla Espanol.

Cenikor Foundation
2209 S. Main Street
Fort Worth, TX 76110
(817)921-2771   (866)923-3428   Fax (817)926-0301
www.cenikor.org
24 hours/7 days a week
Cenikor
Adult men and women with a chronic history of addiction who are physically able to work.
In state residents: $350 and out-of-state residents $1,500
Screening by telephone or in person - contact Admissions Department
All of Texas
Long-term residential substance abuse treatment. Vocational training/work therapy, GED classes, college scholarships. Cenikor utilizes the therapeutic community model of treatment. Clinical services include individual and group counseling.

Child Care Services of North Central Texas (CCS)
1300 Teasley Lane
Denton, TX 76205
(940)382-5619   (800)234-9306   Fax (940)323-4394
www.twc.state.tx.us
Children under 13 years and children up to 19 years with disabilities
Payment based on family’s monthly income
Denton, Wise, and Collin counties
Provides state-funded childcare primarily to low-income families to achieve and maintain self-sufficiency. For most clients, CCS requires a co-payment based on the family’s monthly income.

Child Study Center
1300 W. Lancaster
Fort Worth, TX 76102
(817)336-8611   Fax (817)390-2941
www.cscfw.org
8:00AM - 5:00PM - Monday - Friday
Robert W. Decker Pediatric Department
8AM-5PM - Monday - Friday
Children ages 0-12 with developmental disabilities
Applicable medical insurance will be billed, uninsured will be seen on sliding scale basis
Family must fill out application available on the website and submit for processing
All counties in Texas
The Child Study Center serves children from birth through 21 years of age who have or are at risk for developmental disabilities. The Pediatric Department sees children with the full range of developmental difficulties and associated disorders. Neuropsychological and behavioral pediatricians

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staff the program. The Center is the only source for this subspecialty in Tarrant County. Neurodevelopmental and behavioral pediatricians evaluate the interaction of medical/biologic factors with development. Common diagnoses served include: Attention deficit/hyperactivity disorder, Autistic Spectrum disorders, Behavioral disorders, Developmental delay, Developmental difficulties associated with syndromes and other developmental differences, Learning disabilities, Mental retardation, Motor disorders. Neurodevelopmental and behavioral pediatricians focus their entire professional practice on diagnosing and treating children with developmental and behavioral disorders. The diagnostic process involves physical examination, observation, and sometimes developmental or medical testing. The pediatrician frequently serves as the director of a team of specialists to design a program of care that benefits the child and the family. Ongoing developmental pediatric care may involve repeated screening or testing, prescribing medication and supervision of the program of care. If questions, please call Client Services at 817-390-2900

**Psychology**

8AM-5PM - Monday - Friday  
Ages birth to 21 years with developmental disabilities  
Applicable medical insurance will be billed, uninsured will be seen on sliding scale basis.  
Family must fill out application available on the website and submit for processing  
All counties in Texas  
The Psychology department provides comprehensive diagnostic evaluations which include comprehensive review of historic information and school records, testing of intellectual and academic functional levels, behavioral observations, and psychiatric symptom interviews. Recommendations may be made for further testing, school, and behavioral interventions or therapies. Many therapeutic interventions such as psychotherapy, social skills training, and parent education workshops are available through the department. Members of the psychology department also provide consultive services to children in the Child Study Center School. Early identification and treatment are vital to improving the quality of life for a child with a developmental disability. The long-term effects of developmental disorders can impact every area of life. The Psychology Clinic strives to help each child reach his or her potential and enjoy a happy and productive life.

**Jane Justin School at the Child Study Center**

(817)390-2831  
8AM-5PM - Monday - Friday  
Children age 3-12 with developmental disabilities  
A tuition is charged.  
Family must fill out application available on the website and submit for processing  
All counties in Texas  
Children with developmental differences excel in learning because of individualized instruction in small classrooms, master's level teachers and teachers aides that provide a unique educational setting for children with developmental disabilities. Recent testing has shown that students enrolled in the Jane Justin School gain 16 months in academic and developmental skills in a normal 9 month school year.

**Autism Services Department**  
(817)390-2880  
8AM-5PM - Monday - Friday  
Texas residents with an Autistic Spectrum diagnosis aged 3-8 years of age  
Fees are assessed on a sliding scale based on income.  
Family must fill out application available on the website and submit for processing  
All counties in Texas  
The Autism Services Department provides educational opportunities to children with a diagnosis of Autism Spectrum Disorder using methods based on principles of Applied Behavior Analysis (ABA). Children accepted into the program attend up to 30 hours per week of one-to-one instruction with a tutor under the supervision of Board Certified Behavior Analysts and a Ph.D.-level professor from the University of North Texas, Department of Behavior Analysis. A medical social worker provides family support and help finding additional resources for children with Autism. The Autism Services Department works collaboratively with the Psychology Department for thorough testing and social skills training and with the Pediatrics Department for diagnosis and treatment services. Initial funding of this department was provided by a grant from the State of Texas Department of Assistance and Rehabilitative Services.

**NiGrads**

(817)390-2980  
8AM-5PM - Monday - Friday  
Contact Meredith Ohrulk at 817-390-2900  
All counties in Texas  
The NiGrads Department provides screening for children who have graduated from Neonatal Intensive Care Units ("NICU") of local hospitals. Studies show that a large percentage of "NICU" babies are at high risk for developmental disabilities and associated disorders. With screenings at 6 months, 1 year, 2 years, and 3 years of age, pediatricians can recommend a treatment plan at an early age if delay is diagnosed.

**Children's Advocacy Center for Denton County**

1854 Cain Drive  
Lewisville, TX 75077  
(972)317-2818  (866)875-1015  Fax (972)317-6989  
www.cacdc.org  
8:00AM - 8:00PM - Monday - Friday  
Any family dealing with child sexual or severe physical abuse that has already been reported.  
Denton, Wise, and Cooke counties  
Provides forensic interviews of child abuse victims for law enforcement or CPS, assistance with filing Crime Victim Compensation Claims, referral to other agencies/collaboration with other agencies. Counseling program offers individual,
group, family and play therapy, as well as extended assessments for law enforcement cases, court preparation and court accompaniment.

Children's Connections Inc.

2514 82nd Street, Ste. G
Lubbock, TX 79423
(806)745-7995    (214)226-8330    (817)343-7310
(800)456-4862    (806)745-7350
www.childrensconnections.org

Anyone interested in adoption
State of Texas
We provide consultation services for adoptive parents on both domestic and international adoptions and assist women who are experiencing a crisis pregnancy by providing support, adoption information and birthparent counseling. **Embryo Adoption Services** The Crystal Angels Embryo Adoption program assists you in donating or adopting frozen embryos and works with you throughout the embryo adoption process. **Home Study Services** -- We prepare home study reports and updates for domestic, infant, international, waiting (older) child/out of state foster care, step-parent, grandparent/relative and embryo adoption throughout Texas. **Post-Adoption Services and Reports** - We prepare post-placement and post-adoption reports and provide resources, referrals, and support for families after your adoption in completed.

Christian Community Action (CCA)

200 South Mill Street
Lewisville, TX 75057
(972)436-4357    (972)221-1224    (972)219-4330
www.ccahelps.org

9:00AM - 5PM - Monday - Friday
Closed 12:00PM - 12:30PM for lunch
200 percent or less of Federal Poverty Guidelines.
90 days residency in the service area of CCA. See the CCA website for more details on eligibility guidelines.
Prospective clients may go to www.ccahelps.org to print out applications for assistance or pick up an application at 200 S. Mill St, Lewisville, TX 75057. The completed form can be mailed or dropped off. A night drop slot is available in door 200A. Copies of basic documents must be provided. Those include: picture I.D. on all adults, proof of all household income, electric bill, lease or mortgage, etc. The application will be reviewed and the client called for an appointment. More documents may be required depending on the household circumstance.
CCA serves individuals and families who live within the following 8 school districts: Argyle ISD, Coppell ISD, Frisco ISD, Lewisville ISD, Little Elm ISD, Lake Dallas ISD, Northwest ISD, and the Denton County portion of Carrollton/Farmers Branch ISD.
For qualified persons, CCA provides a wide range of services which include financial, housing, food, medicine, vocational classes and more.

The Adult Health Center
(972)219-4325
The Adult Health Center serves uninsured adults by appointment
Fees charged on a sliding scale
All of Denton County plus the following 8 school districts: Argyle ISD, Coppell ISD, Frisco ISD, Lewisville ISD, Little Elm ISD, Lake Dallas ISD, Northwest ISD, and the Denton County portion of Carrollton/Farmers Branch ISD
Please call for specific services provided.

Chrysalis Educational Foundation

722 W. Oak Street
Denton, TX 76201
(940)382-5688      (940)380-8756
www.northtexaseatingdisorders.org

9:00AM - 9:00PM - Monday - Thursday;
9:00AM - 5:00PM - Friday

Group Treatment Program for Eating Disorders
9AM - 9PM - Monday - Thursday and most Fridays
Ages 14 and up pending evaluation for group
Cost of treatment, if needed
Initial Evaluation is a 2 hour structured interview

Denton County
Develops educational tools related to eating disorders and preventing eating disorders. Funds individuals who would not otherwise be able to receive care. Because eating disorders are varied, not everyone is a candidate for group care. We work to individualize care plans. Some clients need group and others do best with individual sessions and sessions with dietitians.

City of Denton - Community Development Office

601 E. Hickory Street, Ste. B
Denton, TX 76205
(940)349-7726      (940)349-7235    (940)349-7753
www.cityofdenton.com/pages.commdev.cfm

8:00AM - 5:00PM - Monday - Friday

Home Improvement Program
Low to moderate income homeowners
Please call for an appointment and general information to apply
Within the City Limits of Denton

The Home Improvement Program provides assistance to homeowners with major repairs, through renovation or reconstruction. The program is intended to assist low to moderate-income owners who cannot afford to complete the repairs themselves. Assistance is available in a combination low interest payable loan/deferred (forgivable) loan over 5 to 20 years.
Homebuyers Assistance Program
Low to moderate income homeowners
Please call for an appointment and general information to apply
Within the City Limits of Denton
Homebuyers Assistance Program helps low to moderate income homebuyers with the down payment and closing costs to buy their first home.

Minor Repair Program
Low income homeowners
Within the City Limits of Denton
The Minor Repair Program funds home repairs costing $5,000 or less.

City of Denton - Parks and Recreation Department
321 E. McKinney
Denton, TX 76201
(940)349-7275  Fax (940)349-8384
www.dentonparks.com
8:00AM - 5:00PM - Monday - Friday
Denton County
Manages City of Denton's public parks and open space. The department administers the North Lakes Recreation Center, MLK Recreation Center, Denia Recreation Center, Denton Senior Center, American Legion Senior Center, Denton Civic Center, Goldfield Tennis Center, McMath Gym, Water Works Park, Civic Center Pool, Skate Works Skate Park, and the Denton Natatorium.

Communities In Schools of North Texas
1597 S. Edmonds Lane, Bldg. B
Lewisville, TX 75067
(972)436-6377  Fax (972)436-6770
www.cisnt.org
8:00AM - 5:00PM - Monday - Friday
Communities In Schools of North Texas
Monday-Friday 7:30am-4:30pm
Provides dropout prevention services to "at risk" students in schools across Denton and Wise counties.
None
Denton ISD, Lewisville ISD, Little Elm ISD, Northwest ISD
CISNT operates three distinct dropout prevention programs: case management dropout prevention, dropout intervention programs and 21st Century Community Learning Center afterschool programs. Case management dropout prevention programs assess at-risk students based on need to develop and implement a case management plan to address the identified needs. Case management includes supportive guidance and counseling, health and human services, academic enhancement, enrichment, parental involvement and career and college awareness. With intervention programs, CISNT specifically targets vulnerable populations such as teen parents, gang members, homeless students, students abusing drugs or alcohol or children of incarcerated parents for comprehensive and holistic services designed to help students overcome these barriers and stay in school. 21st Century Community Learning Center afterschool programs improves academics, improves attendance, behavior, promotion (to the next grade level) rates and improved graduation rates. Simply put, this program provides 15 hours of academic enrichment weekly that adds up to additional days, weeks, and even months of academics for the student each year. Please contact our main office, Brian McCauley or Dana Smith if someone isn't sure if they qualify for services.

Community Education for Denton County
1215 N. Elm St.
Denton, TX 76201
(940)369-0091  Fax (940)369-4988
www.dentonisd.org
10:00AM - 7:00PM - Monday - Friday
Class Fees
Denton, Wise, Cooke and Collin counties
Provides adult learning classes, GED preparation and testing, adult basic education (ABE), English-as-a-Second-Language (ESL). Parent education and personal enrichment classes provided at various locations throughout the school districts.

Adult and Community Education - Lewisville ISD
701 South Charles Street
Lewisville, TX 75057
(469)713-5997
8:00AM - 5:00PM - Monday - Friday
Class Fees
Lewisville ISD, Carrollton, The Colony, Flower Mound, Argyle, Highland Village
Provides a variety of courses, adult basic education, English-as-a-Second-Language (ESL), and GED classes and testing.

Community Services, Inc.
207 W. Hickory St., Ste. 308
Denton, TX 76201
(800)831-9929
8:00AM - 12:00PM and 1:00PM - 5:00 PM - Monday - Friday
Provide verification and documentation of income to determine household eligibility
Individuals must call the 1-800 to schedule an appointment
Anderson, Collin, Denton, Ellis, Henderson, Hunt, Kaufman, Navarro, Rockwall and Van Zandt counties
Provides assistance for energy crisis, elderly/disabled, case management, retrofit (comprehensive energy assistance) weatherization to reduce infiltration of air - other direct services including rental assistance (when funds are available), tuition, fees, books, food, limited gasoline for to and from training/colleges at least 20 miles one way to eligible low-income individuals.
Cross Timbers YMCA

2021 Cross Timbers Road
Flower Mound, TX 75028
(972)539-9622    Fax (972)539-9348
www.crosstimbersymca.org
5:00AM - 9:30PM - Monday - Thursday
5:00AM - 8:00PM - Friday
8:00AM - 6:00PM - Saturday
1:00PM - 6:00PM - Sunday
Individuals, children and families of all ages
Fees vary
Fitness, sports, swimming lessons, summer camp, parent-child programs, informal education for youth and adults. Scholarships available.

Cumberland Presbyterian Children's Home

1304 Bernard Street
Denton, TX 76201
(940)382-5112    Fax (940)387-0821
www.cpch.org
9:00AM-4:00PM - Monday - Friday
Children's Residential Program
(940)382-5112 x 252
Intake hours are 9AM-4PM - Monday - Friday.
Placements for this program are through TDFPS/CPS.
Contact CPCH's intake counselor at 940-382-5112 x 252
Program takes placements from around Texas
The Children's Residential Program at CPCH is a general residential operation accepting basic and moderate level placements from TDFPS/CPS. It is a structured program providing all the basics, plus a strength-focused philosophy of care, on-site counseling, individualized case management, life skills training and a mentoring program. This program is not open to private placements; placements can only be made through TDFPS/CPS.

Single Parent Family Program
(940)382-5112 x 252
Intake hours are 9AM-4PM - Monday - Friday.
Single mothers or fathers with custody of their child(ren)
Parents must be 18 years or over
Rent on a sliding fee scale
Contact CPCH's intake counselor at 940-382-5112 x 252
Program takes placements from around Texas
The Single Parent Family Program at CPCH is a transitional housing program for adult single mothers and fathers with custody of their children. Clients pay rent on a sliding fee scale and have access to counseling, parent training and life skills classes, and case management.

Family Outfitters Program
(940)382-5112 x 252
Intake hours are 9AM-4PM - Monday - Friday
This program open to anyone in the community needing services
Fees for counseling are charged on an income-based sliding scale. Contact CPCH's intake counselor at 940-382-5112 x 252
Program serves all of the North Texas region
The Family Outfitters Program at CPCH provides individual, marital, family and play therapy to the community on an income-based sliding fee scale. The program also offers parenting and pre-marital education classes for nominal fees.

Dallas Lighthouse for the Blind

4306 Capitol Avenue
Dallas, TX 75204
(214)821-2375    Fax (214)824-4612
www.dallaslighthouse.org
18 years or older
North Texas
Provides training (computer lab), employment (manufacturing plant), and rehabilitation services that encourage personal responsibility, economic independence and social development for North Texans who are blind or who are visually impaired.

Denton Affordable Housing Corporation (DAHC)

610-C N. Bell Avenue
Denton, TX 76209
(940)484-7048   (940)484-7032
dentondahc@aol.com
9:00AM - 5:00PM - Monday - Friday Denton
Call for eligibility
Submit application
City of Denton
Through the Affordable Homeowner Opportunity Program, DAHC develops single-family affordable homes to sell to income-eligible qualified first time buyers. Homebuyer education, down-payment and closing costs assistance are also available to eligible homebuyers. DAHC owns and operates subsidized rental units for people with disabilities and leases affordable rental to families in the Transitional Housing Program administration by HOPE, Inc.

Denton Christian Preschool

1114 W. University Drive
Denton, TX 76201
(940)383-3332   Fax (940)383-8223
www.dentoncps.org
8:15AM - 4:00PM - Monday - Friday - September - May
Children age 3 by September 1st and children age 4 from low-income families, considered at-risk
$10 per month per family. Application must be reviewed by admissions committee for selection.
Services all of Denton County, however, transportation is only available to a more limited area
Children are provided with developmentally appropriate learning activities to prepare them for successful entry into public school. Two bilingual classes are provided. Transportation to
and from school each day is provided on safe school buses within a limited radius of the school. Nutritious lunch and snack is provided each school day. Medical and diagnostic screening as well as parenting education are also provided. We are not able to accept all children who apply; even though we would like to serve more, our capacity is 62.

Denton City County Day School
1603 Paisley
Denton, TX 76209
(940)382-6485  Fax (940)381-2418
www.dccds.org
Office hours 6:30AM - 6:00PM - Monday - Friday;
Operation hours 6:30AM - 6:00PM - Monday - Friday
Sliding Scale Child Care. Children ages 2 - 5.
Sliding scale based on family income and size
Denton County
Child development program for low-income families. The full day program is for children ages 2 (must be toilet trained) to 5 years of age. Weekly fees are based on family size and annual income. DCCDS provides a fun, nurturing environment for children to learn, grow and stretch their imagination. DCCDS also serves breakfast, lunch and an afternoon snack. During the summer, DCCDS offers a summer camp program for children ages 5-8 years of age.

Denton Community Food Center
109 W. Sycamore
Denton, TX 76201
(940)382-0807
www.dentoncfc.org
1:00PM - 3:00PM - Monday - Friday, excluding holidays
Any person or family in an emergency situation (job loss, illness/health emergency, lack of funds)
None
ID is required for all family members to be claimed as living in the household
Northern Denton County (north of Lake Lewisville)
Provides food (groceries, staples, etc to prepare a meal - we are not a hot meal or soup kitchen) to needy families/individuals that are in temporary emergency situations (loss of job, illness/health emergency, home fire, or limited financial resources). Clients are limited to four visits per year (typically quarterly-no more than monthly). ID required for all family members being claimed as living in the household.

Denton County Friends of the Family
4845 S. I-35E
Corinth, TX 76210
(940)387-5131 Metro  Crisis Line (940)382-7273
Crisis Line (800)572-4031  Fax (940)383-1816
www.dcfoc.org
8:30AM - Monday - Friday and 9AM-1PM - Saturday
Residential Shelter/24 hour Crisis Line

Undisclosed location
(940)382-7273
Any victim of relationship violence or sexual assault who is seeking safety from abuse
No fees for victims
Anyone in need of shelter due to abuse
Services include safety planning, case management, legal advocacy and transitional housing for those who qualify. Residents are able to access counseling, both for themselves and their children, help in securing available financial services and support in achieving personal growth and independent living.

Violence Intervention and Prevention Program (VIPP)
At least 17 years old, any income level and no residency requirements
$30 per session- sliding scale available
Call main number, enroll for orientation or talk to front desk for more information
Denton and surrounding counties
The VIPP provides a psychoeducational program for relationship violence offenders. The program meets the guidelines of Texas for these programs. Participants may be court ordered or voluntary. They attend an orientation, an intake, 27 classes and an exit to complete the program. The focus is accountability for using abusive behaviors and changing these to respectful non-abusive behaviors towards their partners.

Outreach Advocacy
All eligible clients
No fees for victims
Call for intake session
Denton and surrounding counties
Support, links to community resources, legal advocacy, and accompaniment through the justice system are all available for victims and sexual assault and relationship violence.

Denton County Health Department
535 S. Loop 288, Ste. 1003
Denton, TX 76205
(940)349-2900  Fax (940)349-2905
www.dentoncounty.com/health
8AM-5PM - Monday - Friday, closed from noon-1PM

Denton County Health Department Clinic
(940)349-2901
8AM-11AM and 1PM-4PM - Monday - Friday
Most programs are available to low-income families, and are provided at a low cost. Call for more information on specific programs.
For maternity, primary care, child health, and dental clients must bring: proof of household income for past 30 days, current tax return, proof of physical address (utility bill), picture ID for adults, birth certificates for children under 18.
Call for more details on specific programs
Denton County Residents
The Health Department clinic provides countywide health services including: maternity clinic, primary care clinic, child health clinic, dental services, immunizations for children and adults, pregnancy testing, STD screening, TB elimination services, application assistance for CHIP, CHIP Perinatal, Children’s Medicaid, TANF, SNAP (formerly Food Stamps), and Women’s Health Program; mammograms for low-income women over 40; car seat education and assistance for low-income families; satellite immunization clinics in Carrollton and The Colony. Most programs and services are available to low-income Denton County residents, and are offered by appointment only. Clients should call to ask about eligibility requirements, fees, and appointments. Clinics are cash only. Personal checks, debit cards and credit cards are not accepted. The following services are non-qualifying and offered to the general public: STD screening, TB elimination services, immunizations, application assistance for state programs (listed above). Please call for appointment times.

Denton County Indigent Health Care

535 S. Loop 288, Ste. 1052
Denton, TX 76205
(940)349-2940 (metro) (972)434-8864 (metro)
Fax (940)349-2941
www.dentoncounty.com/ihc
8:00AM - 12:00PM and 1:00PM - 5:00 PM - Monday - Friday
Persons who are not eligible for assistance through any other source. Income limit 21% poverty level.
None. Written application and support documents must be submitted.
Denton County only
Program pays for medically necessary medical services. Payments made to doctors (MD,Dr.), hospitals and pharmacy. Program covers medical only. Our office does not provide the medical service but pays for medical services. No emergency assistance.

Denton County Mental Health Mental Retardation Center (MHMR)

2519 Scripture
Denton, TX 76201
(940)381-5000
Crisis Line - (940)387-5555 or (800)762-0157
www.dentonmhmrm.org
8:00AM - 5:00PM - Monday - Friday
Individuals, children and families
Based on income
Denton County
Mental Health Services/Programs: Assertive Community Treatment (ACT Team), Community & Hospital Liaison, Community Support, Crisis, Intake and Referral, Psychiatric, Residential Supported Housing Connections, Case Management and Supported Employment. Mental Retardation Services/Programs: Continuity of Care, Eligibility Determination/Admission, Home and Community Based Services (HCS),

In-Home and Family Support, Respite, Community Support Services, Psychological and Behavioral Support, Residential, Case Management, Vocational and Employment. Volunteer opportunities available. Fees are assessed according to income and size of family. Individuals who are eligible for services are not denied services because of an inability to pay.

3600 E. McKinney
Denton, TX 76209
(940)891-0970

101 E. Corporate, Ste. 150
Lewisville, TX 75067
(214)488-0121

Denton County Transportation Authority (DCTA)

1527 S. Mayhill Rd., Bldg. C
Denton, TX 76208
(940)243-0077 Fax (940)387-0829
www.dcta.net
Denton
Provides public transportation for the City of Denton. Please visit the website for services, schedules and maps, and fare information.

Denton County Veteran's Services Office

1505 E. McKinney St., Ste. 183
Denton, TX 76209
(940)349-2950 Fax (940)349-2951
www.dentoncounty.com
8:00AM - 11:00AM - Monday - Friday,
100PM - 4:00PM Monday - Thursday, and 1:00PM - 4:00PM Friday by Appointment Only
Veterans and their families
None
Denton County
Staff available to assist persons in corresponding with the Department of Veterans Affairs, explaining veterans benefits, determining eligibility requirements and providing the complete form necessary to file a claim with the Department of Veterans Affairs for Veterans Affairs compensation and pension claims, VA Health care enrollment, education assistance, death and burial benefits, military records and appeals representation. This office does not adjudicate claims but will assist in resolving problems and obtain answers to perplexing questions based on federal and state laws and regulations pertaining to veterans, their dependents and/or survivors.
Denton County WIC (Women, Infants and Children)

535 S. Loop 288, Ste. 1003
Denton, TX 76209
(940)349-2930   Fax (940)349-2931
www.dentoncounty.com
8:00AM - 12:300PM and 1:00PM - 7:00PM - Monday - Wednesday; 8:00AM - 12:00PM and 1:00PM - 5:00PM - Thursday
Women, infants and children
None
Denton County
Provides nutrition education programs (classes and counseling), breastfeeding support and education, supplemental food, referrals (Medicaid, Texas Health Steps, Head Start, TANF, food stamp and CHIPS).

359 Lake Park Rd., Ste. 113
Lewisville, TX 75065
(972)221-1603   Fax (972)420-1433

3044 Old Denton Rd., Ste. 113
Carrollton, TX 75007
(972)446-1507   Fax (972)446-1586

Denton Freedom House

3083 Trails End
Aubrey, TX 76227
(940)565-5990   Fax (940)387-2513
www.dentonfreedomhouse.org
24/7
Men 17 years and older
None. Call and set an appointment
We supply the resident with basic needs such as: toiletries, clothing, bed, food. By no means are we a homeless shelter, nor a place that guys can come to hang out until something else comes along. No romantic relationships allowed, other than marriage. Everyone is expected to follow strict guidelines/policies and are subject to discipline for failure to submit. All of our curriculum is Christ centered, introducing that person to Jesus Christ, the answer to all of our needs/problems.

Denton Housing Authority

1225 Wilson Street
Denton, TX 76205
(940)383-1504   (940)383-3039   Fax (940)383-2035
www.dentonhousingauthority.com
8:30AM - 5:00PM - Monday - Friday, closed from 12:00PM - 1:00PM
Low-income families
Denton County
Provides rental assistance to low income families in Denton County.

Section 8
18 years and older, low income according to federal guidelines. Accepted at the office with picture ID, and social security card
Denton County
Provides rental assistance for low income families/individuals 18 years or older that qualify. Homeownership program for Section 8 clients that qualify. Please view the website or call for more information.

Heritage Oaks Apartments
2501 North Bell Avenue
Denton, TX 76209
(940)383-1506   Fax (940)566-1480
8:30AM - 5:00PM - Monday through Friday, closed 12:00PM-1:00PM - Monday through Friday
62 years and older
Rent. Apply at the property office with picture ID and social security card
Denton County
Provides one and two bedroom duplex housing units for low income seniors that are able to live independently. The property has market rate and accepts Section 8 vouchers. Please view the website or call for more information.

Pecan Place Apartments
302 South Locust
Denton, TX 76201
(940)484-9535
8:30AM - 12:30PM - Monday through Friday
62 years and older
Rent. Section 8 application - picture ID and social security card
Denton County
Provides independent apartment living for low income seniors. Please view the website or call for more information.

Denton I.S.D.-Extended School Day Program

1215 North Elm
Denton, TX 76201
(940)369-0080   Fax (940)369-4988
www.dentonisd.org
3:00PM - 6:00PM - Monday - Friday
Extended School Day Program
Children in Kindergarten through 5th grade
$45 registration fee, $155 monthly tuition fee
Denton ISD
The Extended School Day Program (ESD) provides structured academic, enrichment and recreational activities for grades K-5 at all 20 elementary campuses. The program operates from 3PM to 6PM on Monday through Friday. ESD has a $45 registration fee and a $155 monthly tuition fee (limited scholarships are available). The program is open to ESD participants and only on teacher staff development days from 8AM-6PM ($40 per child). On early release days staff arrive at the campus at 12:45 PM (no extra fee on these days). The Extended School Program is closed on all school holidays and spring break.
Denton I.S.D.- Regional Day School Program for the Deaf-Special Education

1205 W. University
Denton, TX 76201
(940)369-4075  Fax (940)369-4969
www.dentonisd.org
8:00AM - 5:00PM - Monday - Friday
Varies with grade level
School-aged, hearing impaired children who demonstrate an educational need
None. Part of the public school programs in the tri-county area
Denton, Cooke and Wise counties
Provides educational services including instructional, related and support based on assessment that indicates educational need. The program is offered at the following locations: Ann Windle School for Young Children, McNair Elementary School, McMath Middle School and Denton High School.

Denton I.S.D. Social Services and Assistance

1307 North Locust
Denton, TX 76201
(940)369-0599  Fax (940)369-0598
www.dentonisd.org
8:00AM - 5:00PM - Monday - Friday
None
Denton ISD
Services for Denton ISD families and students includes information and referral during personal, financial, or medical crisis, identification of medical resources, assistance with school supplies, Parent Education Programs, comprehensive program for DISD families and students who are homeless, and homebound Services for students unable to attend school due to health related issues.

Denton I.S.D. Student and Staff Assistance

1307 North Locust
Denton, TX 76201
(940)369-0595
www.dentonisd.org
8:00AM - 5:00PM - Monday - Friday Denton ISD
Programs and Services for Denton ISD students, families and staff
None
Denton ISD
Programs and services for Denton ISD students, families and staff includes drug and violence prevention and intervention, identification and intervention for students dealing with substance abuse, emotional, familial and life stage problems, individual and group support and counseling, Parent Education, crisis management, mental health programming and training, and employee Assistance Program for Denton ISD employees.

Denton I.S.D.-Teen Parent Program

1307 North Locust
Denton, TX 76201
(940)369-0598
www.dentonisd.org
8:00AM - 5:00PM - Monday - Friday Denton
Any students enrolled in DISD that are pregnant or parenting.
None
Denton ISD
The Teen Program is licensed social workers delivering services at a campus level. The social workers act as case managers and services provided are dependent upon the individual needs of the students and family. They are provided until the student completes high school or earns a GED. The staff works closely with school nurses, counselors, community and government agencies. The Teen Parent Program is available to all pregnant and parenting students, male and female, at any DISD campus the student is currently attending.

Denton Kiwanis Club - Children's Clinic

225 W. Hickory St., Ste. A
Denton, TX 76201
(940)387-6323
www.dentonkiwanisclub.org
Monday-Tuesday and Thursday-Friday 9-noon and 2-5, Wednesday
Children up to age 18.
Must meet financial guidelines and not be covered by insurance or medicaid
Northern Denton County, north of Lake Lewisville
Provides medical, dental and prescriptions services for children up to age 18 who are not covered by Medicaid or other insurance. The clinic is a referral service to a number of local health care providers. Must meet financial guidelines. Area covered is Denton County north of Lake Lewisville.

Denton Public Library Literacy Program

502 Oakland Street
Denton, TX 76201
(940)349-8774  Fax (940)349-8752
www.dentonlibrary.com
9AM - 9PM - Monday - Thursday, 9AM - 6PM - Friday and Saturday, 1PM - 5PM - Sunday
Adults ages 18 and older who would like to improve their literacy skills
Each student must complete a student application and a reading assessment before being matched to a tutor
City of Denton and Denton County
The Denton Public Library Literacy program offers one-on-one tutoring for those adults, ages 18 and up, who would like help improving their literacy skills. We allow for those with the lowest reading skill levels to those who need a little help in their day to day lives. Tutors are trained before being matched with a student to ensure the best possible result.
Denton Senior Center
509 N. Bell
Denton, TX 76209
(940)349-8720  (972)434-2529, ext. 8720
Fax (940)566-6040
www.dentonseniormcenter.com
8:00AM-9:00PM - Monday-Friday and 9:00AM-1:00PM - Saturday
50 and older.
All classes are intergenerational and open for registration for adults 18 yrs+
$5/yr City of Denton residents and $10/yr for non-residents -- also program fees for trips and classes
Facility ID card
Denton County
Provides recreational, physical, and educational programs for persons over 50 years of age. Some of the programs offered include help with income tax forms, filling out Medicare papers, dance classes, ceramic classes, computer training, trips and health checks. Monthly newsletters are available online, or by contacting the office. A new fitness room was added in 2010.

AARP Mature Driving Class
$10
A defensive driving course for ages 50 and up. Call (940)891-0877 for information.

Denton State Supported Living Center
3980 State School Road
Denton, TX 76210
(940)891-0342  (940)591-3628  Fax (940)591-3629
www.dentonstateschool.org
8:00AM - 5:00PM - Monday - Friday
Individuals who have special needs
18 counties/north Texas
Provides residential services for individuals with special needs. Services include 24 hour supervised residential services, comprehensive health care services including an acute care infirmary, vocation skills training and works program (including sheltered workshops), life skills training and recreational/leisure activities, respite services and volunteer opportunities available.

Denton Treatment Services
621 Londonderry Lane
Denton, TX 76205
(940)483-0644  Fax (940)483-9337
www.texastreatment.com
5:30AM - 11:00AM - Monday - Friday; 7:00AM - 9:30AM - Saturday
Adults 18 years and older with at least a 1 year history of Opiate use
$9.50 to $9.75 daily
Monday, Wednesday, Friday from 5:00AM - 5:30PM
Denton, Wise, Collin, and Cooke counties
Methadone maintenance for treatment of Opiate addiction.

Easter Seals of North Texas
4443 North Josey Ln., Ste. 100
Carrollton, TX 75010
(940)394-8900  Fax (940)394-6266
www.ntx.easterseals.com
7:30AM - 6:00PM Monday - Friday
Children, adolescents and adults
Provides outpatient speech therapy, occupational therapy, physical therapy, audiology services and social services to children, adolescents and adults with disabilities and special needs regardless of their ability to pay.

EduCare Community Living
2928 Metro Street, Ste. 101
Denton, TX 76207
(940)380-0113, Ext. 23  Fax (940)382-9521
www.rescare.com
8:00AM - 5:00PM - Monday - Friday ICF-MR
24/7
Medicaid recipients with intellectual & developmental disabilities
Contact referral and placement coordinator
Denton County
Provides residential services to people with intellectual and developmental disabilities. Services include 24 hour supervision, nursing, day habilitation, life skills training, recreation and leisure activities.

Evergreen at Lewisville
415 South Garden Ridge Blvd.
Lewisville, TX 75069
(972)956-8000  Fax (972)956-8001
www.evergreenlewisville.com
Active adults, 55+
Apartment home community for active adults. Several amenities available, please call or visit the website for more information.

Excel Center of Lewisville
190 Civic Cir, Ste. 170
Lewisville, TX 75067
(972)906-5522  Fax (972)906-5744
www.excelcenterlewisville.com
9:00AM - 3:30PM
5-18 years old
Fees are involved though typically covered by everything other than medicaid traditional.
A free 1 1/2 hour assessment is required and can be scheduled from 8:00AM - 5:00PM
We provide Mental Health, Behavioral Health, Chemical
Dependency and Dual Diagnosis through intensive outpatient and partial hospitalization. This program is a specialized day treatment. Additionally, we provide a Texas accredited Charter School. Doctor referrals are not needed and initial assessment is free.

Experience Works

P.O. Box 2237
Waco, TX 76703
(800)880-5292
8:00AM - 5:00PM
55 years or older with low-income
Proof of residency, age, and income
Denton County
Identify and establish Host Agency training sites (Government agencies/offices and 501(c)3 organizations.) Recruit and place eligible trainees for part-time training/employment. Tutor and assist trainees to find unsubsidized employment. Experience Works pays trainee minimum wage during training period.

EyeCare America

P.O. Box 429098
San Francisco, CA 94142-9098
(877)887-6327  Fax (415)561-8567
www.eyecareamerica.org

Senior Eye Care Program
Seniors
Lewisville
The Senior EyeCare program ensures that every senior has access to medical eye care and promotes annual dilated eye exams. It raises awareness about eye-related disease, including cataracts, provides free eye care education materials and facilitates access to eye care at no out-of-pocket expense for eligible seniors. The Glaucoma EyeCare Program promotes early detection and treatment of glaucoma. It raises awareness of glaucoma risk factors (family history, race and age), provides free glaucoma materials and facilitates access to medical care. People may call the toll free number anytime, for themselves and/or family members and friends, to request free eye care educational materials (for either program described above) and determine if they qualify for a referral to the EyeCare America’s 7,500 volunteer ophthalmologists nationwide.

Fair Oaks Apartments

1950 Lattimore Street
Denton, TX 76209
(940)-891-1719  Fax (940)891-6129
www.planocommunityhome.org
8:00AM - 5:00PM Monday - Friday with 24/7 staff available
Low income people age 62 years or older wanting to stay independently active
Complete application, return to property; put on waiting list.

We provide a facility for older people to live in a community of their peers. We also have a service coordinator available to assist them with funding services needed. Our housing is individual six plex apartment buildings with garden areas and common garden area between each building. We also have a common vegetable garden area planted and worked by the UNT Master Gardeners.

Family Care Services, Inc.

7761 Raintree Ave.
Frisco, TX 75034
(972)668-8242  Fax (214)379-1065
www.familycaresrv.com
8:00AM - 5:00PM - Monday - Friday, 24-hour Emergency Services, Saturday - Sunday on call and by appointment
24 hours a day
Private pay, Medicaid CBA, CCAD, and Star Plus CBA
$30 install, $30 per month
Call order service-Medicaid must come through DADS/Star Plus
Denton, Collin, Dallas, and Grayson counties
Provides Philips Lifeline Emergency Response Systems (help in 60 seconds), Medication Dispensers, memory loss aids and medical ID. Philips Lifeline Emergency Response Systems is covered by Medicaid CCAD, CBA, and Star Plus. Offer same day or 24 hour services on installs. Prices start as low as $30 per month. Call for more information.

Family Health Care, Inc.

3537 S. I-35E, Ste. 210
Denton, TX 76210
(940)381-2313  (940)381-5097  Fax (940)381-5249
www.familyhealthcare-inc.com
8:00AM - 6:00PM Monday, Tuesday and Thursday; 8:00AM - 8:00PM - Wednesday

Abnormal Pap, Breast Mass, Pelvic Mass
Denton County resident with verbal statement of need
Based on patients ability to pay or complete payment
Appointment with nurse practitioner to determine need
Denton County
Provides colposcopy with biopsy and leep with biopsy (with MD referral), breast sonogram/mammogram for mass (Denton Regional Medical Center), and pelvic sonogram for mass (at clinic location). Clients need copy of abnormal labs if they have them and most recent physical exam, need appointment with nurse practitioner.

Low Income Prenatal
Denton County women, pregnant, under 185% of Federal Poverty Guidelines, and not on Medicaid
Fees are based on income for visits, labs, and sonograms
Initial visit with social worker for assessment
Denton County
Provides prenatal visits, social work assessment, sonograms,
lab work, non-stress tests, and abnormal pap treatment. We collaborate with St. Joseph Trust for clients without any money to pay for services.

**Diabetic Supply**
Anyone who states they cannot afford the glucometer or test strips
Complete a 2025 Eligibility form and sign contract
Everyone in Denton County
Clients are given Glucometer, test strips, Lancets, Insulin Syringes, Ketostex, Alcohol swabs. Clients should call before coming. We can purchase test strips for specific glucometer with 3 days notice.

**Problem Visit**
Thursday from 9am-4pm
Anyone
$35 office visit and labs
Initial client demographic information
Family nurse practitioner examines client and decides on necessary labs or diagnostic tests. Collaborates and consults with medical director and specialists. We are setting up a wide referral network with discounted diagnostic xrays, etc. and payment plan options with hospitals.

**Family Planning and Well Woman/Male Exams**
12 years and older
Sliding scale based on income
Call for appointment, bring check stubs to complete eligibility form
Provides physical exams, pap smears, on site contraceptives and antibiotics for treatment of sexually transmitted diseases, lab work, and vasectomies through Dr. Admire Casey. Male exams Thursdays 9AM-4PM only and walk-ins at 8AM and 1PM.

**Family Resource Center of North Texas**
1316 E. McKinney Street
Denton, TX 76209
(940)566-1800  (940)484-4100 (information and referral)
(940)243-9600  Fax (940)382-5237
www.familyresource-nt.org
9:00AM - 5:00PM - Monday - Thursday, 9:00AM - 4:00PM - Friday
Individuals, children and families
Sliding scale based on income
North Texas
Offers prenatal classes, parenting classes, information and referral, and car seat safety education.

**Family Resale Store**
218 W. University Denton, TX 76201
(940)891-2700
10:00AM - 5:00PM - Tuesday - Friday; 10:00AM - 2:30PM - Saturday
Denton County and other counties in North Texas
Donations are accepted, sorted, cleaned, and arranged in order of size and kind. The resale store has a Store Manager and Lead Volunteers that oversee and train volunteers.

**For Kids Sake Class**
6:00PM to 10:00PM - 2nd Thursday & 4th Monday of every month, except Holidays
General public and court ordered individuals filing for divorce in Denton County
$45.00 money order or cash, or pay on line at our website - www.familyresource-nt.org
Program registration on line and in person at office
Denton County and other counties in North Texas
A four hour seminar that focuses on issues such as understanding the effects of divorce on children, gaining insight into children’s perceptions of divorce, talking to children about family changes, how to avoid placing the child in the middle of parental issues, and maintaining a meaningful and loving relationship with children (childcare not available).

**Prenatal Class**
6:30PM - 8:00PM - Tuesday
Expectant parents or any person needing information regarding pregnancy and new parenthood
$100 per person - $150 per couple
Registration and payment of fee
Denton County and other counties in North Texas
This is a 5 part series covering topics for expecting parents: Changes in mom’s body, eating for two, your hospital stay, childbirth, bonding with your new baby, and breast feeding (childcare not available). Teddy Bear Cottage clothing/nursery items -- incentives earned from making good choices.

**Back to Basics**
10:00AM - 12:00PM - Six consecutive Saturdays
Court ordered class or any interested person
$100 per person - $150 per couple
Registration and payment of fee
Denton County and other counties in North Texas
Parents learn the traits of a healthy family, techniques of effective communication, methods for setting limits, and appropriate ways to express even strong emotions. They are taught to understand the causes of family stress, and explore ways to instill respect and build character in children.

**First Step Denton County Outreach Program**
1310 Teasley Lane
Denton, TX 76205
(940)484-7837  (866)908-7837  Fax (940)484-7835
www.firststepdenton.com
9:00AM - 8:00PM - Monday - Friday
Any person seeking educational counseling or adult counseling
Cost is pending
Denton and surrounding counties
First Step Intervention Programs are designed to assist clients in identifying maladaptive patterns of thinking and
behaviors, and develops a plan of action that will foster positive change. First Step provides client assessment, counseling and education.

Foster Grandparent/Senior Companion Program

P.O. Box 368
Denton, TX 76210
(940)591-3459 Fax (940)591-3462
www.dentonstateschool.org
55 and older
Immediate opportunities for people 55 and older, which meet project guidelines, to serve as volunteers with children with special needs each weekday for an average of four to five hours a day. There may be opportunities for maximum of forty hours per week if volunteer is interested. Volunteers receive $2.65 per hour (a tax-free stipend that does not count against any other benefits being received such as Social Security, Pension, Housing Assistance, Food Stamps, etc.), one meal a day, paid vacation/sick day monthly and assistance with transportation (if needed). Opportunities for services at the following stations: Denton State Supported Living Center campus, day care centers, preschool centers and public schools in and around Denton and Denton County. Volunteers are paid while they train (orientation).

Fred Moore Day Nursery School

821 Cross Timber Street
Denton, TX 76205
(940)387-8214 Fax (940)382-3207
Children age 6 weeks to 5 years old in low-income households
Fees are on a sliding scale, based on annual income
Denton County
Services are offered on a sliding scale to assist low-income families. Staff provides guidance and understanding focusing on the special needs of each child. The curriculum provided is thematic play based curriculum, which allows each child to learn as they play. Provides three nutritious meals, which are planned to meet the federal nutritional guidelines. When children leave the program, the school prepares them to leave with the educational and social skills necessary to thrive in a public school setting. Summer Program available for children 6-12 years.

Geri-Options Geriatric Care Management

P.O. Box 424457
Denton, TX 76204-4457
(940)566-0902 Fax (940)296-7829
9:00AM - 5:00PM Monday - Friday and per arrangement
Services to the elderly and their families; some disabled. $60 hour. Call Geri Sams
Denton County
Professional Geriatric Care Managers specialize in assisting older persons and their families with long-term care arrangements by providing confidential consultation, assessment/planning, and care management services for older persons with cognitive or physical decline. Geriatric Care Managers act as a liaison to families at a distance, making sure things are going well, alerting the families to problems and can assist with moving an older person to or from a retirement complex, assisted living residence, personal care home or nursing facility. In addition, PGCMs can assist with arrangements for in-home help and other community services; review financial, legal or medical issues and offer referrals to geriatric consultants to avoid future problems and to conserve resources; and offer crisis intervention, counseling, support and consumer education. Geri-Options is a member of the National Association of Professional Geriatric Care Managers.

Girl Scouts of Northeast Texas

6001 Summerside Drive
Dallas, TX 75252
(972)349-2400 (972)349-2480
(800)442-2260 Fax (972)349-2499
9:00AM - 5:00PM Monday - Friday Girl Scouts
2317 W University Dr, #C4
Denton, TX 76201
(940)243-1314 or (877)224-7282 Fax (940)243-0435
Girls, 5-17 years old
$12 annual fee to GSUSA Registration
Cooke, Denton, Grayson, Montague and Wise counties
Girl Scouts assists girls in building character and skills for success in the real world. In partnership with committed trained adults, girls develop qualities based on the Girl Scout promise that serves them all their lives. Program facilities include: Service Center and retail shop in Denton, satellite office and shop in Sherman, Camp Whispering Oaks in Aubrey, Camp K on Lake Texoma, and Camp Rocky Point in Denton. All locations are accessible to the disabled. Volunteer opportunities available.

Goodwill Industries of Fort Worth

2030 W. University Drive
Denton, TX 76201
(940)566-0398 Fax (940)383-3280
9:00AM - 7:00PM Monday - Saturday and Noon - 5:00PM Sunday
Goodwill Career Center
(940)383-3051
8:00AM-4:00PM Monday - Friday
Small intake form North Texas
Provides individuals with vocational evaluations, job readiness services, and job placement.
Community Coordination and Mobilization
North Texas
Interagency advocacy and facilitation to improve chemical abuse prevention, intervention, education, and treatment services. Provides public awareness campaigns and leadership for coalition-building. Some coalitions, such as the Alliance on Underage Drinking (ALOUD), work to improve environmental and social policies as well. Staff and volunteers conduct campaigns year-round.

Texas Alliance for Drug Endangered Children (TADEC)
North Texas
Formed to protect Texas children living in volatile drug environments. Advocates for intervention on behalf of these children and urges communities to build collaborative, effective Drug Endangered Children (DEC) coalitions to provide coordinated services and support for these child victims. Provides communities with education and technical support to build and sustain DEC coalitions and educate the multidisciplinary professionals involved in DEC cases. DEC trainings are provided throughout the year and staff is available M-F, 8AM-5PM to help support area coalitions.

Tobacco Prevention
North Texas
Presentations to schools and other community groups concerning tobacco risks and prevention. Retail compliance checks, coalition leadership, and public awareness campaigns. Most activities take place year-round, M-F, 8AM – 5PM.

Prevention Resource Center
North Texas
Regional reference library with books, journals, pamphlets and videotapes assists local prevention efforts, and is open to the general public daily during operating hours. A web site (www.prc3.org) provides educational assistance 24 hours a day, seven days a week. Most materials are free, and many are available in Spanish. Includes speakers' bureau, health and information fairs, public awareness campaigns, and coalition leadership. Serves the 19 county area of Texas Health and Human Services Region 3: Collin, Cooke, Dallas, Denton, Ellis, Erath, Fannin, Grayson, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell, Tarrant, and Wise Counties.

Information and Referral
(214)522-8600 (214)246-HOPE (4673)
North Texas
Trained specialists provide daily assistance to callers and the general public seeking information on alcohol and other drugs, and/or referral to available services throughout the community. An extensive web site provides information about alcohol and other drugs (www.gdcada.org). Walk-ins are welcome from M-F, 8AM-5PM. Telephone calls are answered during this time period. (214)522-8600 or (214)246-HOPE (4673).

School-based Prevention
North Texas
Alternative Schools - A proven substance abuse prevention program (‘Project Toward No Drug Abuse’) focuses on the major social and psychological factors contributing to substance use/abuse. The program targets junior and senior high school students in alternative education programs, and is currently taught to students within independent school districts located in Dallas, Irving, Grand Prairie, Lancaster, and Duncanville. The curriculum is taught M-F on most school days August-May. Mainstream Schools – Implements social norms campaigns that utilize youth teams to correct misperceptions about student drug use and, ultimately, unhealthy behaviors.

Juvenile Diversion Program
North Texas
Knowing where and when to get help is difficult for parents of youth with behavioral problems. In collaboration with the Dallas County Juvenile Department, this program educates at-risk youth and their parents about family roles and effective parenting skills. Teens learn to make healthy decisions based on realistic information and self-discipline. The program is offered twice monthly on the 2nd and 4th Monday evenings.

HIV Outreach and Prevention
North Texas
Locates and supports people affected by chemical dependency and HIV. Outreach workers visit targeted areas to connect individuals with needed services. Services include HIV testing, information, activities, referrals, and education to those already living with substance abuse and HIV, and to those who are at risk for HIV and other sexually transmitted diseases. Street outreach is conducted M-F, 8AM – 5PM, year-round, and includes some evenings and weekends.

HIV Early Intervention
North Texas
Provides comprehensive intervention services to people facing the unique set of challenges of living with chemical dependency and HIV. The program provides substance abuse assessments, intensive case management, and support (medical, dental, optical, mental health services, etc.). Services are offered at our Lemmon Avenue location M-F, 8AM – 5PM, plus weekly at other locations. These include Health Services of North Texas in Denton and Plano, and Homeward Bound in Oak Cliff.
Greater Lewisville Cares
2221 Justin Road #119-307
Flower Mound, TX 75028
(972)539-2622 (972)539-4627
www.GreaterLewisvilleCares.org
Denton County
Provides a monthly calendar of volunteer opportunities for all ages and interests in partnership with over 30 local service agencies and assists civic, scouting, corporate and religious groups with organizing meaningful service projects to suit their needs. Builds free wheelchair ramps for financially needy elderly and disabled in Denton County through Project Wheelchair Ramp program. Assists homeowners through the S.O.S.-Serving Our Seniors program by matching volunteers with seniors needing a helping hand with mainly yard work and house cleaning.

Greenpath
207 W. Hickory St., Ste. 106
Denton, TX 76201
(940)382-0331 (800)382-2898 Fax (940)387-0123
denton@greenpath.com/GreenPathDentonTeam
www.greenpath.com
11:00AM - 7:00PM - Monday and Wednesday
8:00AM - 5:00PM - Tuesday, Thursday and Friday
Credit Counseling Services
No fees for counseling services
Denton County and surrounding areas
Provides professional help to families and individuals with financial problems. Does not loan money or arrange for funds. Assistance in budgeting, money management, and the wise use of credit. Assists in arranging reduced payment plans with creditors when client is over extended financially. Also provides an alternative to bankruptcy by working with creditors nationwide.

Housing Counseling
No fees for housing counseling
Denton County and surrounding areas
If you are behind on your mortgage payments, our certified housing counselors can help you get back on track. We work with you to establish a budget, set priorities and determine strategies for saving your home.

Habitat for Humanity of Denton County
1721 N. Carroll Blvd.
Denton, TX 76201
(940)484-5006 (940)293-1804
officemanager@hfhdentoncounty.org
www.hfhdentoncounty.org
Noon - 5:00PM Monday - Friday
Low-income families residing in Denton County
$1,000 closing cost
Denton County
Offers a program for very low-income families to purchase new homes with a no-interest loan and help in the construction of their home. Approval established through extensive application process. Volunteer opportunities are available.

Habitat ReStore
1805 Cornell Lane
Denton, TX 76202
(940)382-8487 (940)566-1748
9:00AM - 6:00PM - Tuesday - Friday
Denton County
The Habitat ReStore is a Discount Home Improvement Center that sells quality new and previously owned goods at discounted prices. Donations are accepted.

Ruth’s Room
1721 N. Carroll Blvd.
Denton, TX 76201
Denton County
Donated items such as shoes, comforters, clothes, books, cooking appliances and much more. Donations are accepted. Volunteer opportunities available. Please contact or visit the Habitat for Humanity of Denton County website.

Health Services of North Texas
4210 Mesa Drive
Denton, TX 76207
(940)381-1501 (800)339-2437 Fax (940)566-8059
www.healthntx.org
9:00AM - 5:00PM - Monday - Friday

Primary Medical Healthcare
4310 Mesa Dr.
Denton, TX 76207
8:00AM -5:30PM - Monday, Tuesday, Thursday
9:30AM - 7:00PM - Wednesday
8:00AM - 4:30PM - Friday
Anyone. Sliding fee scaled and insurance accepted
Patients are invited to apply for sliding fee scale pricing. Application is available online at healthtx.org or at intake appointment. Proof of income required.
Denton, Collin, Hunt, Rockwall and Kaufman counties
To deliver comprehensive HIV health care and treatment to uninsured and medically underserved HIV+ persons. Clinic sites in Denton, Rockwall and Plano. All clinic clients must be first assessed by case manager to determine eligibility and need.

Nutrition Services
(940)381-1501 Fax (940)566-8059
9:00AM - 5:00PM - Monday - Friday
Low income - emergency assistance
Case management intake need, referral required.
Denton, Collin, Hunt, Rockwall and Kaufman counties
Nutrition services provides clients with food and hygiene products to supplement their own resources and to increase
their access to nutritious food. Case managers refer clients to the pantry when assistance obtaining food is needed and assess for on-going need. Clients can receive supplemental food and hygiene products on a regular basis or in emergency situations. The Nutrition Center offers nutrition education handouts, recipes, and nutrition classes.

Case Management Services
(940)381-1501   (940)566-8059
9:00AM - 5:00PM - Monday - Friday
Health related issues and need for coordinated care
Denton, Rockwall, Collin, Hunt and Kaufman counties
Offers clients advice and assistance in obtaining medical, medication, social, community, legal, financial, and other needed services. Case managers assess client needs and resources and design an individualized client-centered service plan to address crisis situations, minimize problems with receiving services, and stabilize life circumstances. Linking clients to needed services and addressing barriers to receiving services encourages clients to focus on their medical care.

Mental Health Services
(940)381-1501   Fax (940)566-8059
9:00AM - 5:00PM - Monday - Friday
Sliding fee scale, insurance accepted
Denton, Hunt, Collin, Rockwall and Kaufman counties
Mental Health services support both mental and physical well-being for optimal health and productivity. Counselors use a collaborative, comprehensive treatment approach that considers psychological, social, environmental, and biological factors for empowering clients to improve their ability to function with life circumstances and situations. Mental health screening, assessments, and therapy is available for issues such as depression, anxiety, relationship problems, life-skills development, substance abuse, behavioral diagnoses, post-traumatic stress, grief, and the challenge of acute or chronic health conditions. Treatment services include individual and group therapy, marriage and family therapy, and crisis intervention services.

Transportation Services
(940)381-1501   Fax (940)566-8059
9:00AM - 5:00PM - Monday - Friday
HIV+, low income
Case management intake need, referral required.
Denton, Hunt, Collin, Rockwall and Kaufman counties
Transportation services are provided for clients to access medical and social services. Case managers refer clients to transportation coordinators who schedule transportation to and from appointments. Although transports to medical and mental health appointments are the first priority, every effort is made to accommodate transports to other social service appointments.

Guardianship Program
(940)381-1501   (940)566-8059
9:00AM - 5:00PM - Monday - Friday
Denton County Probate Court Referrals, indigent county clients
Denton, Hunt, Collin, Rockwall and Kaufman counties
Guardianship services ensure that clients reside in a safe and appropriate environment, that clients are treated with dignity and respect, and can address medical, end of life, and social needs. A detailed, legal process evaluates and determines if guardianship is needed to aid the individual in decision making as well as to protect a person from abuse, exploitation and neglect, including self-neglect. HSNT staff members who are specially trained social workers serve as decision makers for individuals when they can no longer make or communicate safe or sound decisions for themselves or when no family member or friend is willing and/or qualified to serve as guardian.

Housing Assistance
(940)381-1501   Fax (940)566-8059
9:00AM - 5:00PM - Monday - Friday
HIV+
No fee for agency service.
Clients pay 30% of their income toward their housing
Denton, Hunt, Collin, Rockwall and Kaufman counties
Housing assistance services are offered for people living with HIV/AIDS. Case managers provide referrals to other community programs for those without an HIV diagnosis. Services such as long-term assistance with rent or short-term assistance with rent, mortgage, or utility costs can provide the necessary support to remain healthy and to promote economic self-sufficiency. Housing assistance can prevent homelessness as well as assist homeless clients who are transitioning into affordable housing. For clients transitioning from homelessness to independent living, intensive case management includes innovative approaches to increasing skill, income, and self determination.

Insurance Assistance
(940)381-1501   Fax (940)566-8059
9:00AM - 5:00PM - Monday - Friday
HIV+, low income
Denton, Hunt, Collin, Rockwall and Kaufman counties
Insurance Assistance allows clients who are living with HIV/AIDS to keep medical insurance coverage and maintain established medical care. The program offers financial assistance to clients who can no longer afford to pay for their medical premiums, co-pays, or deductibles. Case managers assess and refer clients to the program.

Hearts For Homes
1012B North Masch Branch
Denton, TX 76207
(940)-891-0947
susan@heartsforhomes.org
www.heartsforhomes.org
9:00AM - 4:00PM or when volunteers are available to man the phones
Housing Repairs for Very-low Income Elderly
Elderly homeowners with very low incomes Based on Income; then prioritized by need Denton County Provides assistance to the aging population in the areas of housing repair, housing rehabilitation, as well as meeting the needs of their everyday existence. We only serve elderly - just being disabled does not qualify for assistance - must be elderly.

Helping People Help Themselves

101A Shady Shores
Lake Dallas, TX 75065
(940)-566-2311    Fax (940)498-7007
Helping People Help Themselves
Persons with developmental, physical and emotional disabilities.
The day habilitation program offers training in personal social adjustment, independent living, relationship, socialization and academic skills. The vocational program offers job training, job coaching and job development. The in-home habilitation offers sitter services, nursing care facilities and hospital settings.

Home Instead Senior Care

1992 Justin Rd., Ste. 200
Highland Village, TX 75077
(972)317-0900   (877)591-7822    Fax (972)317-0919
marjorie.sullivan@homeinstead.com
www.homeinstead.com/685
Office 9AM - 5PM - Monday - Friday,
Phones for emergency 24/7
People who are seniors or disabled and need extra help to function $14.95/ hour and up
Free assessment in the home
Denton and Wise counties
Professional caregivers provide non medical companionship care in the client's home. Services range from simple companionship and stimulation to light housekeeping, meal preparation, errands, incidental transportation, dementia care, assistance with bathing, grooming, dressing, incontinence care, feeding, and medication reminders, licensed as a personal assistance service by the state of Texas.

HOPE, Inc.

117 West Sycamore
Denton, TX 76201
(940)382-0609    Fax (940)382-5615
Hopeoffice@hopeincdenton.com
www.hopeincdenton.com
Calls taken to make appts - 9:00AM - 12:30PM - Monday-Friday
Financial assistance is determined by the funding source, primarily for homeless and homeless prevention assistance to families with dependent children, and to those with low and very low incomes who are legal residents of Denton County.

Calls are taken from 9:00AM - 12 Noon. As appointments with a case manager and funding are available, the Intake Worker will screen the applicant for appropriate program services.

City of Denton and Northern Denton County
Transitional housing with financial and life skills assistance through a case management approach for a period of one month up to two years. Also provide life skills and budget assistance, community referral, financial assistance with rent or mortgage for up to one month, housing counseling for those facing eviction or foreclosure.

IASIS Learning Center

1301 W. FM 407, Ste. 104
Lewisville, TX 75077
(214)395-3045
michelle@iasislearningcenter.com
www.iasislearningcenter.com
Varies (Monday through Saturday)
Social Skill Instruction - through the use of Drama
This program is for children, age 6-16, within the Autism Spectrum, Attention Deficit, or in Gifted and Talented Programs.
$160 per month (4 sessions), a sliding fee scale is available
1 hour intake session (parent and student interview)
Dallas and FortWorth (surrounding areas)
Social skill instruction focuses on different social concepts such as: emotions, communicating appropriately in a conversation, learning unwritten social rules in the classroom, increase empathy towards others, elements of non-verbal language and much more. A “blue screen” is used so students can be at different places while role-playing. Each student has his own client page so that he can view videoclips that are recorded at each session. Lessons are offered in groups as well as individual formats.

Innovative Counseling Services

3740 N. Josey Lane, #204
Carrollton, TX 75007
(972)492-7910    Fax 1(866)216-9011
www.innovativecounselingservices.com
Call for appointment
Adolescents and adults.
No restrictions on residency or income level
Sliding scale, Medicaid, private insurance
Denton, Dallas & Collin counties
Substance abuse and psychological evaluations. Supportive out patient and aftercare counseling for substance abuse issues. Individual substance abuse and mental health counseling Specialty group program, Smart Girls Speak, for adolescent females ages 12-17. Anger management counseling, domestic violence counseling and grief therapy.
Interfaith Ministries

1109 North Elm St.
Denton, TX 76201
(940)565-5479      Fax (940)566-5927
condell@ifmdenton.org
www.ifmdenton.org
8:00AM - Noon / 1:00PM - 5:00PM - Monday - Friday

Low income families of northern Denton County
Clients must call for an appointment.
Provides assistance with rent, utilities, prescriptions and medical supplies, adult & child eye exams & glasses, transportation, school supplies for children, and assistance with obtaining vital records. Assistance is coordinated with other agencies and targeted toward client self-sufficiency.

Keep Denton Beautiful

Denton, TX 76207
(940)349-8537
Aimee.Dennis@cityofdenton.com
www.kdb.org
Provides information and referral for persons interested in promoting the beautification efforts of Denton County. Volunteer opportunities.

Keep Lewisville Beautiful

101 West Main Street, Ste. 102
Lewisville, TX 75057
(972)538-5949      Fax (866)727-8526
info@keeplewissvillebeautiful.org
www.keeplewissvillebeautiful.org
9AM -5PM - Monday - Friday

Adopt-A-Spot
24/7 - It's up to the volunteer
All age, income, residency, and any other factors. Come one, come all. No fees - Free program
Application online or in the office
City of Lewisville
Volunteers make a one year commitment to Adopt-a-Spot (street, median, park, or other public location) and clean that location. Volunteers are supplied with safety vests, litter grabbers, gloves, and trash bags to start their work. Volunteers are asked to clean their location a minimum of one time per month, and to report their hours worked, number of people helping, and number of bags collected. All Adopt-a-Spots need to be within the city of Lewisville.

John Boehm Youth Grant
Lewisville, TX 75057
School aged children only
No fees - Free program
JBYG application filled out and turned in, board votes
City of Lewisville
Youth grant of up to $500.00 awarded to buy supplies for their approved project. Projects must be related to environmental education, litter removal, waste reduction, and beautification. Please see website for more details.

Make a Difference Day Daffodil Planting
Lewisville, TX 75057
All ages, income, residency and any other factors. Come one, come all.
No fees - Free program
Registration by online, email, fax, phone, in office, or walk on at event
City of Lewisville
Volunteers plant daffodil bulbs along various roads in Lewisville. All supplies provided to volunteers will be given a KLB t-shirt, and a pizza and soda lunch. Help KLB make a difference on this special national day. There will be bending, digging and lots of dirt. Everyone has a blast and can't wait for the beautiful smiley flowers to emerge in early spring!

Spring Clean Up
One day event 9am-noon
All ages, income, residency and any other factors. Come one, come all.
No fees - Free program
Registration by online, email, fax, phone, in office, or walk on at event
City of Lewisville
Annual city wide cleanup. Volunteers work both on site and at assigned locations throughout the city. Onsite volunteers will help with set-up, supply distribution, and break down of event. Off-site volunteers will be assigned locations in the city of Lewisville to clean and remove litter. All volunteers will receive goodie bags, a t-shirt, and a free lunch. Door prizes given at the end of the event to the lucky winners! Check out online information.

Garden Secrets
1197 W. Main St.
Lewisville, TX 75057
Check online for schedule
Anyone
Classes are free
City of Lewisville and surrounding communities
Garden Secrets are free classes offered to the community covering topics related to yards, gardening, and trees. Anyone is welcome to attend and the courses are always free. Classes are always taught by master gardeners.

Clean Streams Teams
Lewisville, TX 75057
24/7 - It's up to the volunteer
All ages, income, residency and any other factors. Come one, come all. Under 16 with parent permission.
No fees - Free program
Application online or in the office
City of Lewisville
Volunteers make a one year commitment to do the Clean Stream Teams. Volunteers will clean waterways that they have adopted. Volunteers are supplied with safety vests, litter grabbers, cloth and latex gloves, and trash bags to start their work. Volunteers are asked to clean their location a minimum of four times per year and to report their hours worked, number of people helping, and number of bags collected on a quarterly basis. All Clean Stream teams need to operate within the City of Lewisville along creeks, streams, rivers, and Lake Lewisville.

Lake Cities Community Food Pantry
& Community Aid Fund
300 E. Hundley
Lake Dallas, TX 75065
(940)321-6100
9:00AM - 2:00PM - Tuesday & Thursday and 6:00PM - 7:00PM - 2nd & 4th Thursdays
Low income living in Lake Dallas, Hickory Creek, Shady Shores or Corinth
Lake Cities Area
Provides food and hygiene items. Provides some assistance with utility bills and prescriptions.

Legal Aid of Northwest Texas
625 Dallas Drive, Ste. 350
Denton, TX 76205
(940)383-1406 Fax (940)382-7797
ramos@lanwt.org www.lanwt.org
8:00AM - 5:00PM - Monday - Friday
Income eligible applicants who are either US citizens, resident aliens, or meet eligibility exceptions as victims of domestic abuse.
Court Fees
Telephone intake for financial screening
Denton, Wise, Cooke, Jack, & Montague counties
Civil legal services for eligible persons and families. Client may have to pay for court costs. Call for screening and make appointment.

Legal Hotline for Older Texans
(800)622-2520
Free legal advice by telephone to Texans age 60 or older; nursing home residents, veterans, victims of violent crime or those eligible for Medicare.

Legal Line - Dallas Bar Association
2101 Ross Avenue
Dallas, TX 75201
(214)220-7476 (214)220-7465
cmaher@dallasbar.org
5:30PM - 8:00PM - 2nd & 3rd Wednesdays

Legal Line
5:30PM - 8:00PM - 2nd & 3rd Wednesdays
All
Provides answers to simple legal questions over the phone.

The Leukemia and Lymphoma Society
8111 LBJ Freeway, Ste. 425
Dallas, TX 75251
(972)996-5900 (800)800-6702 Fax (972)996-5990
stacey.russell@LLS.org
www.lls.org/tx
9:00AM - 5:00PM - Monday - Friday

First Connection
(972)996-5905 Fax (972)996-5990
9:00AM - 5:00PM
Family or caregivers of those diagnosed with a blood cancer
North Texas area
Provides patients and their families the opportunity to share experiences with someone who has been successfully treated for the same diagnosis.

Information Resource Center
(800)955-4572
9:00AM - 6:00PM - Monday - Friday
Anyone
U.S. & Canada
Provides patients, families, healthcare professionals and others interested individuals with the latest information on leukemia, lymphoma, myeloma and other blood disorders.

Co-Pay Assistance Program
P.O. Box 12268
Newport News, VA 23612
(877)557-2672 Fax (877)267-2932
Patience with insurance, Diagnosed with: Leukemia, Lymphoma, Myeloma, MOS, Waldensroms, and meet financial guidelines U.S. & Canada
Financial assistance for select costs related to treatment, drug co-pays & health insurance premiums.

Patient Financial Aid Program
(972)996-5905 Fax (972)996-5990
9:00AM - 5:00PM - Monday - Friday
Those diagnosed with a blood cancer
Submit application
North Texas area
Provides annual $150 stipend.

Family Support Groups
(972)996-5905 Fax (972)996-5990
9:00AM - 5:00PM - Monday - Friday
Those diagnosed with a blood cancer, family & friends
North Texas area
Family support groups provide mutual support and education for patients and family members.
Trish Green Back to School Program
for the Child with Cancer
9:00AM - 5:00PM - Monday - Friday
Children diagnosed with cancer
North Texas area
The Trish Green Back to School Program for the Child with Cancer was developed to foster communication among healthcare professionals, parents, young patients and school personnel in preparation for a child’s return to school after cancer treatment. Informative materials, videos and a wealth of literature are available through a Society’s local chapters.

Leuty Avenue Apartments

909 West 7th Street
Justin, TX 76247
(940)648-3296   Fax (940)648-3296
8:00AM - 4:00PM - Tuesday and Thursday
Income Based
Application fee
Provides affordable housing for low-income families, the handicapped and the disabled.

Lewisville Senior Activities Center

1950-A S. Valley Parkway
Lewisville, TX 75067
(972)219-5050   (972)219-5051   Fax (972)219-5055
tmilam@cityoflewisville.com
www.cityoflewisville.com
8:00AM - 5:00PM - Monday, Wednesday and Friday
8:00AM - 9:00PM - Tuesday and Thursday
Adults, 50 years of age and older
fees for classes, some activities, trips and events
Complete one page information form
Lewisville, Flower Mound, Highland Village and Denton counties
The operative word in our name is 'activities' and there are a lot of them here for everyone to enjoy. The center has special events, to classes, to yoga. We strive to present a wide spectrum of activities. There is no charge to be a member of our center; you just have to complete a membership form. Classes, activities and trips are reasonably priced or free. SPAN lunches are served daily at 11:30AM; you must sign-up 24 hours in advance. Meals are $1.50 donation for 60 and over and $3.50 donation for those under 60 years of age. Denton County Transportation Authority is available by calling (940)243-0077 or transportation is available via Trolley route service.

Little Elm Area Food Bank

501 Bill Street
Little Elm, TX 75068
(972)294-4061   Fax (972)754-0699
www.leafp.org
9:00AM - 4:00PM - Monday; 9:00AM - 5:00PM - Thursday; 9:00AM-Noon - Friday; 9:00AM - 3:00PM - Third Saturday of every month
Residents of Little Elm, including Hackberry, Lakewood Village, Oak Point, Crossroads South of 380, Rocky Point Submit to an interview and completion of application
Emergency food supply of about 2 weeks worth. Eligible to return 2 more times in 60 day intervals with a reduced amount of food given, after which referrals are made for long term assistance.

Little Elm Medical Clinic

730 El Dorado Pkwy.
Little Elm, TX 75068
(972)292-3330   Fax (972)619-4697
www.littleelmmed.com
9:00AM - 5:00PM - Monday - Friday
Services for acute and chronic illness for ages 3 and up
Residents of Little Elm and surrounding areas
Offers several medical services for patients older than 3 years of age. Medicare accepted and most major insurance companies. Please visit the website or call for more information.

March of Dimes Birth Defects Foundation

12660 Coit Road, Ste. 200
Dallas, TX 75251
(972)669-3463   Fax (972)669-1117
www.marchofdimes.com/texas
Offers professional and public health education regarding birth defects and pregnancy. Community services include pamphlets, films, speaker’s bureau and community health education interns. Volunteers and college internships are available. Please visit the website for local chapters in your area and to find out more information.

Meals on Wheels of Denton

(940)387-5692 (Director)
(940)565-1969 (Elsie B. Wiley, treasurer)
12:00PM - 5:00PM
Regional Medical Center Hospital Kitchen
10:15AM - 11:00AM - Monday - Friday
Adults unable to cook for self and/or purchase food; no age limit; able to pay fee; able to provide insulated cooler for meal if not home
$3.00 per meal
By phone to Director by the client, a family member, social worker and /or MD to establish level of need & diet requirements.
Denton City limits
Volunteers drive own car and deliver a noon meal Monday through Friday as prepared by Denton Regional Medical Center kitchen. Delivery time between 10:20AM - 11:40 AM
Employment Assistance

Client must provide proof of residency and identity and must live in area served Carrollton, Farmers Branch, Addison, Coppell and zip 75287 in Denton County

The MSS employment program will assist individuals with one or more of the following: Individual job counseling, employment skills training, support services and information for other needs, and referrals to other agencies. Every client meets with an employment counselor who determines their current needs and develops a program plan to meet those immediate needs. Clients are also assisted in determining current barriers and how to lower these barriers in order to find employment or upgrade employment. Once solutions have been identified for current needs, counselors then work with clients to develop a self-sufficiency plan that addresses how the client can achieve these future goals. Clients are encouraged by counselors to continue their efforts in finding employment by providing them employment leads. Counselors also provide follow-up appointments. MSS offers skilled training to help with resumes, interviewing, and completing applications. We also offer many referrals to improve education, language skills, or to deal with citizenship issues. MSS provides clients the opportunity to use computers, printers, fax machines, phones, and copier equipment to assist them in obtaining and preparing for employment success.

Comprehensive Emergency Assistance

8:00 AM - 5:00 PM - Monday, Tuesday, Thursday and Friday; 8:00 AM - 7:00 PM - Wednesday; 9:00 AM - 1:00 PM - Saturday

Client must provide proof of residency and identity and must live in area served Carrollton, Farmers Branch, Addison, Coppell and zip 75287 in Denton County

Provides short-term emergency assistance to improve life situations of residents. During the qualification process, MSS assists families with one or more of the following: Housing assistance, utilities assistance, food, clothing/household items, bus passes/gas vouchers, medical needs, assessment and referral and seasonal programs. MSS provides services for families who are in crisis, due to insufficient income, or resources to adequately meet their needs. Caseworkers develop a program plan with families to stabilize the crisis and move the family toward self-sufficiency. In order to achieve this goal the agency makes referrals as needed for employment, budgeting, food stamps, child support, education and legal aid. Caseworkers follow up on the referral process to determine the clients' progress. This plan and the financial assistance provided by the agency fundamentally change the family's economic situation and move them towards independence.

Mothers Against Drunk Driving (MADD)

8585 North Stemmons Freeway, Ste 525, South Dallas, TX 75247
(214)637-0372 (800)438-6233 Fax (214)637-0374
www.madd-metroplex.org
8:00 AM - 5:00 PM - Monday - Friday
Victims/Survivors of drunk driving North Texas

MADD believes it's possible for our nation to eliminate the tragedy of drunk driving and prevent underage drinking. And we are committed to serving drunk driving victims/survivors. The region involves 31 counties including Denton county. Victim/survivor services are free.

Mother's Milk Bank of North Texas

1300 W. Lancaster Ave., Ste 108
Fort Worth, TX 76102
(817)810-0071 (866)810-0071 Fax (817)810-0087
carol@texasmilkbank.org
www.texasmilkbank.org
9:00 AM - 4:00 PM - Monday-Thursday and 9:00 - 2:00 PM - Friday

Denton County Health Department WIC Office
8:00 AM - 12:00 PM and 1:00 PM - 7:00 PM
Monday - Wednesday, 8:00 AM - 7:00 PM - Thursday
Breast milk donors must contact the Milk Bank Call office for initial donor screening
All of North Texas Areas

The Mothers' Milk Bank of North Texas is a nonprofit donor human milk bank which accepts donated breastmilk from fully screened, healthy, breastfeeding mothers. The donated milk is processed, tested for bacteria and frozen until ordered by a physician. Recipients are most commonly critically ill and premature infants.

Muscular Dystrophy Association, Inc. Greater Dallas Chapter

12655 N. Central Expressway, Ste. 230
Dallas, TX 75243
(972)480-0011 Fax (972)644-7954
www.mdauusa.org
North Texas and South Oklahoma

Provides diagnostic and follow-up care including physical, occupational and respiratory therapy. Evaluation provided through UNT Southwestern Medical School, the Neurological Clinic of Texas, Children's Medical Center and Texoma Neurology Associations of Denison. Assistance is provided for the repairs of wheelchairs (manual and electric), and leg braces. Ongoing support groups include ALS (Lou Gehrig's disease), myasthenia gravis, Charcot-Marie-Tooth (CMT) disease, and...
parent groups. Recreational programs include summer camp for children and social functions and activities regularly scheduled. Patients must be suspected of having a neuromuscular problem or be diagnosed with any one of 43 neuromuscular diseases. Insurance, Medicare and Medicaid are accepted.

**National Multiple Sclerosis Society**  
**South Central Chapter**

2105 Luna Rd., Ste.390  
Carrollton, TX 75006  
(214)373-1400 (214)373-7200  
www.nationalmssociety.org

National Multiple Sclerosis Society - Lone Star Chapter  
Provides advocacy, peer/professional counseling, information and referral; client, family, public, professional education programs, emergency financial assistance, equipment assistance/loan program, lending library, chapter newsletter, literature, self-help groups, newly diagnosed programs, therapeutic recreation programs, social activities, and multiple sclerosis research support.

**Nexus Recovery Center, Inc.**

8733 La Prada Dr.  
Dallas, TX 75228  
(214)321-0156 (800)865-2224 Fax (214)324-1994  
bhunter@nexusrecovery.org  
www.nexusrecovery.org

8:00AM - 6:00PM - Monday - Friday  
Residential Treatment  
Female clients over the age of 13 and as many as three of their accompanying children  
Case by case basis  
Varies  
All areas  
Nexus offers three residential programs: Adult Women (women ages 18 and up admitted into residential treatment without children), Pregnant and Parenting Women with Children (women ages 18 and up admitting into residential treatment with up to three children under the age of 12), and Adolescents (teenage girls between the ages of 13 and 17 seeking substance abuse treatment for themselves. We can accommodate pregnant adolescents as well as adolescents with children). We have licensed childcare center on campus where children receive care while their mom is in treatment during the day. Within all treatment programs we offer counseling and case management, life skills training, STD/HIV testing and education, psychiatric services, family therapy and education, and parenting classes.

**North Texas Youth Connection**

1602 E. Lamar St.  
Sherman, TX 75090  
(903)893-4717 (800)568-7776 Fax (903)868-2260  
vpenn@ntxyouthconnection.org  
www.ntxyouthconnection.org

8:00AM - 5:00PM - Monday - Friday  
Emergency Youth Shelter  
24/7  
Youth ages 10-17 who are homeless, abused, runaway  
North Texas/Grayson County  
The 14-bed temporary shelter for males and females ages 10-17 provides runaway, homeless and abused youth with a safe place to stay until they can be reunited with their family or an alternative living arrangement can be secured.

**Northwest Christian Community Services**

108 Pecan Street  
Roanoke, TX 76262  
(817)491-4451  
9:00AM - 2:00PM - Monday - Wednesday  
Northwest Independent School District  
Provides food, commodities, clothing, household items and some utility assistance. Donations are accepted.

**Opening Doors Immigration Services**

2200 N. Bell Ave.  
Denton, TX 76209  
(940)382-0096 Fax (940)891-0466  
contactus@odisdenton.org  
www.odisdenton.org

9:00AM - 5:00PM - Monday - Thursday. (Appointment only)  
Intake hours - 9:00AM - 11:00AM - Saturday  
No appointment necessary  
Immigrant families who by immigration law have a legal immigrant benefit available to them  
Saturday mornings - initial office visit  
Denton, Tarrant, Collin, Dallas, Wise, Cooke counties  
Provides expert legal immigration and naturalization services in a safe and supporting environment and is dedicated to serving clients regardless of financial limitations and without regard to race, religion, gender, national origin, age, or disability.

**Our Daily Bread**

300 W. Oak Street, Ste. 100  
Denton, TX 76201  
(940)382-5604 (940)765-7607 (Admin.)  
Fax (940)381-2404  
jenny.hawkinsODB@gmail.com  
www.ourdailybreaddenton.org

10:00PM - 1:30PM - Monday - Friday  
City of Denton  
Provides nutritious meals for clients, transportation support to medical appointments and job interviews, facilitates job search support, information on crucial services available through other agencies, telephone accessibility, blood pressure checks and limited medical referral assistance. Provides seasonal clothing in winter and limited essential hygiene supplies.
Pastoral Counseling and Education Center
4525 Lemmon Ave., Ste. 200
Dallas, TX 75219
(214)526-4525  (800)340-7557  Fax (214)520-6468
www.pcec-counseling.org
9:00AM-7:00PM Monday-Thursday, 9:00AM-4:00PM Friday,
10:00AM-3:00PM Saturday
Age 3 - elderly
Fees vary, contact agency
Fill out form
Locations in: Allen, Arlington, Carrollton, Coppell, Dallas,
Duncanville, Flower Mound, Garland, Irving, McKinney,
Mesquite, and The Colony
The Center provides outreach to anyone in need including
individuals, couples and families. Offers counseling on issues
such as mending relationships, surviving divorce, dealing
with anxiety, depression, grief and the trauma of emotional,
physical or sexual abuse as well as those caught in the tragedy of
alcoholism and substance abuse.

PediPlace
502 S. Old Orchard Lane, Ste. 126
Lewisville, TX 75067
(972)436-7962  Fax (972)420-0085
Larry.Robins@PediPlace.org
www.pediplace.org
8:00AM - 5:00PM - Monday, Wednesday, Thursday;
8:00AM - 8:00PM - Tuesday; 8:00AM - 4:00PM - Friday
Pediatric Primary Health Care
0-19 years old, Medicaid, CHIP, and uninsured
Low cost pediatric medical services for CHIP, Medicaid and
uninsured
Denton and North Texas counties
PediPlace provides comprehensive pediatric services that
includes treatment of acute illness; treatment and management
of chronic illness; preventive care; physicals; referrals for
specialized medical care; parent/child health education; and
newborn parent health and child safety education.

Phoenix House of Dallas
2345 Reagan St
Dallas, TX 75219
(214)999-1044  Fax (214)526-3285
crush@phoenixhouse.org
www.phoenixhouse.org/texas
9:00AM-5PM Monday-Friday
Boys and Girls ages 13-17, no income level exclusions. Accept
private insurance, self-pay, North STAR, CHIP, and try to
assist those without funding.
Call for more information
An appointment for an assessment its made; a one to two hour
assessment is performed and a level of care recommendation
is made; if appropriate they are admitted; if not appropriate for
our services community referrals are given.

Phoenix House of Dallas - Feinberg Academy is a residential
treatment facility that serves adolescent males and females ages
13-17 who struggle with substance abuse as well as co-occurring
mental health issues. The Academy combines substance abuse
treatment with daily on-site education programming provided
by the Dallas Independent School District. The Phoenix House
program is a modified therapeutic community model with
multi-phases and other evidence-based practices designed
specifically for adolescents. Our Dallas Academy provides a full
range of residential recovery care. Phoenix House of Dallas also
offers an intensive after-school outpatient program for male and
female adolescents ages 13-17 who are in trouble with drugs
and alcohol. During treatment, teens work to rebuild their self-
esteen as well as learn to control anger and impulsive behavior,
make positive choices, manage stress and plan for the future.
Out patient services available for adults in Dallas and Houston

Pilot Point Goodfellows
1189 S. Hwy 377
Pilot Point, TX 76258
(940)686-3014  (940)765-8055  Fax (940)686-2534
Storehouse1@dishmail.net
8:30AM-12:00PM Monday-Wednesday-Friday
Anyone living North of Highway 380 and South of Tioga; East
of Lake Ray Roberts and West of Denton County Line
Northeast Denton County
Our goal is to meet the physical need of all in our area of service
as funds permit. We offer food, clothes, utilities, rent, and
medical as funds permit.

Pilot Point Senior Center
310 S. Washington
Pilot Point, TX 76258
(940)686-2639  Fax (940)382-2224
Northeast Denton County
Provides physical fitness program, educational and recreational
activities, health and social services and noon meals through
the cooperative efforts of SPAN and various community
organizations. Contributions requested but not required.
Advance reservations necessary for meal services.

Pinnacle Home Health
1241 Cross Timbers Road
Flower Mound, TX 75028
(972)691-3131  Fax (972)691-3151
www.pinnaclehomehealth.net
Provides full service home health serving DFW and surrounding
counties. Specializing in senior wellness and fall prevention.
Locally owned and operated home health agency that provides
customized home strength and conditioning programs as well as
physical, occupational and speech therapy.
Planned Parenthood of North Texas

2436 S. I-35, Ste. 340
Denton, TX 76205
(940)891-0737     (800)891-PLAN (7526)
Fax (940)891-0539
www.ppnt.org
Noon - 7PM - Monday, 9PM - 5PM - Tuesday, Wednesday, Friday, 9AM - 1PM - 1st and 3rd Saturday
Denton County
Provides confidential, high quality, low cost health care services to all, both male and females. Mammogram referrals offered to women 40 and older. Also provides tubal and vasectomy programs to patients. Accepts Medicaid and WHP.

Primary Care Clinic of North Texas

570 S Edmonds Ln.
Lewisville, TX 75067
(972)221-6005     Fax (972)221-6039
www.primarycareclinic.org
8:00AM-5:00PM - Monday-Friday
Over 12 years of age with no insurance
Office visit $35, Blood work fees $10-$12
All of North Texas
Provides blood tests, pap smear, screening for hepatitis, HIV, cholesterol, PSA, etc and referrals.

REACH of Denton

405 S. Elm, Ste. 202
Denton, TX 76201
(940)383-1062     Fax (940)383-2742
reachden@reachcils.org
www.reachcils.org
8:00AM-5:00PM Monday-Friday
Individuals with disabilities
Denton and surrounding counties
Resource Center on Independent Living, REACH, which stands for Rehabilitation, Education, Advocacy for Citizens with disabilities (formerly Handicaps) is a nonprofit corporation with the mission of providing services to people with disabilities and education to the general public on disability related topics.

General Support Group
1:00PM - 2:00PM - Wednesday
Individuals with disabilities
Denton and surrounding counties
Provides support in group setting - contact for more information or visit website.

Reading and Radio Resource

2007 Randall
Dallas, TX 75201
(214)871-7668     (800)871-7668     Fax (214)871-7669
reading@readingresource.org
www.readingresource.org
9:00AM - 5:00PM - Monday - Friday

Recorded Books - Kids
Students who qualify for special education, ESL or learning differences, services K-12th grades.
Call for more information
Serves children and adults who are visually or physically disabled and/or learning disabled by transcribing printed material to an audio format.

Recorded Books - Adults
Anyone who is unable to read or hold printed materials
Call for more information
Adults who are print impaired may request a book be sent from the catalog of over 3700 titles we have ‘in house’ or request that we read a book for them. The listener may keep the recording.

A Radio Reading Service
Anyone who is unable to read or hold printed materials
None, unless they want to subscribe to screening for a monthly charge
Application
50-60 mile radius from our Cedar Hill tower
Radio units are provided free of charge to anyone who is certified by a physician or social worker to be print impaired. Services are free of charge but we do ask that the radio be returned to the agency should the listener no longer need it. Programming consists of local, state and national newspapers, magazines and serialized books, several self-help shows (i.e. Cooking in the Dark, The Blind Handyman, etc.), travel, jazz, and a myriad of other segments. We broadcast 24/7, 365 days per year.

ReadyStart

1701 N. Collins Blvd. Ste. 100
Richardson, TX 75080
(469)385-4900     Fax (469)385-2982
www.readystart.org
8:00AM - 5:00PM - Monday - Friday;
Early Childhood Intervention - ECI
Any child birth to 3 years who is experiencing developmental delay or disability. Sliding fee scale based on income
Denton and Wise counties and Plano ISD
Provides physical, occupational, and speech therapies, developmental services, nutrition services, screening and assessment, family support and counseling, transition services at age 3, assistive technology and vision and hearing services.

Reata Rehabilitation

9204 T.N. Skiles Rd.
Ponder, TX 76259
(940)479-2612     (940)367-9515     Fax (940)479-2607
reatarehab@embarqmail.com
www.reatarehab.com
9:00AM - 6:00PM Monday;Tuesday
Thursday 9:00AM 6:00PM
Monday; Tuesday; Thursday
Any person with a neurological disorder
Denton, Cooke, Dallas, Wise, and Tarrant counties
We provide occupational and physical therapy on horseback.
We offer this unique form of therapy to children and adults of all ages and diagnoses. We offer an evaluation to see if our therapy will be beneficial and safe. We do work and file with insurance companies. We cannot file Medicaid. We do accept out-of-pocket pay.

Riding Unlimited, Inc.
9168 T.N. Skiles Rd.
Ponder, TX 76259
(940)479-2016    Fax (940)479-2018
ridingunlimited@aol.com
www.ridingunlimited.org
9:00AM - 6:00PM - Tuesday - Saturday
Participants be at least 3 years of age with emerging head and trunk control.
Requires a physician release.
10 week session: $350; sliding scale scholarship available.
North Texas area
Riding Unlimited is a NARHA Premier Accredited Center. Classes are taught by NARHA certified instructors that develop and follow lesson plans designed to benefit the participants. Trained horse leaders and sidewalkers volunteer their time to ensure the safety of our riders. Riding Unlimited’s therapeutic horsemanship riding and carriage driving programs are dedicated to enabling North Texas disabled community by enhancing their physical, social, educational and emotional abilities. Building strength, courage and confidence is what the program is all about. Our name exemplifies the ultimate goal for any rider - encouragement to pursue their own unique ability. Program goals: Therapeutic Riding is based on individual needs. Goals may include improvement in muscle tone, range of motion, rhythm, muscle strength, balance, and coordination. Riding and carriage driving instruction goals may include improvement in attention span, spatial relations, sensory awareness, sequential performance and reasoning skills. Horsemanship skills that may be developed include cantering, posting, carriage driving, and stable management. Riders may participate in demonstrations, competitions, and Special Olympics Equestrian events at the local and state level.

Roanoke Food Pantry
108 Pecan Street
Roanoke, TX 76262
(817)491-4451
9:00AM - 2:00PM - Monday, Tuesday, Wednesday
Provides staple food supplies to families/individuals who are in an emergency situation. The center accepts donations of food and contributions of money, which is used to buy needed commodities.

Rosemont at Pecan Creek
3500 E. McKinney Street
Denton, TX 76209
(940)383-9400    Fax (940)891-2991
pecancreekmgr@ pinnaclefamily.com
www.pinnaclefamily.com
9AM - 6PM - Monday - Friday, 10AM - 5PM - Saturday, 1PM - 5PM - Sunday
Income restriction based on household size
Application Fee and Deposit
Denton County
Rosemont at Pecan Creek, provides social, educational and recreational services to residents in contracted affordable housing communities. The local family program is housed at Rosemont at Pecan Creek. The after-school enrichment/tutoring program operates Monday - Friday from 3:30pm to 5:30pm and is free to the residents. Please visit the website or contact Rosemont at Pecan Creek for more information.

R.S.V.P. (Retired and Senior Volunteer Program)
Denton County
1400 Crescent St., Ste. #3
Denton, TX 76201
(940)383-1508    (972)221-9663 Lewisville
Fax (940)387-0862
www.rsvpserves.org
Adults 55 and older
Denton County
RSVP mobilizes adults 55 and over to address community needs by volunteering at non-profit agencies, governmental entities and health care facilities.

(The) Salvation Army, Denton Corps
1508 E. McKinney
Denton, TX 76209
(940)566-3800    Fax (940)898-1731
carol_hernandez@uss.salvationarmy.org
www.salvationarmysouth.org
9:00AM - 4:00PM - Monday - Friday
Meets government poverty guidelines
Denton County
Provides services for individuals and families in need of food, assistance paying utilities and rent, clothing, household furnishing, inter-city transportation and referral services. To qualify you must provide an award letter (S.S., S.S.S., TANF, E.S.), proof of income/expense, social security card for each member of family, Denton County current identification.

Emergency Lodging and Meals
Open everyday at 5:00PM for shelter
Homeless; must have photo identification
Denton County
Provides emergency lodging and meals for transients, homeless families, and dislocated individuals at The Salvation Army shelter.
Weekly Personal Development Programs
2801 North Elm
Denton, TX 76201
Denton County
Children and adult group programs that provide educational, spiritual, and social development.

Seasonal Local Services and Programs
Meets government poverty guidelines
Denton County
Thanksgiving Dinner on Thanksgiving day at 11:00AM - 2:00PM; Christmas, Christmas Clearing Bureau, Toys/Clothing and Holiday Food Assistance: applications taken in October and November; please provide award letter, proof of income/expense, social security for each family member; Denton County current identification and meet government poverty guidelines; Vacation Bible School following year end school; Summer Camp for Boy's Adventure, Girl Guards and Sunbeams in June, July and August.

Disaster Response
As needed when a disaster occurs
Denton County
When an entire community or regional area is devastated by an earthquake, tornado, flood, or hurricane, The Salvation Army moves quickly into action at the local, divisional, territorial, and even national level if needed.

(The) Salvation Army, Lewisville
207 Elm Street
Lewisville, TX 75057
(972)353-9400  Fax (972)353-2386
Shelagh_Skipsey@uss.salvationarmy.org
www.TheSalvationArmydfw.org
8:00AM - 12:00PM and 1:00PM - 4:00PM - Monday - Friday
Proof of residence - ID/Social Security for each family member - Income/Expenses
Lewisville, Flower Mound, The Colony, Carrollton, Highland Village
Community kitchen lunch program - Monday, Wednesday & Thursday - 12:00 - 1:30PM; pantry assistance; clothing; hygiene packs; furniture; utilities and rent assistance.

Secure Horizons
1012 Dawnview St.
Arlington, TX 76014
(817)861-2023  (682)622-6545  Fax (817)861-2023
aantthoinetter@yahoo.com
www.securehorizons.com
63 years of age and disabled individuals who are on Medicare Part A&B
Denton, Dallas, Collin, Kaufman, Tarrant, Ellis, Johnson and Rockwall counties
Provides free services to assist the aged and disabled to complete the paper work for medicaid and low income subsidy, in order to get aid on their Medicare Part B & prescription cost - also assists those who may have higher income but would prefer saving on Medicaid cost by applying for Medicare advantage plans.

Senior Adult Services
1 Medical Pkwy, Professional Plaza 1, Ste. 115
Farmers Branch, TX 75234
(972)242-4464  Fax (972)242-0299
gregorygerendas@senioradultservices.org
www.senioradultservices.org
8:00AM-4:30PM Monday-Thursday; 8:00AM-2:30PM - Friday

Home Repair
Adults over 60 and caregivers living in service area
Cost of materials
Call information. Case assigned to case manager, case manager sets up home visit, case manager meets with client and completes assessment of needs.
Cities of Carrollton, Coppell, Addison and Farmers Branch
Home repair provides small adaptations and minor home repairs to increase home safety for seniors. Ramps, rails, grab bars and smoke detectors are some examples of home repair.

Home Delivered Meals
Adults over 60 and caregivers living in service area.
$7.00 a meal, can be reduced if eligible.
Call information. Case assigned to case manager, case manager sets up home visit, case manager meets with client and completes assessment of needs.
Cities of Carrollton, Coppell, Addison and Farmers Branch
Hot meal offered Monday through Friday, made by local restaurants. Volunteers deliver meals between 11:00AM and noon. No special diet.

Transportation
Adults over 60 and caregivers living in service area
$5.00 per trip, can be reduced if eligible
Call information. Case assigned to case manager, case manager sets up home visit, case manager meets with client and completes assessment of needs.
Cities of Carrollton, Coppell, Addison and Farmers Branch
Provides transportation by lift-equipped vans and by volunteers
Monday through Thursday, to doctor appointments, grocery stores, senior centers, hairdressers, library, etc. in service area.

**Information and Referral**

Adults over 60 and caregivers living in service area
Call information. Case assigned to case manager, case manager sets up home visit, case manager meets with client and completes assessment of needs.
Cities of Carrollton, Coppell, Addison and Farmers Branch
Staff and volunteers provide resources and information about local programs and services even outside our service area to help seniors and caregivers make good choices. Provides medical equipment loans to aid in recovery from illness or surgery to anyone working or living in service area.

**Case Management**

Adults over 60 and caregivers living in service area
Call information. Case assigned to case manager, case manager sets up home visit, case manager meets with client and completes assessment of needs.
Cities of Carrollton, Coppell, Addison and Farmers Branch
Case management assess seniors situation to determine needs and identify options. Benefits counseling provided.

**Friendly Visitor Program/Tel-a-Friend**

Dependent on volunteer's availability
Adults over 60 and caregivers living in service area
Call information. Case assigned to case manager, case manager sets up home visit, case manager meets with client and completes assessment of needs.
Cities of Carrollton, Coppell, Addison and Farmers Branch
Seniors are matched with a volunteer friend who can come to their home for social visits. Tel-a-Friend matches seniors with a telephone friend who calls to socialize and check on them.

**Shady Shores Apartments**

401 N. Shady Shores
Lake Dallas, TX 75065
(940)497-4844  Fax (940)497-4844
shadyshores@hamiltonvalley.com
8:00AM - 4:00PM - Monday, Wednesday and Friday
Low income families and those with disabilities
$10 Application Fee
Denton County
Provides affordable housing for low income families, the handicapped, and disabled.

**The Shepherd's Hand**

1123 Fort Worth Drive, Ste 101a
Denton, TX 76205
(940)435-8860  theshepherdshand.org
12:00PM-5:00PM - Monday-Friday
Any person needing food
Name, address, number of people in household, do you have stove, refrigerator, microwave
Denton County
We give out food to take home daily - each guest may come everyday Monday through Friday 12:00PM to 5:00PM. We offer prayer and any help we can to our guest. We have coffee for them to come in and visit and get to know us and feel safe here.

**The Shepherd's Storehouse**

1189 South Hwy 377
Pilot Point, TX 76258
(940)686-2620  (940)765-8055  Fax (940)686-2534
storehouse1@dishmail.net
8:30AM - 12:00PM - Monday, Wednesday and Friday; phone answered 24 hours
Anyone in legitimate need
Simple form, drivers license and social security number
Pilot Point, Tioga, Aubrey, Krugerville, Green Valley, Lincoln Parks, Providence, and Savannah
We consider all needs, including medical, food, utilities, clothing and gasoline. Please contact for more information.

**Singing Oaks Church of Christ**

101 Cardinal Drive
Denton, TX 76209
(940)387-4355  Fax (940)382-9596
dcompton@singingoaks.org
www.singingoaks.org
Food Pantry 3:00PM - 5:00PM - Tuesday and Thursday;
Clothing Room 8:30AM - 11:30 AM - Tuesday

**Singing Oaks Church of Christ Benevolence Ministry**

Amount of assistance varies by family size
North section of Denton County
Provides nonperishable and some frozen meats and vegetables. Clothing is free but limited to 4 pieces per family member.
Provides prescription drug assistance for routine medical treatment. Bicycles for the homeless upon availability. Reference materials for GED and ESL studies through DISD.

**Social Security Administration**

2201 Colorado Blvd.
Denton, TX 76205
(888)717-1530  (800)772-1213  (888)717-1530
Fax (940)566-9056
heath.tebow@ssa.gov
www.ssa.gov
9:00AM - 4:00PM - Monday - Friday
Anyone needing Social Security services or assistance
Denton and Wise counties
Assists residents of Denton and Wise counties in filing for retirement, survivor, disability and Medicare benefits. Assists in establishing eligibility for Supplemental Security Income benefits for the aged, blind, and disabled. Helps anyone secure a Social Security number or to make changes on an existing number.
Solutions of North Texas

2216 N. Bolivar Street
Denton, TX 76201
(940)898-6202    Fax (940)382-5435
info@sontx.org
www.sontx.org
24 hours/7 days
Men and women 18 and older recovering from substance abuse
$750 - first month due at intake - $350 deposit due at intake
Call office for phone interview.
Nationwide
Drug & alcohol addiction recovery center - transitional living facility.

Southern Care Hospice

5800 N I-35, Ste. 200
Denton, TX 76207
(940)243-0901    (866)620-7167    Fax (940)243-0904
denton@southerncare.com
www.southerncareinc.com
8:00AM - 5:00PM - Monday - Friday and on call services as needed
18 years plus, terminally ill in need of palliative care
Individual assessment for services
DFW area, zip codes include: 76103, 76116, 75007, 76201, 76008, 76259, 76111, 76240, 76210, 76118, 75080, 76148, 76233
Compassionate hospice and palliative care.

Southwestern Diabetic Foundation

10687 FM 678
Whitesboro, TX 76273
(940)665-2011    Fax (940)665-9467
www.campsweeney.org
Agency: 8:00AM - 5:00PM - Monday - Friday; Camp Sweeney - Summer: 8:00AM - 7:30PM
Camp Sweeney
Ages 5-18 who have diabetes
Camp fees and medical fees
Unlimited
Assists children with diabetes acquire the principles of diabetic management necessary to prevent both long term and short term complications. Inpatient Rehabilitation including diabetes education, nutrition education, and the development of blood glucose management and injection skills.

SPAN, Special Programs for Aging Needs

1800 Malone
Denton, TX 76201
(940)382-2224    (940)3821900    Fax (940)383-8433
span@span-transit.org

Meals on Wheels of Denton County

9:00AM - 5:00PM - Monday - Friday
Age 60+, homebound
No fee - contributions accepted
Phone screening and in-home assessment
Denton County
A hot nutritious noon meal is delivered to homebound clients
M-F. Volunteers are utilized to deliver meals throughout Denton County.

SPAN Transit

7:00AM - 6:00PM - Monday - Friday
Age 60+, veterans, individuals with disabilities and the general public
Seniors, 60+ - $2.00 each way; individuals with disabilities - $2.50 each way; Veterans that have been approved by the Veterans Clinic receive free transportation to the VA hospitals in Dallas; general public - $4.00
Denton County
SPAN provides demand/response transportation in wheelchair lift equipped buses. Advance reservations required (24 hours minimum; 2 days preferred).

Spirit Horse Therapeutic Riding Center

1960 Post Oak Drive
Corinth, TX 76210
(940)497-2946    (940)321-6161    Fax (940)497-4439
www.spirithorsetherapy.com
8:00AM - 8:00PM - 7 days
All who will benefit from therapeutic riding
Denton and 9 other surrounding counties
Provides free therapeutic riding lessons to children and adults who fit into one of several programs: Disabilities, At Risk Youth, Drug Rehab, Battered Women and Children who are victims of abuse. Please contact or visit the website for more information.

State Bar of Texas Lawyer Referral Services

1414 Colorado
Austin, TX 78701
(800)252-9690    (800)201-1440 Toll Free
Mail.LRIS@texasbar.com
www.texasbar.com/LRIS
8:30AM - 4:30PM - Monday - Friday - online 24/7 at www.texasbar.com/LRIS
Statewide (except Bexar, Dallas, El Paso, Harris, Jefferson, Nueces, Tarrant and Travis counties)
We refer clients to lawyers, based on their legal need and geographic location. The attorneys we refer to will charge no more than $20 for the initial 30-minute consultation, and their normal fees after that. No referral for reduced fee or free lawyers.
Street Outreach

129 Harmon Road
Hurst, TX 76053
(817)569-5766      (800)735-2989 TTY
8:00AM - 6:00PM - Monday - Friday
Tarrant, Denton, Wise, Jack, Montague and other surrounding counties
Street Outreach is a branch of the Mental Health Mental Retardation of Tarrant County under the Substance Abuse Division. It offers HIV education to individuals and companies in service counties. Street Outreach offers free HIV testing using the OraQuick Rapid Response and/or OraQuick Advanced HIV 1 and 2 Antibody test. The results can be confirmed in about 30 minutes. Promotes HIV education as well as a wide range of health related topics are provided to schools, universities, jails, probation facilities, churches, communities and companies about HIV and/or substance issues. Screening and referrals for Billy Gregory and Pine Street Recovery Center are also made for substance treatment.

Sullivan Senior Center

200 Bolivar
Sanger, TX 76266
(940)458-3128
60 years of age or older
Provides occasional recreational, physical, and educational programs to persons over 60 years of age.

S.W.E.A.T. Team - A Ministry of Denton Bible Church

(940)488-3150      Fax (940)297-6700
Denton and surrounding counties
The S.W.E.A.T. Team serves those who are disabled, sick, suffer from financial problems and affected by natural disasters, with physical labor making their homes livable.

Texas Agrilife Extension Service

306 N. Loop 288, Ste. 222
Denton, TX 76209
(940)349-2882      Fax (940)349-2881
www.denton-tx.tamu.edu
All residents of Denton County
Denton County
The Texas Cooperative Extension is the informal education branch of the Texas A & M University system offering educational programs and support materials in specialized areas. Family and Consumer Sciences cover the areas of parenting, child development, budgeting, diabetes education, health, nutrition, food safety, and food protection management. Agricultural education includes livestock, horse, crops and forages and pesticide safety. Horticulture includes control and identification of insects and pests, landscaping, turf-grasses and fruits and nuts. 4-H and youth development activities include leadership development, livestock and home economics projects, camps, tours, workshops, etc. Leadership development for youth and adults are focused in 4-H clubs, Extension Master Volunteer Programs, Extension Program Council and Extension Education Clubs. All materials and programs are free.

Texas Department of Assistance and Rehabilitative Services

6500 Greenville Ave., Ste. 250
Dallas, TX 75206
(214)378-2600      (800)687-7017      Fax (214)378-2630
www.dars.state.tx.us
Visually impaired individuals
Denton and surrounding areas
Provides vocational rehabilitation and employment assistance services to visually impaired persons, with emphasis on placement services for legally and totally blind people in competitive employment. Child services include counseling and guidance for families and other support services. Training is provided in areas of home management and independent living.

Texas Department of Family and Protective Services

535 South Loop 288, Ste. 2001
Denton, TX 76205
(940)387-8544      (940)381-3400      Fax (940)387-8544
www.dfps.state.tx.us
Denton County
Investigates allegations of child abuse or neglect involving Denton County. Provides ongoing services to families and children of abuse or neglect in their own home. Provides social and rehabilitative services to children that have been placed in substitute care as a result of abuse or neglect. For emergency after hours and on weekends, call local law enforcement.

Foster Care and Adoption
(800)233-3405
Families

Child Care Information
(800)862-5252
Families
Abuse in Adult and Senior Facilities
(800)647-7418
Families

Call abuse Hotline
(800)252-5400
Families

Texas Department of Health Services
1301 S. Bowen Rd., Ste. 200
Arlington, TX 76013
(817)264-4624 Regional Office      Fax (940)591-6254
Children with special health care needs
Denton County
A state agency that provides and oversees coverage for medical care, prescriptions, and equipment for children with special health care needs up to 21 years of age, or with Cystic Fibrosis at any age. Case management services are available to any family with a child with special health care needs.

3612 E. McKinney
Denton, TX 76209
(940)320-8275 Denton Office

Texas Health and Human Service Commission
3612 E. McKinney
Denton, TX 76209
(940)320-5700      Fax (940)320-8233
www.hhsc.state.tx.us
8:00AM - 5:00PM Monday - Friday
Denton County
Provides support services for low-income families including food stamps, TANF, Medicaid (child and pregnant women Medicaid) and nursing home care through Medicaid assistance in locating food, clothing and dental care for children. They make referrals to appropriate agencies when additional services are needed. Additional services include protective services provided for aged and disabled adults and Childcare licensing.

(800)647-6558 TexCare
TexCare Partnership - CHIP
(800)647-6558
Denton County
Provides affordable health insurance coverage for children, newborn through 18 years of age. This is designed for families who earn too much to qualify for Medicaid but still can’t afford to buy insurance.

Texas Scottish Rite Hospital for Children is one of the nation’s leading pediatric centers for the treatment of orthopedic conditions, certain related neurological disorders and learning disabilities. Our orthopedic surgeons focus on the treatment, management, and rehabilitation of children with orthopedic conditions. Patients at TSRHC must be referred by a physician for the treatment of an orthopedic condition, certain related neurological disorder or learning disorder such as dyslexia. The child should be a Texas resident and should be from birth to 18 years of age. The child’s condition should offer hope of improvement through services provided by the hospital. Luke Waites Center for Dyslexia patients must be between the ages of 5 and 14 years of age.

Texas Social Services
1200 Jupiter #940301
Plano, TX 75074
(972)838-5798      (214)722-2240
tom.buchanan@texassocialservices.org
www.texassocialservices.org
8:30AM - 4:30PM - Monday - Friday
Counseling for Children and Adults
Low income/no income individuals on Medicaid or Value Options or who have private insurance. No fees if client has Medicaid or NorthStar. Go to website, click on web check-in, complete form, click on button at bottom of form Collin, Dallas, Denton, Grayson, and Tarrant counties
Our licensed therapists provide counseling to children and adults ranging in age from 3-65. We accept Medicaid, NorthStar, Amerigroup, Life-Sync, CompCare, Parkland Kids First, Superior/IMHS Foster Care, Northstar/Value Options and Horizon Health. Our clients are seen in schools, satellite offices, and homes. We counsel issues including depression, anger management, poor peer relations, poor classroom behavior, aggression, out past curfew or stealing, legal issues, and violation of rules.

Texas Workforce Solutions
1300 Teasley
Denton, TX 76205
(940)382-6712      (940)382-5619      Fax (940)323-4391
www.dfwjobs.com
Individuals needing job referral/placement
Denton and Wise counties
Provides job referral/placement services and employment counseling for veterans, disabled workers, parolees, probationers, older workers, and other special applicant groups. Utilizes a statewide computerized job-matching system which provides information on job listings and childcare referrals. Accepts and administers claims for unemployment insurance benefits and provide labor market information and related data.

North Texas Human Resource Group
www.jobsfirst.com
Special consideration for the handicapped, elderly, public offenders and other special populations with impairments.

The Colony Senior Center
5151 N. Colony Blvd.
The Colony, TX 75056
(972)624-2246    Fax (972)624-2321
www.tcpard.com
8:00AM - 3:00PM - Monday - Friday
Anyone over the age of 50
Resident - $10/yr; Non-Resident - $18/yr
City of The Colony
Provides recreational, physical and educational programs to anyone over the age of 50 and their spouses regardless of age.

Theracare Home Health
126 W. Church Street
Lewisville, TX 75057
(817)238-6277    Fax (817)238-7701
Individuals needing home care
Metroplex
Provides in-home care to those who are under physicians order or through private pay services. Journey is a non-profit religious affiliated organization and is accredited by the Joint Commission Accredited of Healthcare Organizations as well as certified by Medicare/Medicaid. Serves Denton County area for Carrollton in the southern section, to Sanger in the north - western coverage begins east of Decatur and east to Crossroads.

TWU - Counseling and Family Therapy Clinic
TWU Campus - Human Development Building #114
Denton, TX 76201
(940)898-2600    Fax (940)898-2676
lladd@mail.twu.edu
www.twu.edu/famsci
1:00PM-8:00PM - Monday - Thursday
All income levels, all ages
Fees are assessed on a sliding scale: $10, $20, $30
Denton area
Provides counseling to individuals, couples, and families including play therapy for children and therapy with adolescents and adults who are experiencing personal or relationship difficulties. Groups are provided for children and adults. Fees are on a sliding scale based on gross family income and family size.

TWU-Dental Hygiene Clinic
TWU Denton - MCL Building - First floor
Denton, TX 76204
(940)898-2888    Fax (940)898-4896
http://twu.edu/hs/dh/clinic.asp
Call for appointment
13 years or older
Fees vary, call for information
Denton and the surrounding areas
Offers teeth cleaning, fluoride treatment, sealant, plaque control and full mouth X-rays to students and residents of Denton and the surrounding areas. Services are offered at a reduced cost because students provide them in a learning situation. Keep in mind these appointments are up to 4 hours in length. Anyone who schedules an appointment must be able to return if necessary to complete treatment.

TWU - Helping Hands
PO Box 425379
Denton, TX 76204
(940)898-3593    Fax (940)898-3621
Elansmon@twu.edu
www.twu.edu
8:00AM - 5:00PM - Monday - Friday
Any DFW nonprofit agency can request volunteers
Denton and some surrounding areas
We offer volunteers to the community for various projects during the academic year.

TWU - Integrated Clinic for Behavior and Learning Evaluation
TWU Campus, HDB 114
Denton, TX 76204
(940)898-2600    Fax (940)898-2676
www.twu.edu/famsci
1:00PM-8:00PM - Monday - Thursday
All ages
Sliding scale
Denton and surrounding counties
To provide assessments to the Denton community and surrounding counties at a reasonable cost.

TWU-Speech and Hearing Clinic
PO Box 425737
Denton, TX 76201-5737
(940)898-2285    Fax (940)898-2070
www.twu.edu
Individuals with communication disorders
Denton

University Behavioral Health Denton
2026 W. University Dr.
Denton, TX 76201
(940)320-8100    Fax (940)320-8030
www.ubhdenton.com
24 Hours
Children starting at age 5 - adults
Denton County
LIBH is a full service behavioral health and chemical hospital offering inpatient treatment, partial hospitalization and intensive outpatient services for children starting at the age of 5 - adults. University Behavioral Health Denton takes any type of insurance.

**UNT-Center for Leadership and Service**

1155 Union Circle  
Denton, TX 76203  
(940)565-3021  
Fax (940)565-4446  
Amy.Simon@unt.edu  
www.unt.edu/volunteer  
UNT students, staff and faculty  
Denton County  
Provides opportunities for UNT students, staff, and faculty to improve the quality of life through volunteer service. The Center for Leadership and Service supports, promotes, and fosters volunteerism at the University of North Texas by serving the full range of the community.

**UNT-Child and Family Resource Clinic**

1180 Union Circle  
Denton, TX 76203  
(940)565-2066  
(940)565-2203  
Fax (940)565-2330  
cfrc@coe.unt.edu  
www.coe.unt.edu/cfr-clinic  
8:00AM - 9:00PM - Monday - Thursday  
Denton County and surrounding area  
Sliding scale fee. Call to make appointment  
Denton County and surrounding areas  
Adult counseling, couples counseling, play therapy and assessments.

**UNT-Counseling and Human Development Center**

1400 Highland St.  
Denton, TX 76203  
(940)565-2970  
Fax (940)369-8833  
www.coe.unt.edu/chdc  
Monday - Friday by appointment only  
Individuals, children and families  
Fees based on sliding scale  
North Texas  
Provides counseling for North Texas residents. Counseling includes individual (adult and adolescent), couples, marriage, family and play therapy for children, and career counseling.

**UNT-Counseling and Testing Center**

UNT - Chestnut Hall #311, 1155 Union Cir #310968  
Denton TX 76203-5017  
(940)565-2741  
Fax (940)565-2094  
www.unt.edu/cat/  
Call for appointment  
UNT students only  
Paid for by student fees  
Personal and vocational counseling for UNT students. Up to 8 sessions. Counseling on Monday through Friday by appointment only.

**UNT-Office of Disability Accommodation**

1155 Union Circle  
Denton, TX 76203  
(940)565-4323  
TDD/TTY: (940)369-8652  
Fax (940)369-7969  
Ronv@unt.edu  
www.unt.edu/ODA  
8:00AM - 5:00PM Monday - Friday  
Students with a qualifying disability at the University of North Texas  
Disability documentation submitted and reviewed for eligibility, intake interview held with students  
All; only requirement is that student be enrolled in classes through UNT  
Sign Language Interpreters, Accommodated Testing, Digital texts, basically all accommodation necessary for students to have equal access to the UNT campus.

**UNT-Psychology Clinic**

Denton, TX 76203  
(940)565-2631  
Fax (940)369-8672  
www.pscy.unt.edu  
Based on sliding scale  
Dallas/Ft. Worth/Denton Metropolitan area  
Provides confidential individual, marriage and family therapy, play therapy and group therapy to anyone in the DFW/Denton area. Intellectual evaluation, personality evaluations, neuropsychological evaluations and vocational evaluations are available.

**UNT-Speech and Hearing Center**

907 W. Sycamore St.  
Denton, TX 76201  
(940)565-2262  
(866)650-2472  
Fax (940)369-7702  
SpeechHearingClinic@unt.edu  
www.sphs.unt.edu/center  
8:00AM - 5:00PM - Monday - Friday  
Individuals with communication disorders  
Fees for services rendered  
Call to make appointment  
Denton and surrounding counties  
Serves individuals with communication disorders in Denton and surrounding areas. Provides audiology and speech language pathology services, complete hearing evaluations (including newborn hearing evaluations), hearing aid and assistive listening device dispensing, assessment and treatment of articulation and language disorders. Treatment program for adults with communication disorders due to stroke, preschool program for children with language delay, specialized assessment clinics and parent/caregiver programs.
UNT-Substance Abuse Resource Center

1800 Chestnut
Denton, TX 76203
(940)565-2787    Fax (940)369-8711
www.unt.edu

UNT students who are mandated from the Student Center for Rights and Responsibilities; however, anyone can come for information.

Call for information

Denton County

One of SARC’s primary goals is to help students who are experiencing problems associated with the misuse of alcohol or other drugs. Student assistance includes support groups and individual counseling and education. SARC is responsible not only for helping students with existing issues regarding their drug and alcohol abuse, but also to create a safer campus atmosphere through student services. Drug and Alcohol Education Coalition, Extended Classroom Experience, internship and practicum opportunities.

UNT-Trio Program

1155 Union Circle
Denton, TX 76203
(940)565-2090    (877)933-8887    Fax (940)565-2089
www.coe.unt.edu/ts

Talent Search

Students in grades 6-12
Denton County

Motivates and encourages students in grades 6th-12th to continue their education through high school and into college. Provides counseling and assistance with the completion of all forms required for admission into post-secondary educational program and for obtaining financial aid.

VA North Texas Health Care System

2223 Colorado Boulevard
Denton, TX 76205
(940)891-6350
www.va.gov

Mental Health and Substance Abuse Services

Denton County

Inpatient and outpatient alcohol treatment. Includes acute rehabilitation services, occupational therapy, and vocational counseling.

Comprehensive Homeless Center

Denton County

Provides a wide range of services within a continuum of care to homeless veterans who have medical and psychiatric problems. The programs within the center are Health Care for Homeless Veterans, VA Supported Housing, the Homeless Domiciliary and the Compensated Work Therapy Program.

Post-Traumatic Stress Disorder Program

Denton County

Outpatient services for veterans with PTSD, including individual and group psychotherapy.

Vision Ministries

626 Wainwright
Denton, TX 76201
(940)387-8230
visionofDBC@verizon.net
www.dentonbible.org

9:00AM - 4:00PM - Tuesday - Friday

Needs not wants

Denton and surrounding communities

Emergency assistance to individuals provided by community outreach program. Provides clothing, household items, hygiene items and emergency food when available through donations. Client assessment through home visits. No financial assistance is available. English classes, Thursday 7:00PM-9:00PM. Dental Clinic, for extractions and emergency only.

Volunteer Program of DISD

1307 N. Locust
Denton, TX 76201
(940)369-0005    Fax (940)369-4979

Denton County

Volunteers work in DISD school libraries, classrooms, offices, workrooms, and with computers; assisting librarians, teachers, students or office staff. Orientation and training provided. Guest speakers are welcome at every school to share a craft, hobby, occupation, or travel experience. Other volunteer opportunities include home helpers who work on craft items, cut letters, or tape record in their home.

We Care Facilities, LLC - Residential Care Homes

1243 Springwood Dr.
Lewisville, TX 75067
(469)685-4663    Fax (940)725-0184
mickey_bkr@yahoo.com
www.wecarefacilities.org

8:30AM - 5:00PM - Monday - Friday

Family Re-Connect

Individual must be on disability, adult age (18-up), any disability income (income received from Pension Income, Veterans Income, or Private-Family Pay). Will work with disabilities such as: Schizophrenia (with or without voices), Bipolar, Mild Depression, Physical Disabilities, Mild-Moderate Retardation and Adult Foster Care recipients. We work with some non-violent ex-offenders with a genuine interest in making a positive reform in life.

Sliding scale up to 90% of SSI/SSD which includes: rent and utilities in full, 3 meal preparations each day, daily activities, some field trips, medication reminders, refills and

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monitoring, staff available at all hours, cable TV in each room, transportation to doctor appointments and follow-ups.

Telephone interview
Denton, Dallas, and Ennis counties and the cities of Ft. Worth, Hurst, and Bedford

To re-establish family bonds that may have broken down due to family conflict or abandonment by providing social engagements, activities and field trips as opportunities to create a fun, stress free environment to help rebuild the lines of communication that have dissolved over time.

Destination/Education

To install the philosophy of, “The More You Know - The More You Grow” through offering obtainable educational goals such as computer training, job training, GED programs, recreational arts and crafts and other courses that help accomplish professional and life skills.

It’s All Clear

To prepare nutritional meals three times a day and assist with medication reminders to maintain mental and physical clarity and stability. Our services assist with doctor appointments, pharmacy pick-ups and medication reminders. We find that these necessities were often neglected due to working relatives or homeless situations.

Spiritual Me

To offer the philosophy that we are not alone and don’t have to deal with the burden of this world by ourselves. To provide fellowship through prayer meetings and Bible study.

Strive for Home Pride

To model and teach how to manage and maintain a clean home environment, to coach how to cook, to show the value of respect for others, to provide a caring, stable and nurturing home environment and to incorporate self-acceptance and enhance self-esteem.

Woman to Woman Pregnancy Resource Center

521 North Locust Street
Denton, TX 76201
(940)383-4494    Fax (940)383-4492 - office only
Fax (940)383-4492
wwprc@juno.com www.dentonprc.org
10:00AM - 4:00PM - Monday - Wednesday;
10:00AM - 7:00PM - Thursday; 10:00AM - 2:00PM - Friday
All Women of child bearing age
By appointment
Denton and surrounding counties
Provides pregnancy testing and verification, information and education on abortion, adoption and pregnancy, abortion recovery, prenatal/parenting education.

Youth and Family Counseling

601 Cross Timbers #120
Flower Mound, TX 75028
(972)724-2005    Fax (972)539-0403
youthandfamily.counseling@verizon.net
www.youthandfamilycounseling.org
9:00AM - 9:00PM - Monday - Thursday;
9:00AM - 5:00PM - Friday
Lewisville, Flower Mound and Highland Village
Sliding scale
By appointment
Denton County
Provides family and/or individual counseling

First Offender Program

4:00PM - 9:00PM - Monday - Thursday
Referral by area courts and police departments
Referrals Denton County
To help troubled youth and their families by providing systems based psychological counseling.
### HELPFUL PHONE NUMBERS

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attorney General (Child Support Division)</td>
<td>972-339-3100</td>
</tr>
<tr>
<td>Animal Control for the City of Denton</td>
<td>940-349-7594</td>
</tr>
<tr>
<td>Animal Control for Denton County</td>
<td>940-349-1600</td>
</tr>
<tr>
<td>Bereaved Parents of North Texas</td>
<td>940-387-1074</td>
</tr>
<tr>
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<td>Police Department</td>
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<tr>
<td>Argyle Police</td>
<td>PO Box 609, Argyle, TX 76226</td>
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<td>601 East Hickory, Denton, TX 76201</td>
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<td>Little Elm Police</td>
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<td>Aubrey Police</td>
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<td>Bridgeport Police</td>
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<td>Flower Mound Police</td>
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<td>Ponder Police</td>
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<td>Carrollton Police</td>
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<td>Highland Village Police</td>
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<td>TWU Police</td>
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<td>Corinth Police</td>
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<tr>
<td>UNT Police</td>
<td>902 Avenue E, Denton, TX 76203</td>
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<tr>
<td>Cross Roads Police</td>
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<td>Lake Dallas Police</td>
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<tr>
<td>Decatur Police</td>
<td>1601 S. State St, Decatur, TX 76234</td>
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<tr>
<td>Lewisville Police</td>
<td>PO Box 299002, Lewisville, TX 75029</td>
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HOTLINES AND TOLL FREE NUMBERS

Children
Abuse Hotline ................................................................................................................................. 800-252-5400
Child Care Information Hotline......................................................................................................... 800-862-5252
Immunization Hotline ........................................................................................................................ 800-252-9152
Safe Riders (Infant Car Seats) Hotline ............................................................................................. 800-252-8255
National Missing/Exploited Children .............................................................................................. 800-843-5678
Attorney General Child Support Services ......................................................................................... 800-252-8014
SIDS Alliance .................................................................................................................................. 800-221-7437

Youth
National Center for Missing & Exploited Children ........................................................................... 800-843-5678
Texas Run Away Hotline .................................................................................................................. 800-392-3352
Texas Youth Hotline .......................................................................................................................... 800-210-2278

Seniors
Aging & Disability (60+ Hotline) ........................................................................................................... 800-252-9240
Office of Attorney General Consumer Protection .............................................................................. 800-252-8011
Texas Department of Aging & Disability Consumer Rights ............................................................... 800-458-9858
Legal Hotline for Older Texans ........................................................................................................ 800-622-2520

Health & Disabled
ALS (Lou Gehrig’s) ............................................................................................................................. 800-782-4747
American Diabets Association ......................................................................................................... 800-342-2383
American Parkinson Disease Association ......................................................................................... 800-908-2732
Cancer Information Hotline .............................................................................................................. 800-422-6237
Deaf Services .................................................................................................................................... 800-332-3873
Division of Blind Services (DARS) .................................................................................................. 800-628-5115
HIV/STD Hotline .............................................................................................................................. 800-299-2437
Infectious Disease Hotline ................................................................................................................ 800-252-8239
National Alzheimer’s Association ..................................................................................................... 800-272-3900
Substance Abuse Database and Treatment Hotline .......................................................................... 800-711-6375
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<td>Abuse/Neglect Report Hotline</td>
<td>800-252-5400</td>
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<td>Drug Abuse Hotline</td>
<td>800-662-4357</td>
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<td>Attorney General Crime Victim’s Compensation</td>
<td>800-983-9933</td>
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<td>Family Violence Legal Line</td>
<td>800-374-4673</td>
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<td>Injured Worker’s Hotline</td>
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<td>Lawyer Referral Service</td>
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<td>Family Law Hotline</td>
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<td>Literacy Hotline</td>
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<td>National Alcohol/Drug Referral</td>
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<td>National Domestic Violence Hotline</td>
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<td>National Sexual Assault Hotline</td>
<td>800-656-4673</td>
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<td>Adapt Community Solutions (Mental Health/Chemical Dependency)</td>
<td>866-260-8000</td>
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<tr>
<td>Texas Workforce Commission Employer Hotline</td>
<td>800-832-9394</td>
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<td>Texas Workforce Commission Unemployment Insurance Hotline</td>
<td>800-558-8321</td>
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<td>AIDS Services of North Texas</td>
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<td>Alcoholics Anonymous</td>
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<td>ALS (Lou Gehrig's)</td>
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<td>Alzheimer's Caregivers</td>
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<td>Alzheimer Association</td>
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<td>American Cancer Society</td>
<td>940-380-7908</td>
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<td>Ann's Haven Hospice/VNA</td>
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<td>Bereaved Parents of North Texas</td>
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<td>Bulimia/Anorexia Peer Group</td>
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<td>Counseling Center of Denton</td>
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<td>Denton Regional Medical Center</td>
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<td>Diabetes</td>
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<td>Down Syndrome Partnership of Tarrant County</td>
<td>817-277-7064</td>
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<td>Guild of Dallas Down Syndrome</td>
<td>214-267-1374</td>
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<td>Friends of the Family</td>
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<td>Overeaters Anonymous</td>
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<td>Planned Parenthood of North Texas</td>
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<td>Texas Health Presbyterian Hospital Denton</td>
<td>940-898-7000</td>
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<td>Women to Women Pregnancy Resource Center</td>
<td>940-383-4494</td>
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INFORMATION AND REFERRAL SERVICES

Statewide Information and Referral Services - 211 (landline)
1-800-548-1873 (cell phone)

COLLIN COUNTY
The Assistance Center of Collin County ................................................................. 972-422-1850
North Collin County - Lifeline (McKinney) ................................................................. 972-542-0020

COOKE COUNTY
United Way of Cooke County ................................................................................. 940-665-1793

DALLAS COUNTY
United Way of Metropolitan Dallas ........................................................................... 214-978-0000
Aging Information Office .......................................................................................... 214-379-4636 or 211

DENTON COUNTY
United Way of Denton County ................................................................................. 940-566-5851

GRAYSON COUNTY
United Way of Grayson County ................................................................................. 903-893-1920

TARRANT COUNTY
United Way of Tarrant County ............................................................................... 817-258-8000
Diocese of Fort Worth (Catholic Charities) ................................................................. 817-282-6646

WISE COUNTY
United Way of Wise County .................................................................................... 1-940-627-2111
WARM (Wise Area Relief Mission) ........................................................................... 940-626-4676
Helping Hands Ministry of Wise County ................................................................. 940-683-4276
FREE Tax Preparation & Electronic Filing!

VOLUNTEER INCOME TAX ASSISTANCE (VITA)

If you earn less than $50,000 annually, you may receive:
- Up to $4,500 through the Earned Income Tax Credit (EITC)
- Up to $1,000 per child through the Child Tax Credit (CTC)

Bring the following items with you:
- Copies of all W-2’s, 1098, and 1099 forms.
- Social Security or Individual Tax Identification Number for all persons listed on the return
- Child care provider’s identification number
- Amounts of other income

It’s YOUR Money. Claim it. Keep it.

A Collaboration of United Way of Denton County, Inc. And the Financial Stability Partnership

For more information on additional locations and times, go to www.unitedwaydenton.org or call the Information and Referral Line at 2-1-1 or 940.566.2688